WORLD OBESITY

Greece

Extended Country Report 2018

Extended Country Profile Graphics

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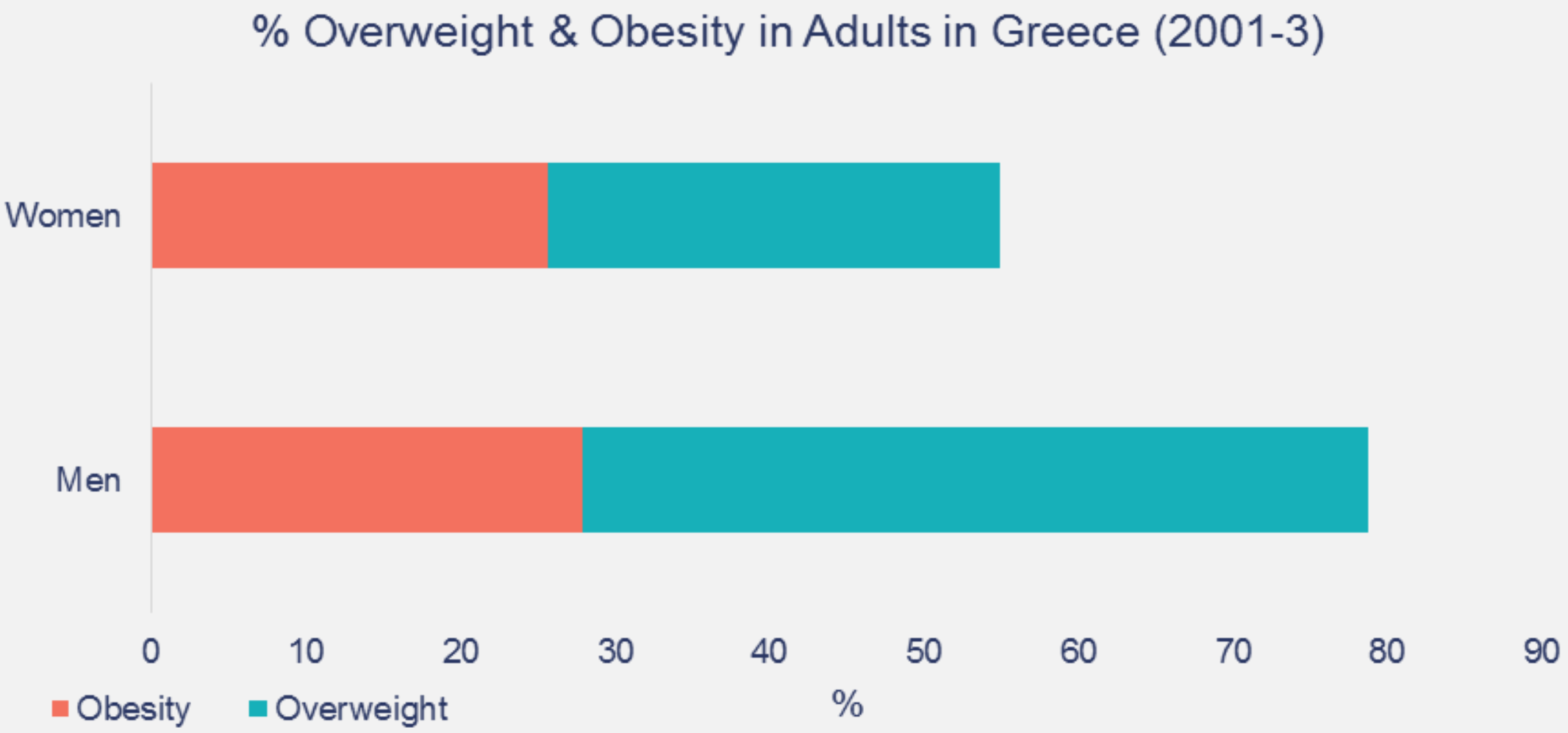
Greece

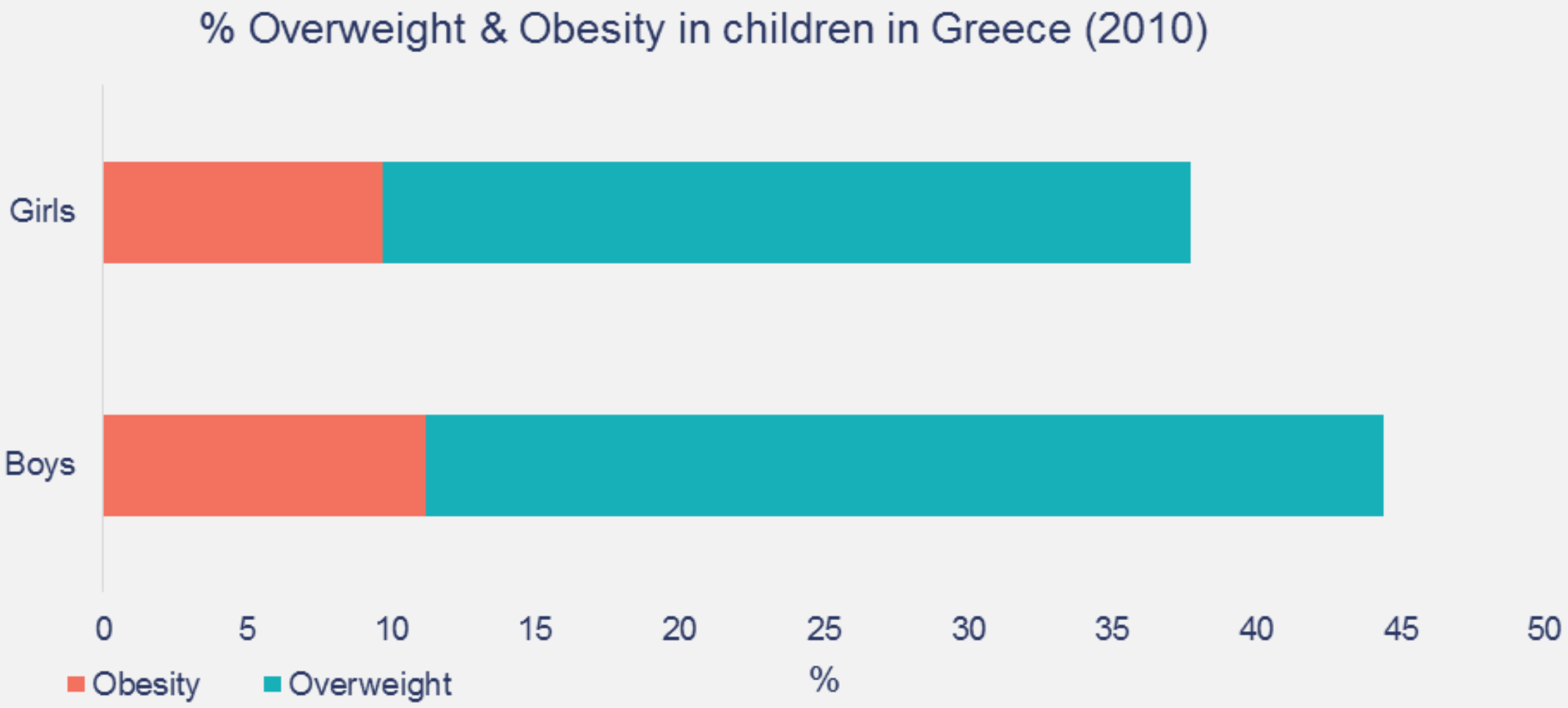
POPULATION:
10,954,614 (2015)

GINI INDEX:
36
(2015)

Greece

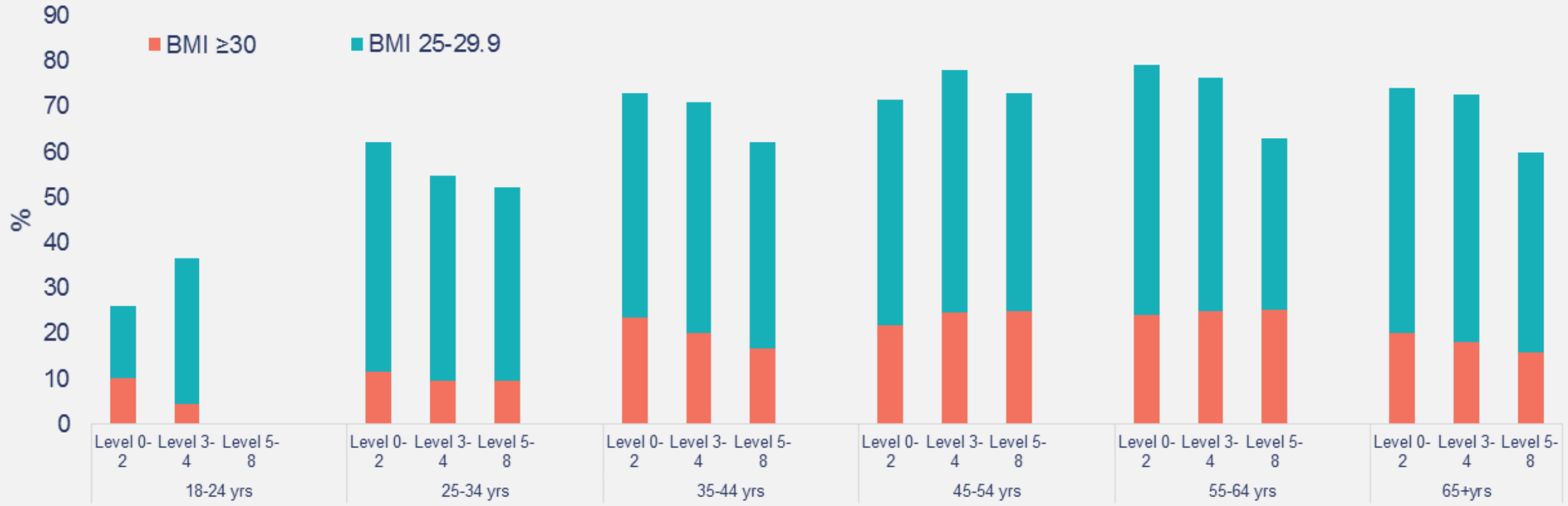

% Overweight & Obesity in Adults in Greece (2001-3)
Women
Men
0
10
20
30
40
50
60
70
80
90
%
Obesity
Overweight

Greece


% Overweight & Obesity in children in Greece (2010)
Girls
Boys
0
5
10
15
20
25
30
35
40
45
50
%
Obesity
Overweight

Greece

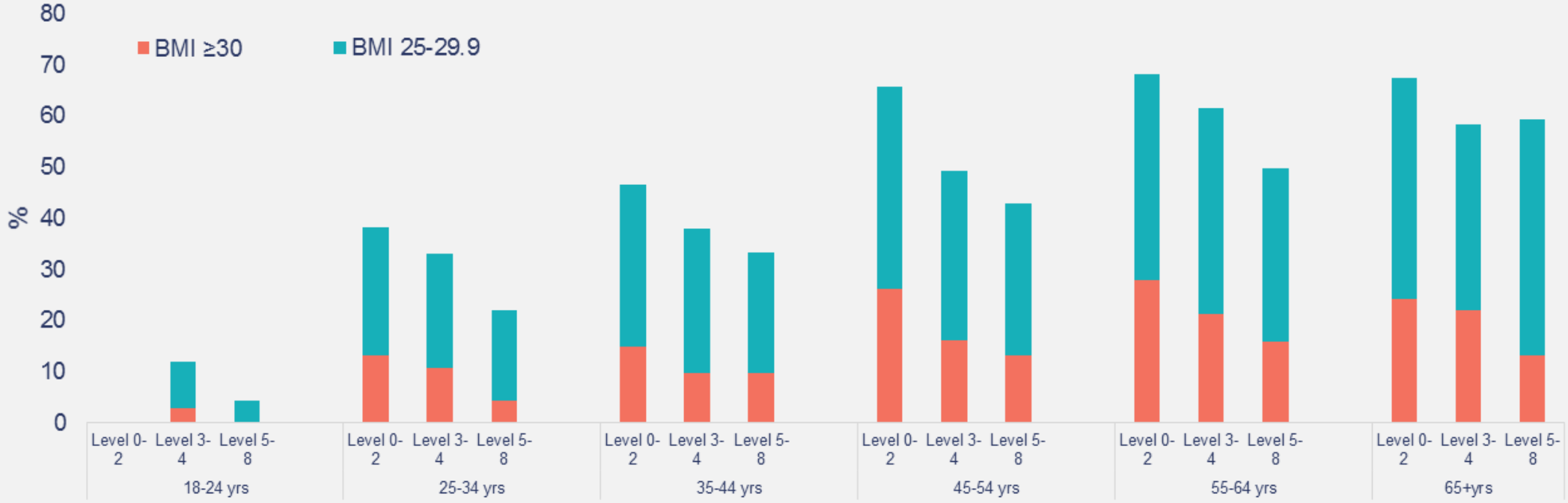
% Overweight and Obesity by age & educational attainment in males in Greece 2014



Less than primary, primary and lower secondary education (levels 0-2)
Upper secondary and post-secondary non-tertiary education (levels 3 and 4)
Tertiary education (levels 5-8)

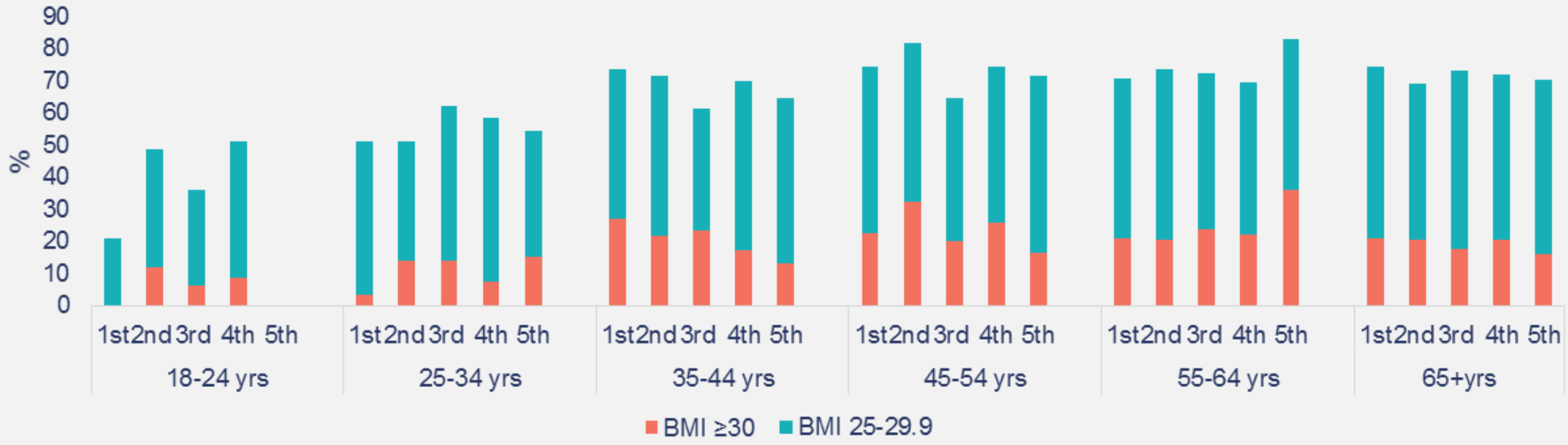
Greece

% Overweight and Obesity by age & educational attainment in females in Greece 2014

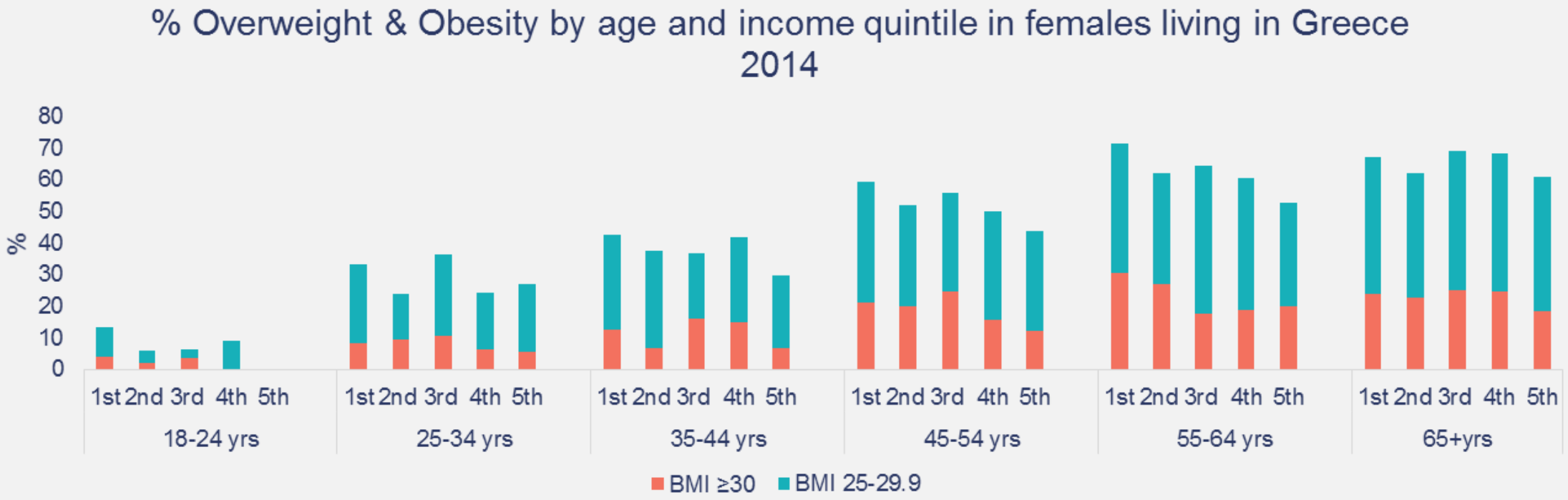


Less than primary, primary and lower secondary education (levels 0-2)
Upper secondary and post-secondary non-tertiary education (levels 3 and 4)
Tertiary education (levels 5-8)

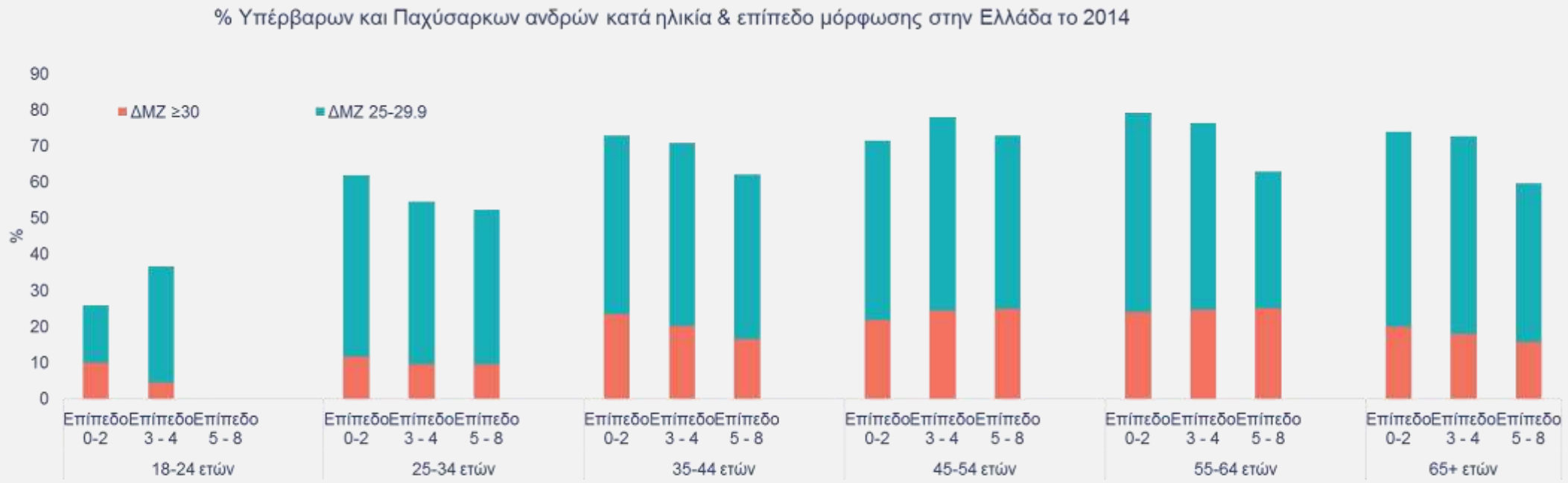
% Overweight & Obesity by age & income quintile in males living in Greece 2014



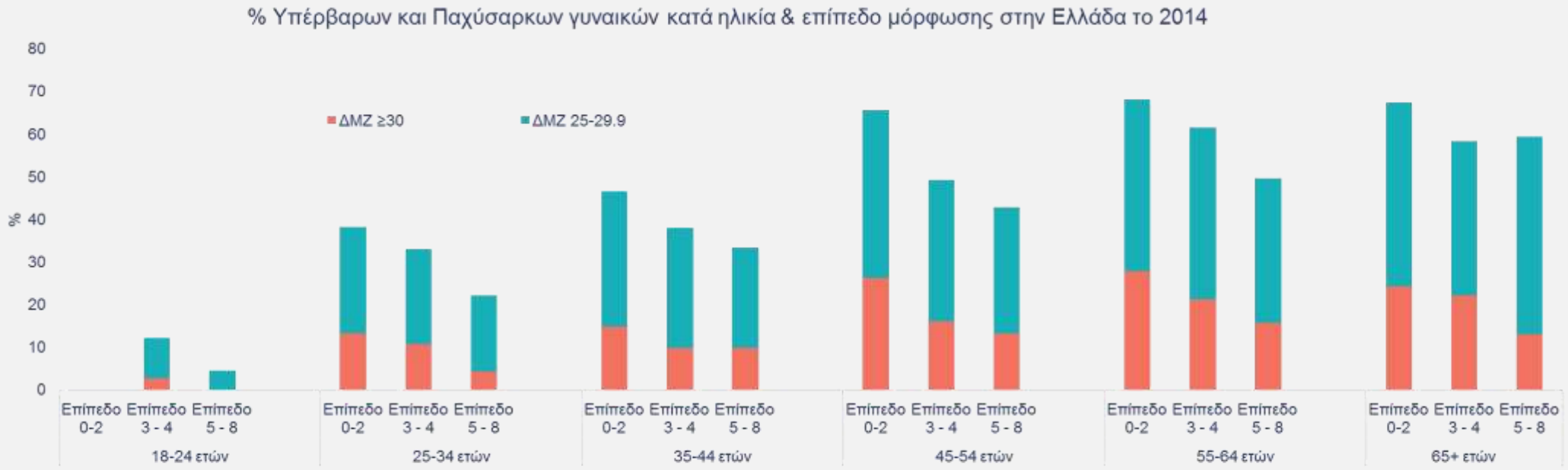
1st Quintile (lowest income), 5th Quintile (highest income)



1st Quintile (lowest income), 5th Quintile (highest income)

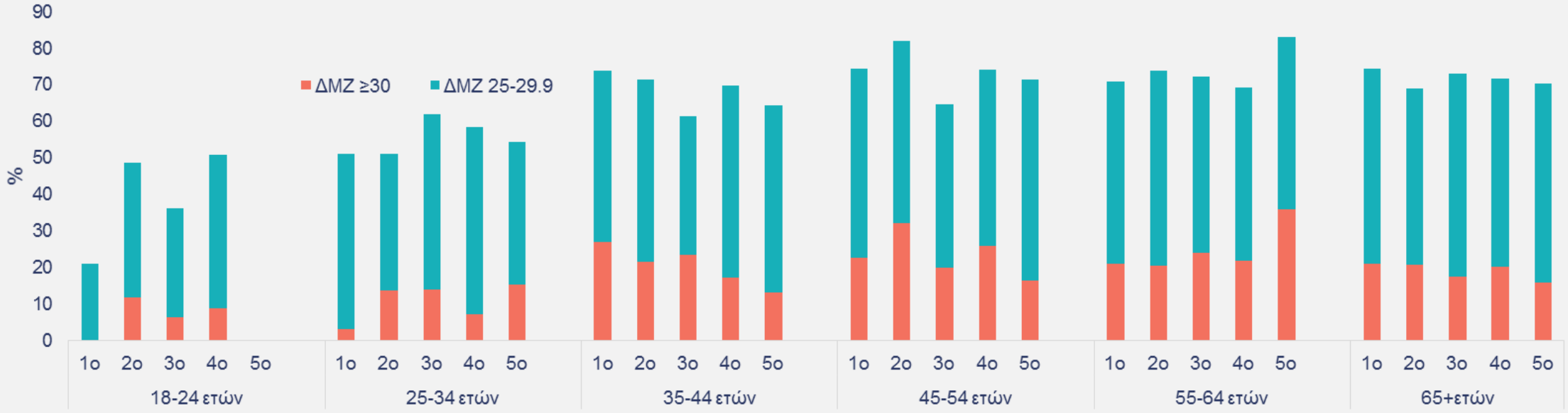


Εκπαίδευση χαμηλότερη από το δημοτικό, δημοτικό, γυμνάσιο (επίπεδα 0-2)
Λύκειο και μεταλυκειακή, μη τριτοβάθμια εκπαίδευση (επίπεδα 3 - 4)
Τριτοβάθμια εκπαίδευση (επίπεδα 5-8)

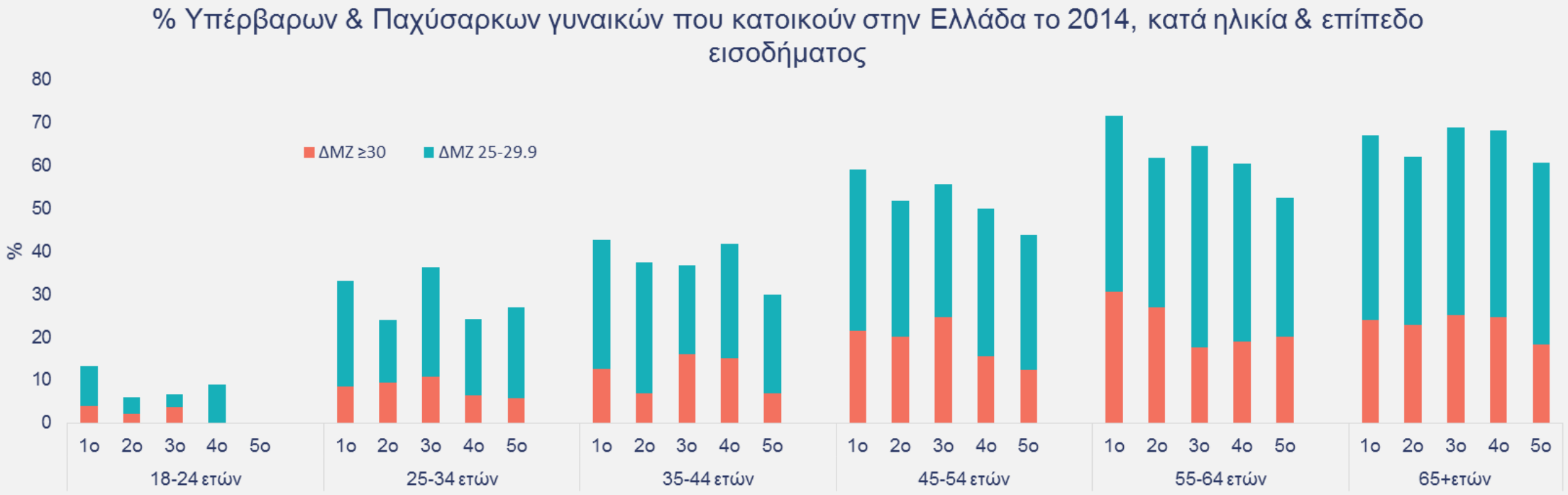


Εκπαίδευση χαμηλότερη από το δημοτικό, δημοτικό, γυμνάσιο (επίπεδα 0-2)
Λύκειο και μεταλυκειακή, μη τριτοβάθμια εκπαίδευση (επίπεδα 3 - 4)
Τριτοβάθμια εκπαίδευση (επίπεδα 5-8)

% Υπέρβαρων & Παχύσαρκων ανδρών που κατοικούν στην Ελλάδα το 2014, κατά ηλικία & επίπεδο εισοδήματος

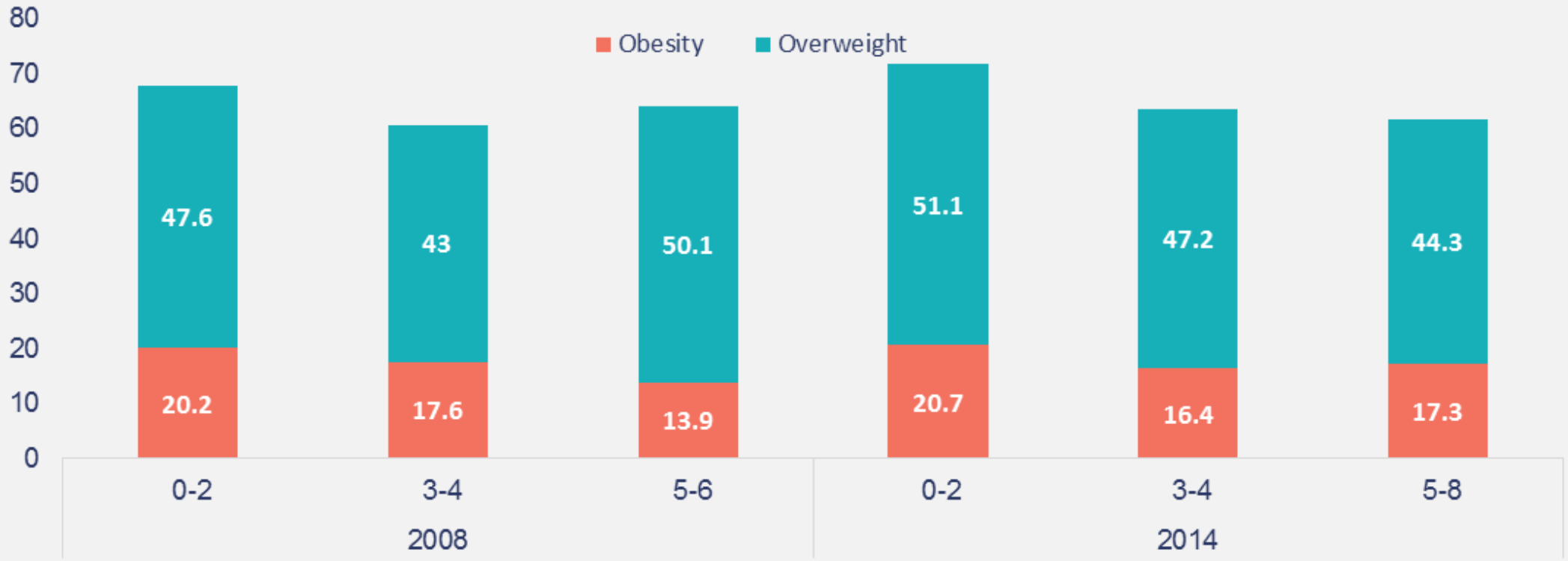


1ο επιίπεδο (χαμηλότερο εισόδημα , 5ο επίπεδο (υψηλότερο εισόδημα)



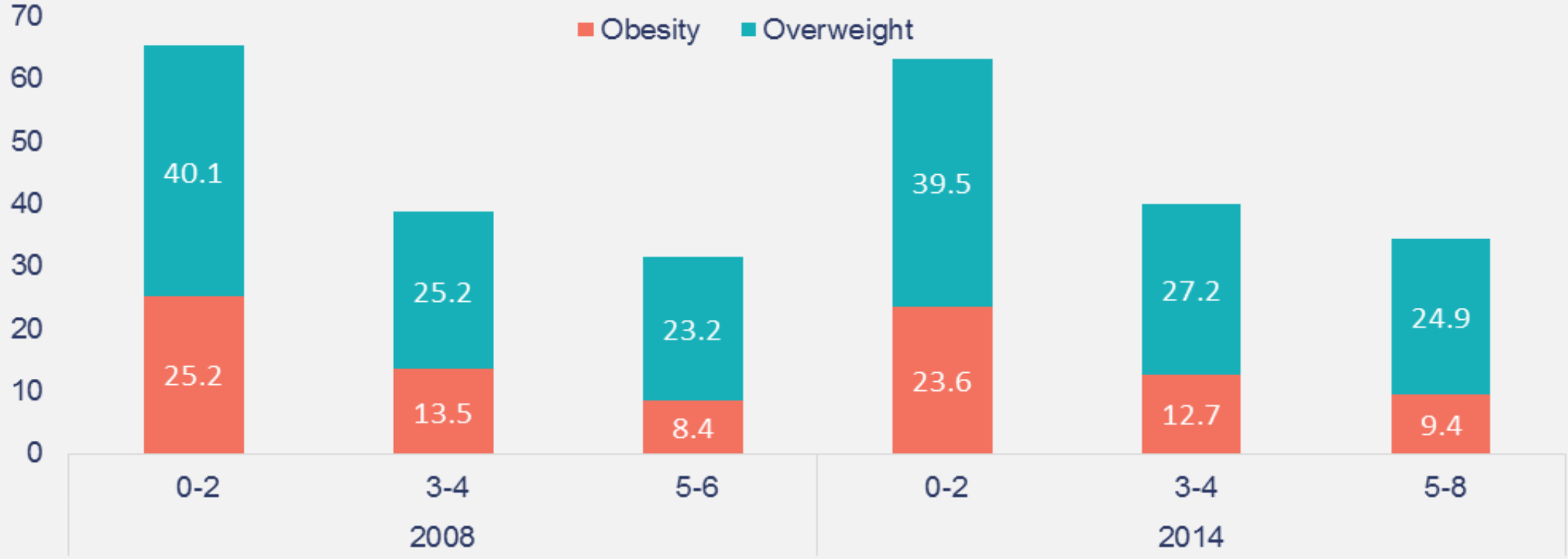
1ο επιίπεδο (χαμηλότερο εισόδημα , 5ο επίπεδο (υψηλότερο εισόδημα)

% Overweight & Obesity in Greek Male adults by Educational attainment 2008 & 2014



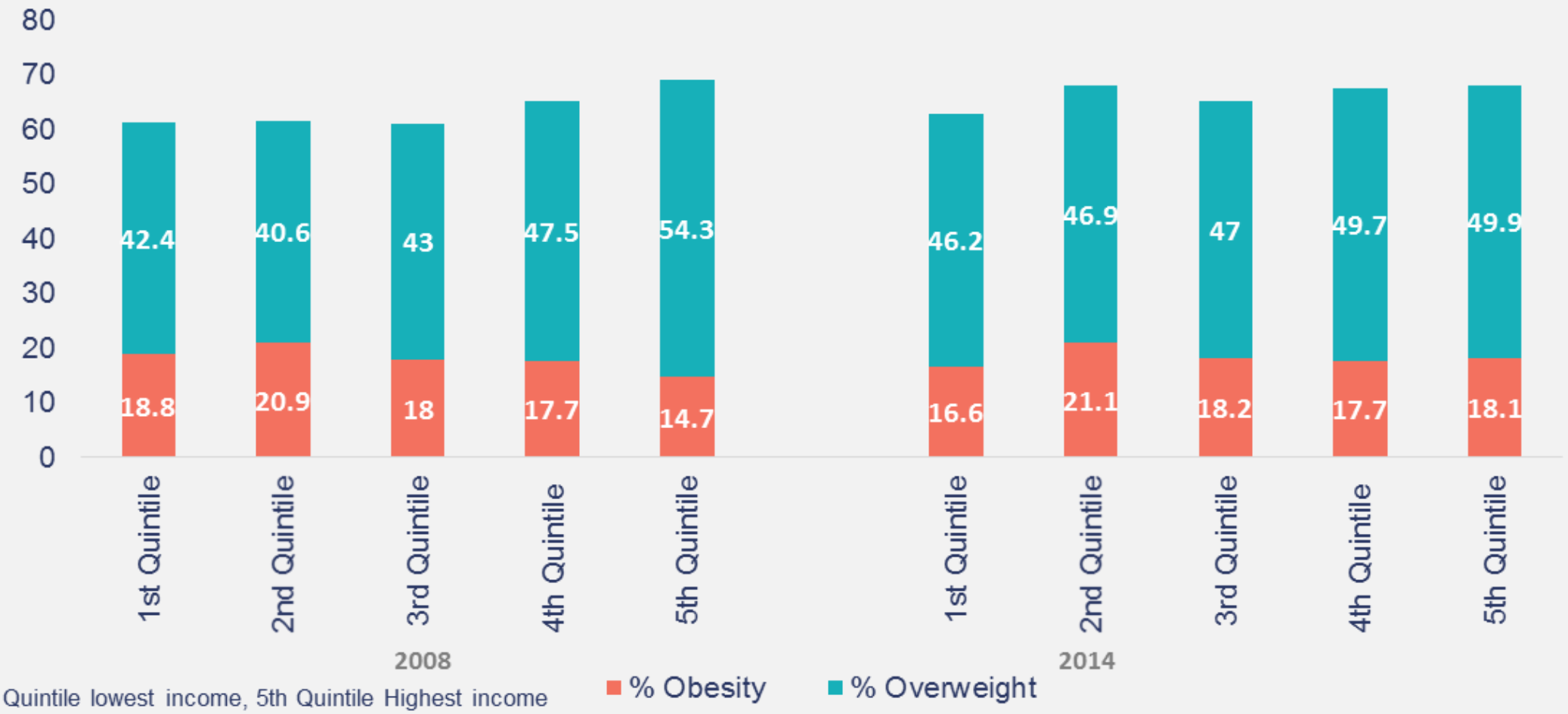
Less than primary, primary and lower secondary education (levels 0-2)
Upper secondary and post-secondary non-tertiary education (levels 3 and 4)
Tertiary education (levels 5-6/8)

% Overweight & Obesity in Greek Female adults by Educational attainment 2008 & 2014

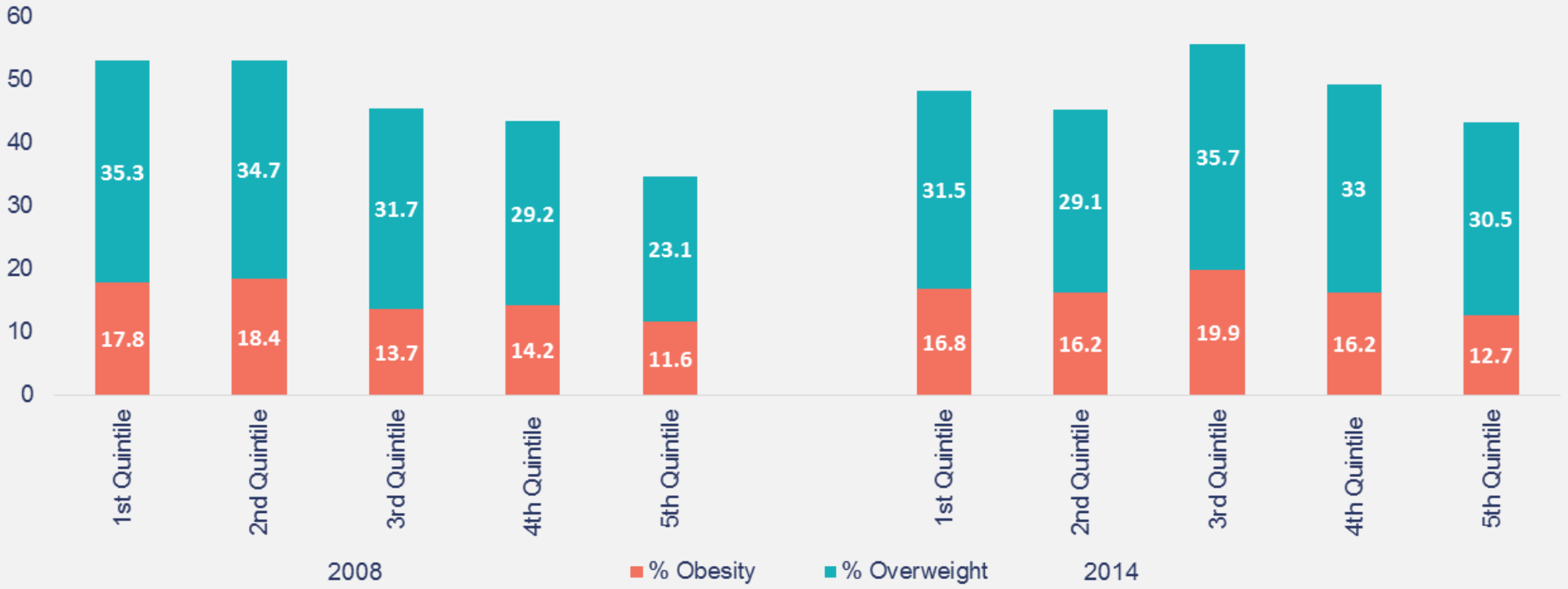


Less than primary, primary and lower secondary education (levels 0-2)
Upper secondary and post-secondary non-tertiary education (levels 3 and 4)
Tertiary education (levels 5-6/8)

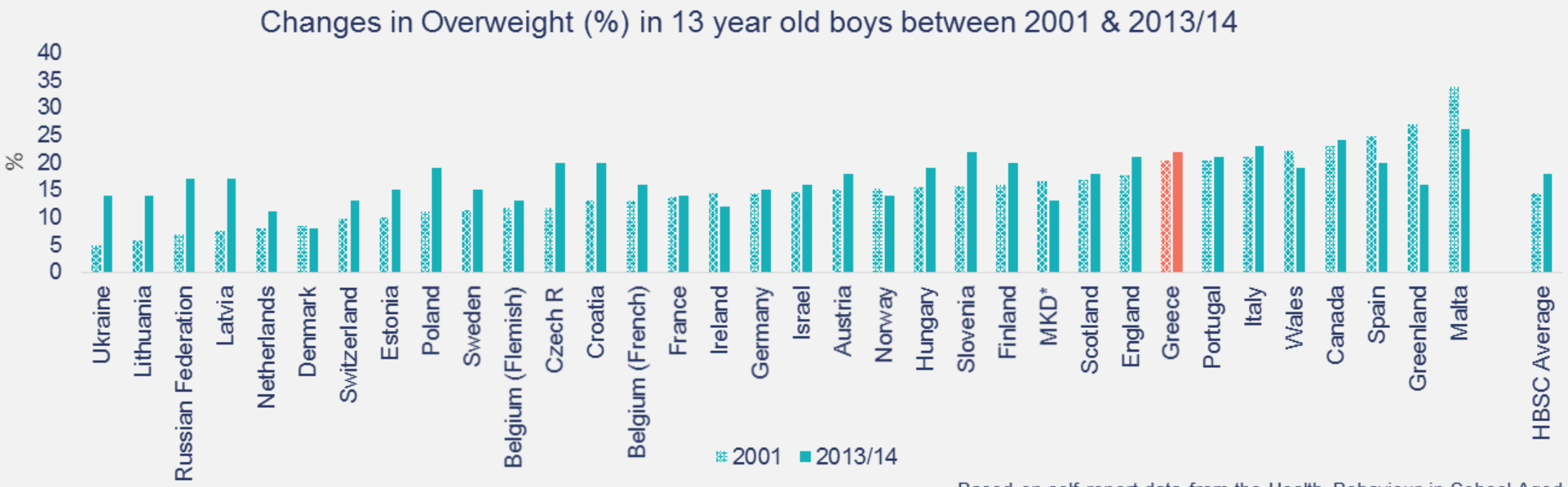
% Overweight & Obesity in Greek Male Adults by Income Quintile in 2008 & 2014



1st Quintile lowest income, 5th Quintile Highest income

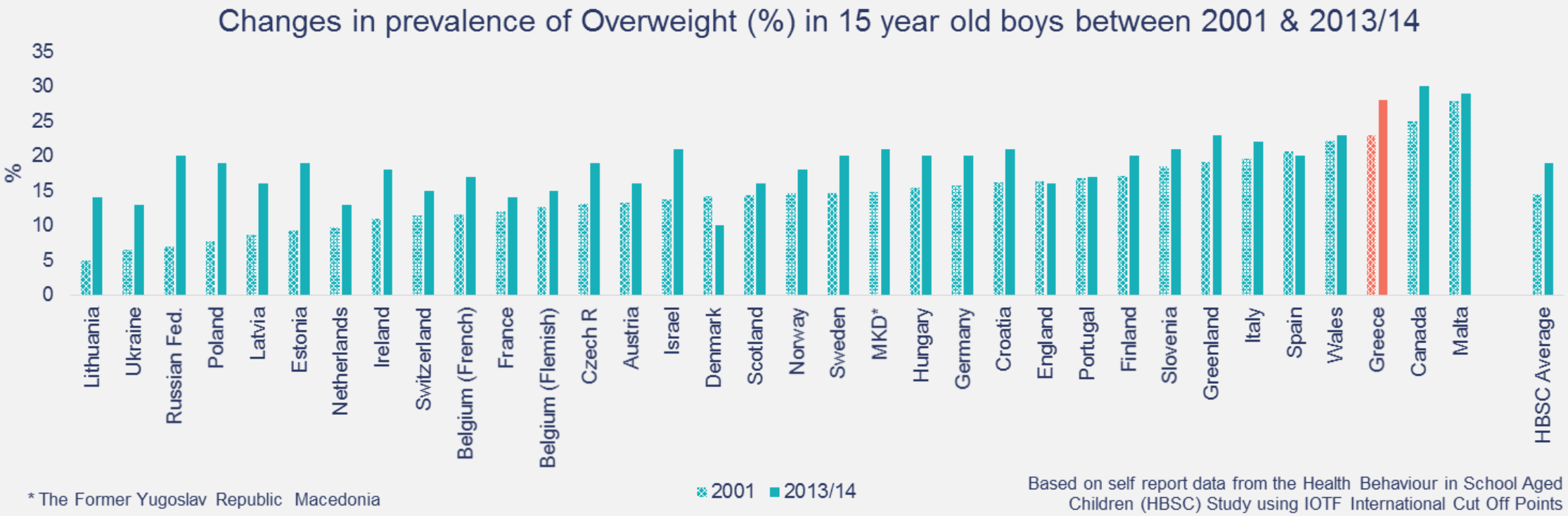


1st Quintile lowest income, 5th Quintile Highest income



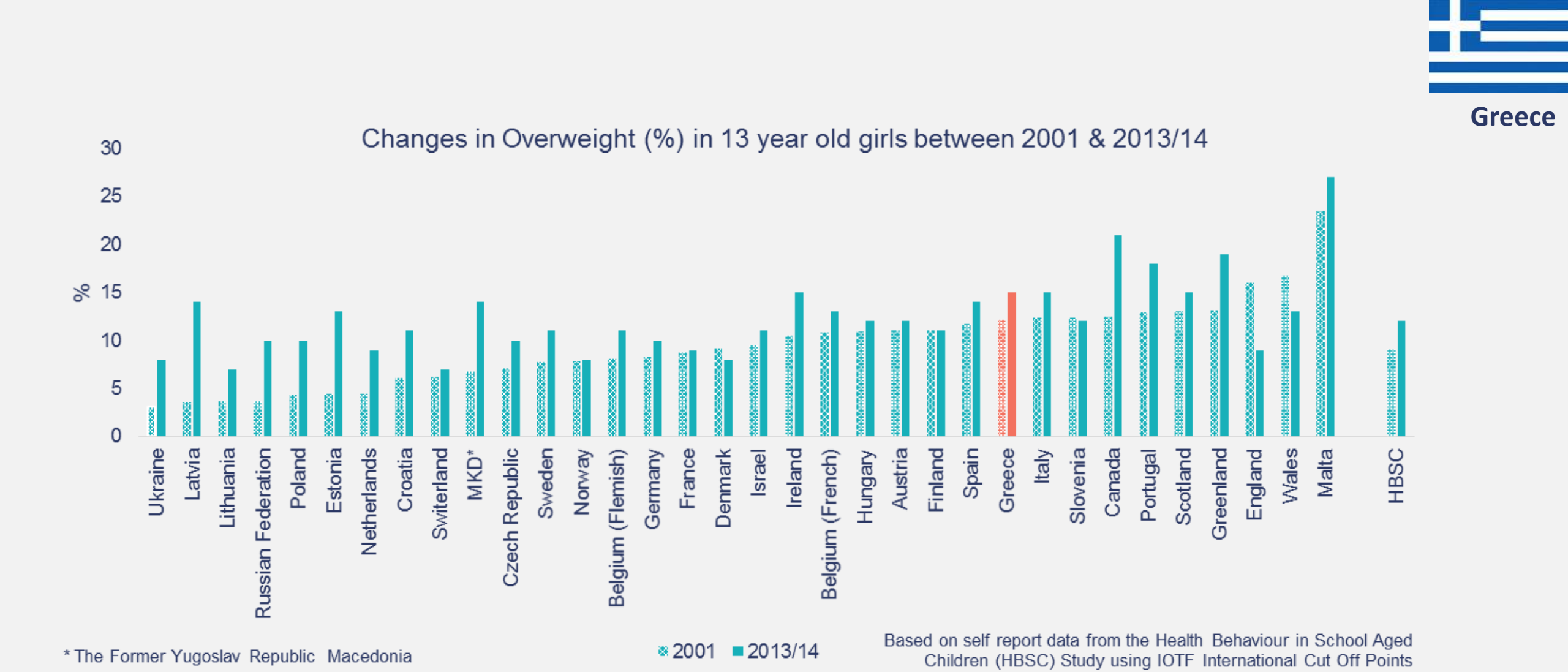
* The Former Yugoslav Republic Macedonia

Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points



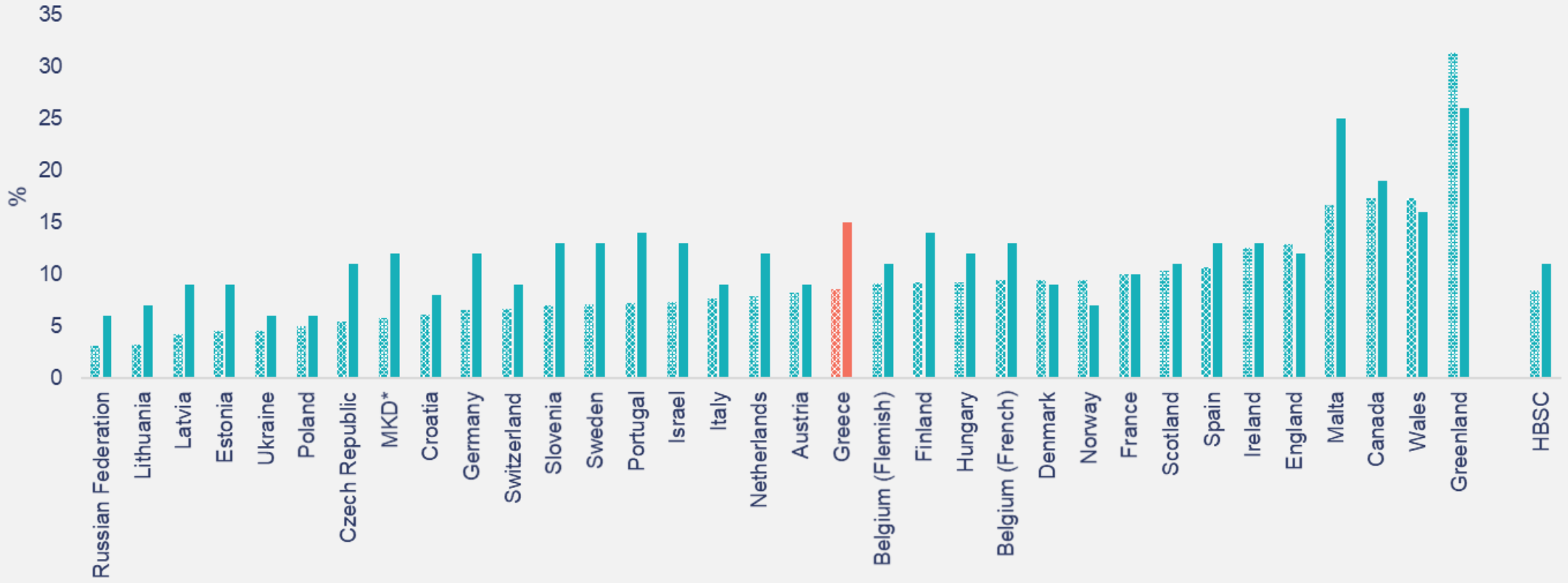
* The Former Yugoslav Republic Macedonia

Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points


Greece
Changes in Overweight (%) in 13 year old girls between 2001 & 2013/14
%
30
25
20
15
10
5
0
Ukraine
Latvia
Lithuania
Russian Federation
Poland
Estonia
Netherlands
Croatia
Switerland
MKD*
Czech Republic
Sweden
Norway
Belgium (Flemish)
Germany
France
Denmark
Israel
Ireland
Belgium (French)
Hungary
Austria
Finland
Spain
Greece
Italy
Slovenia
Canada
Portugal
Scotland
Greenland
England
Wales
Malta
HBSC
2001
2013/14
* The Former Yugoslav Republic Macedonia
Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points

Greece

Changes in prevalence of Overweight (%) in 15 year old girls between 2001 & 2013/14



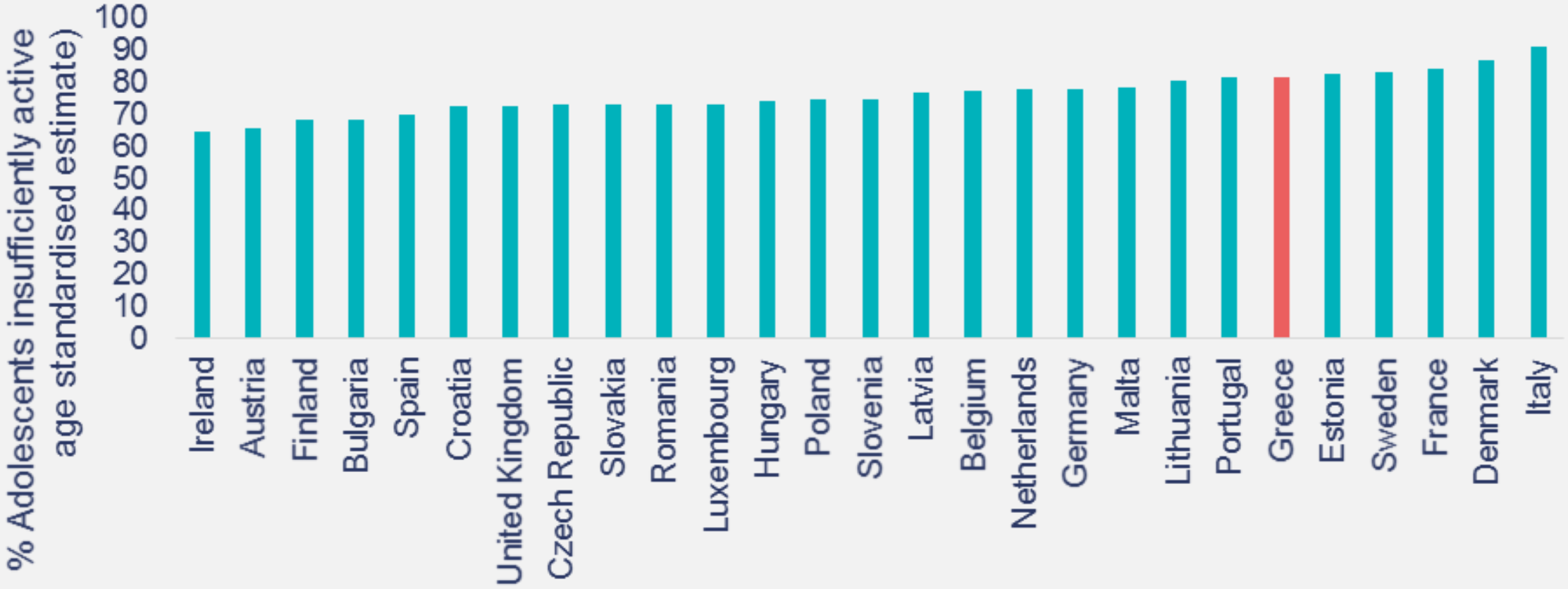
* The Former Yugoslav Republic Macedonia

2001 2013/14

Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points

Greece

% Insufficiently active male adolescents living in EU Member Countries (2010)



No data availabe in Cyprus

% Insufficiently active female adolescents living in EU Member Countries (2010)

No data availabe in Cyprus

Greece

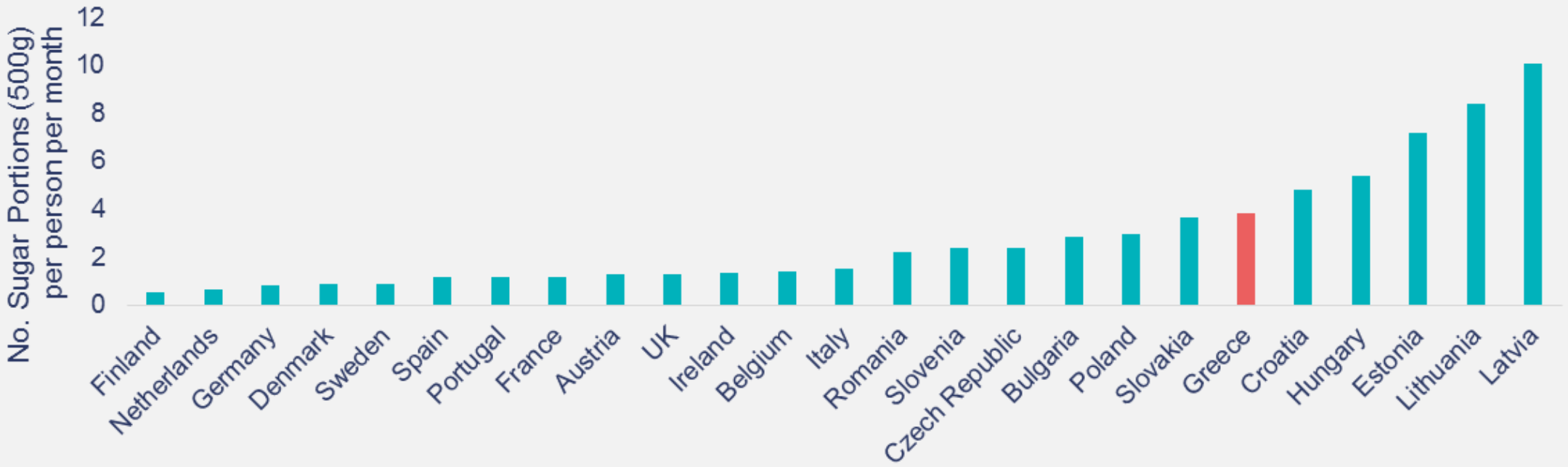
% Insufficiently active male adults living in EU Member Countries (2016)

Greece

% Insufficiently active female adults living in EU Member Countries (2016)

Greece

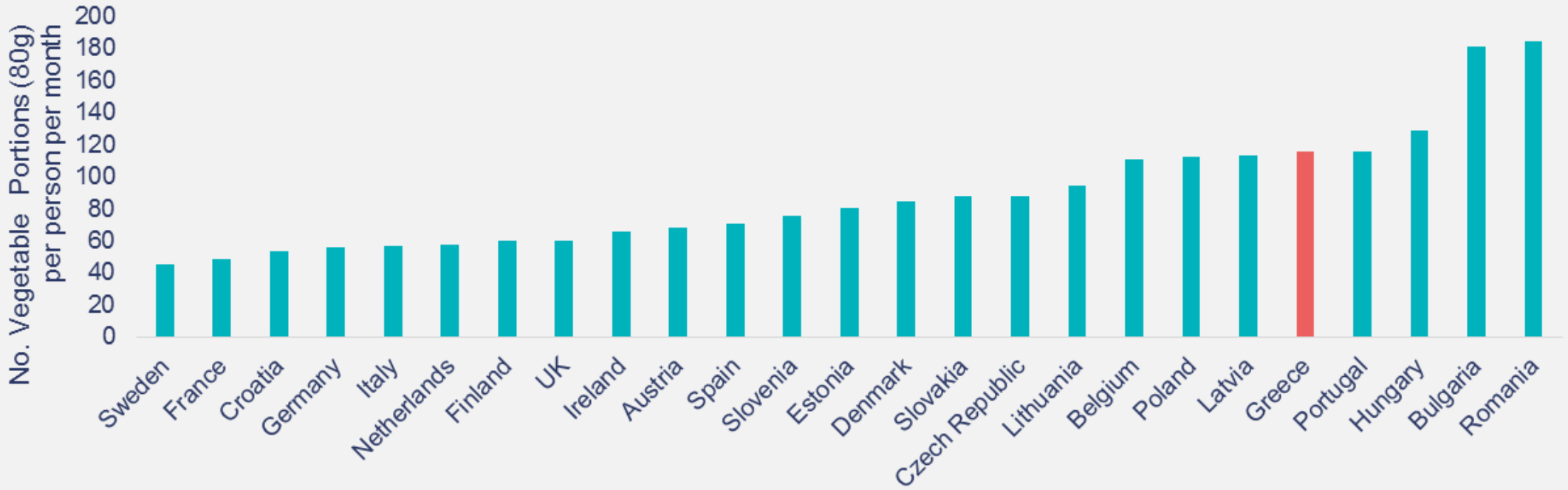
Sugar Consumption/Sales for individuals living in EU Member Countries



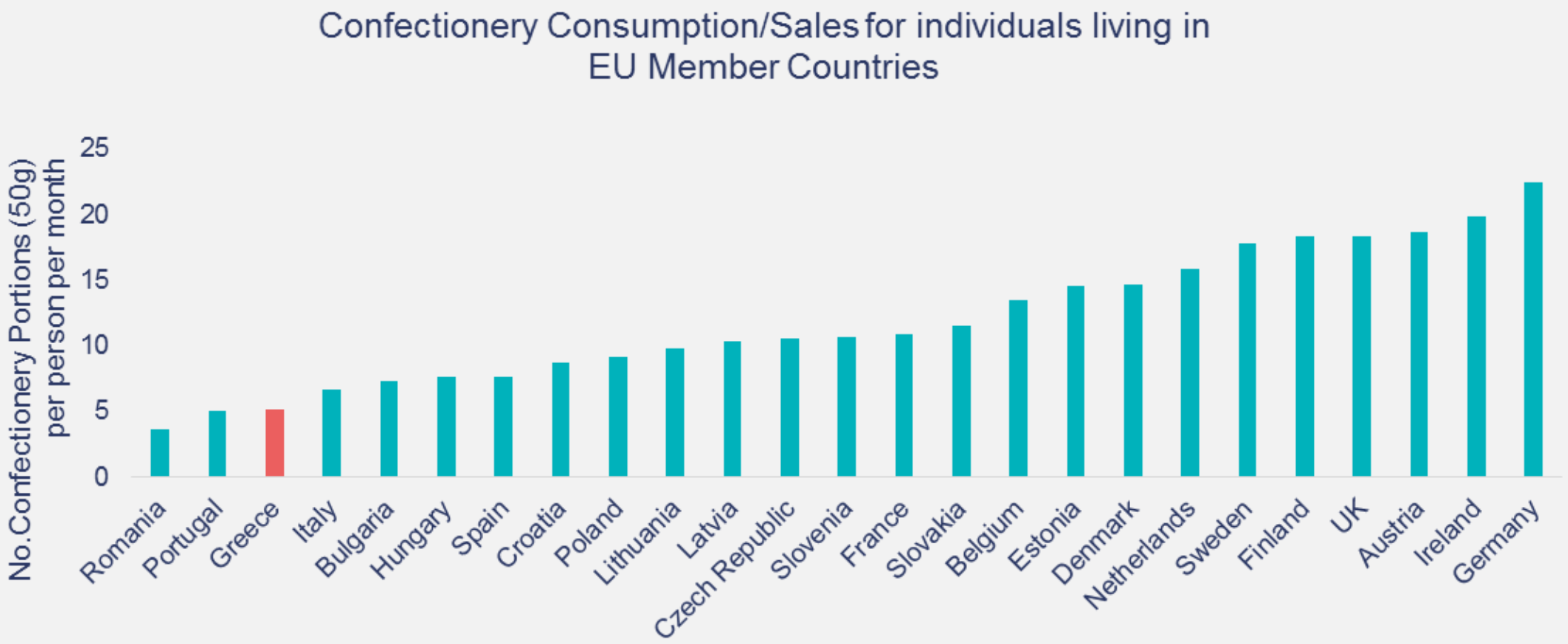
No data availabe in Cyprus, Luxembourg & Malta
Sugar Consumption/Sales for individuals living in EU Member Countries. Derived from: Euromonitor International, Nutrition 2016 edition

Greece

Vegetable Consumption/Sales for individuals living in EU Member Countries



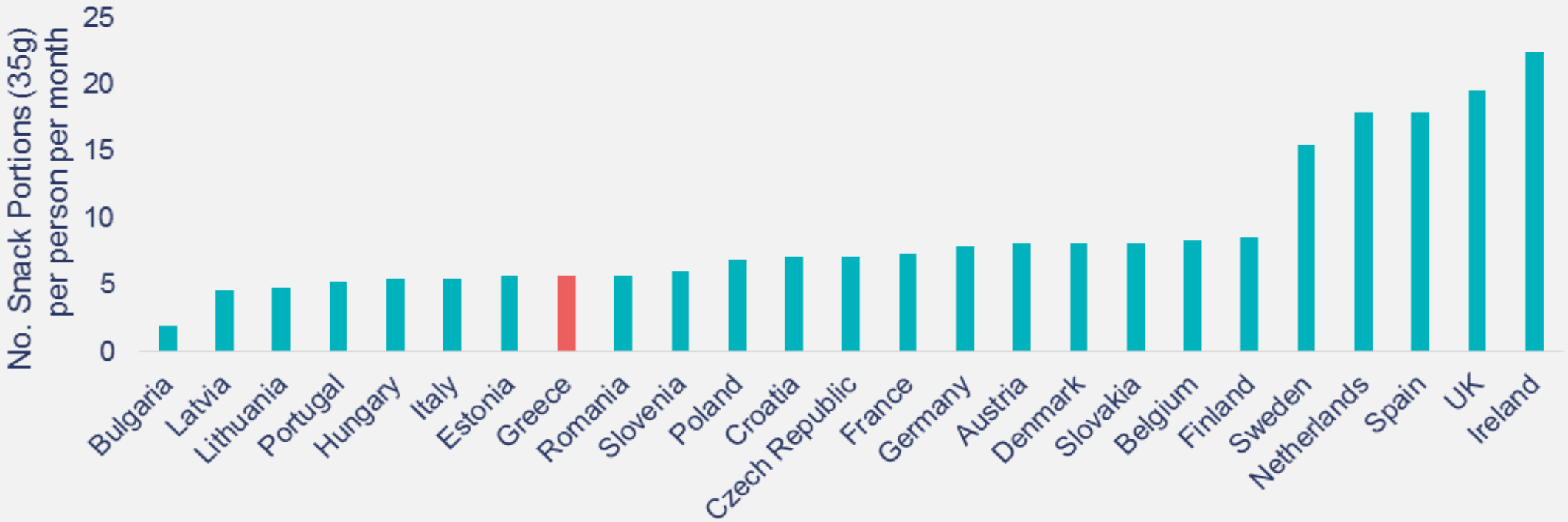
No data availabe in Cyprus, Luxembourg & Malta
Vegetable Consumption/Sales for individuals living in EU Member Countries
Derived from: Euromonitor International, Fresh Food, 2016 edition



No data availabe in Cyprus, Luxembourg & Malta
Confectionary Consumption/Sales for individuals living in EU Member Countries
Derived from: Euromonitor International, Packaged Food, 2016 edition

Greece

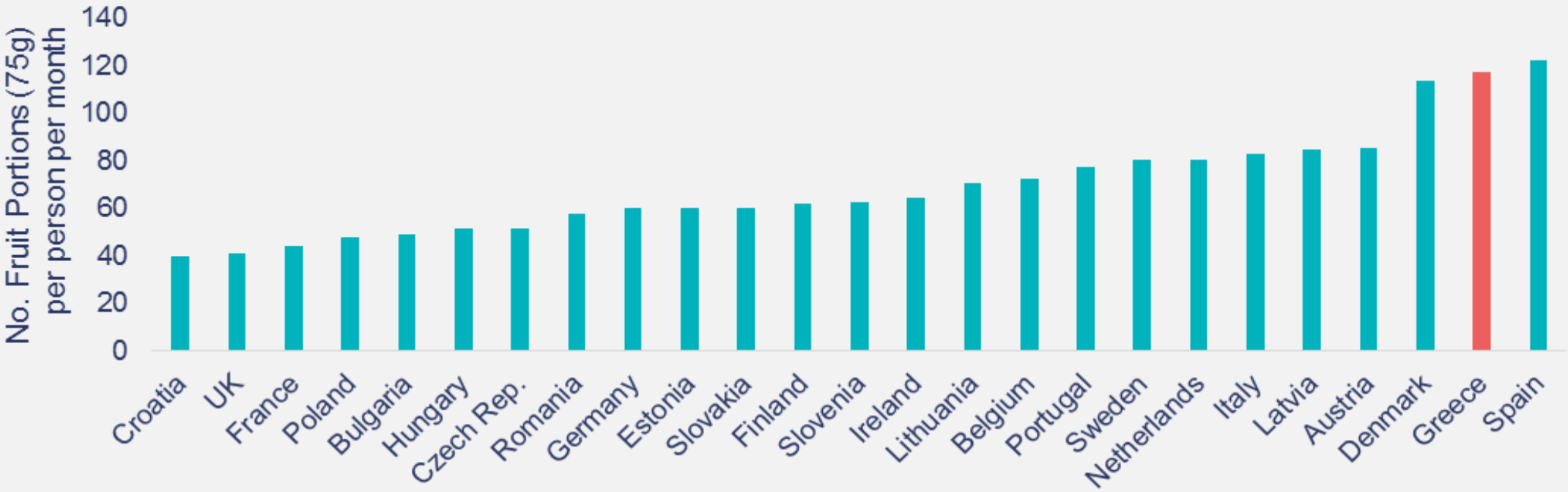
Sweet & Savoury Snack Consumption/Sales for individuals living in EU Member Countries



No data availabe in Cyprus, Luxembourg & Malta
Sweet and Savoury Snacks Consumption/Sales for individuals living in EU Member Countries
Derived from: Euromonitor International, Packaged Food, 2016 edition

Greece

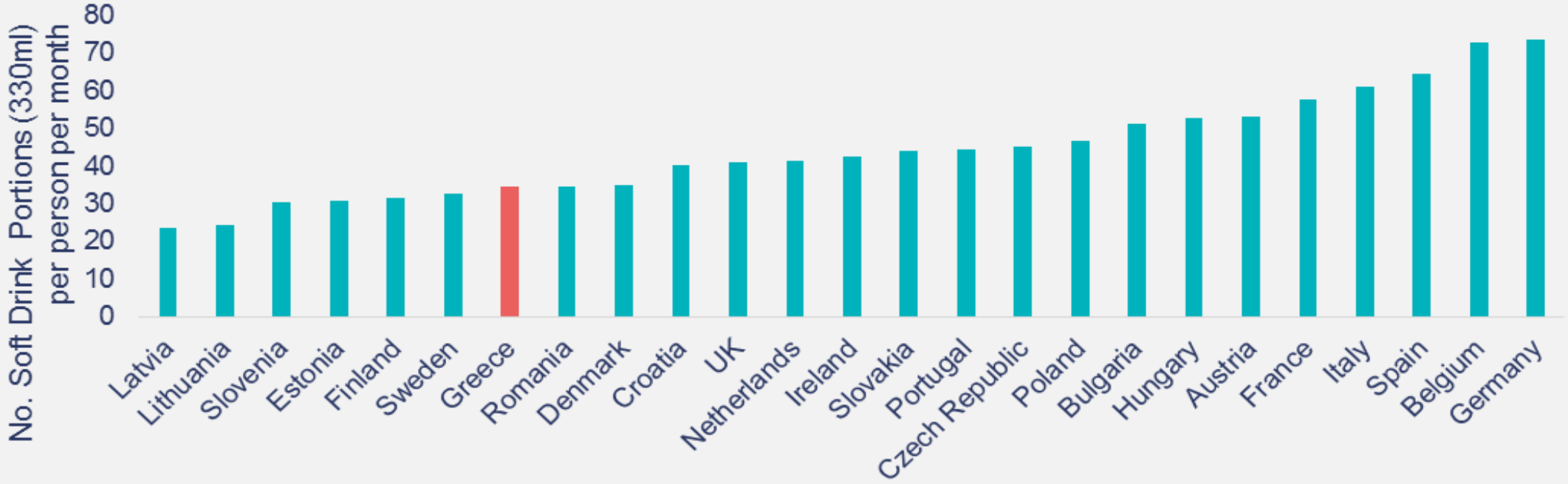
Fruit Consumption/Sales for individuals living in EU Member Countries



No data availabe in Cyprus, Luxembourg & Malta
Fruit Consumption/Sales for individuals living in EU Member Countries
Derived from: Euromonitor International, Fresh Food, 2016 edition

Greece

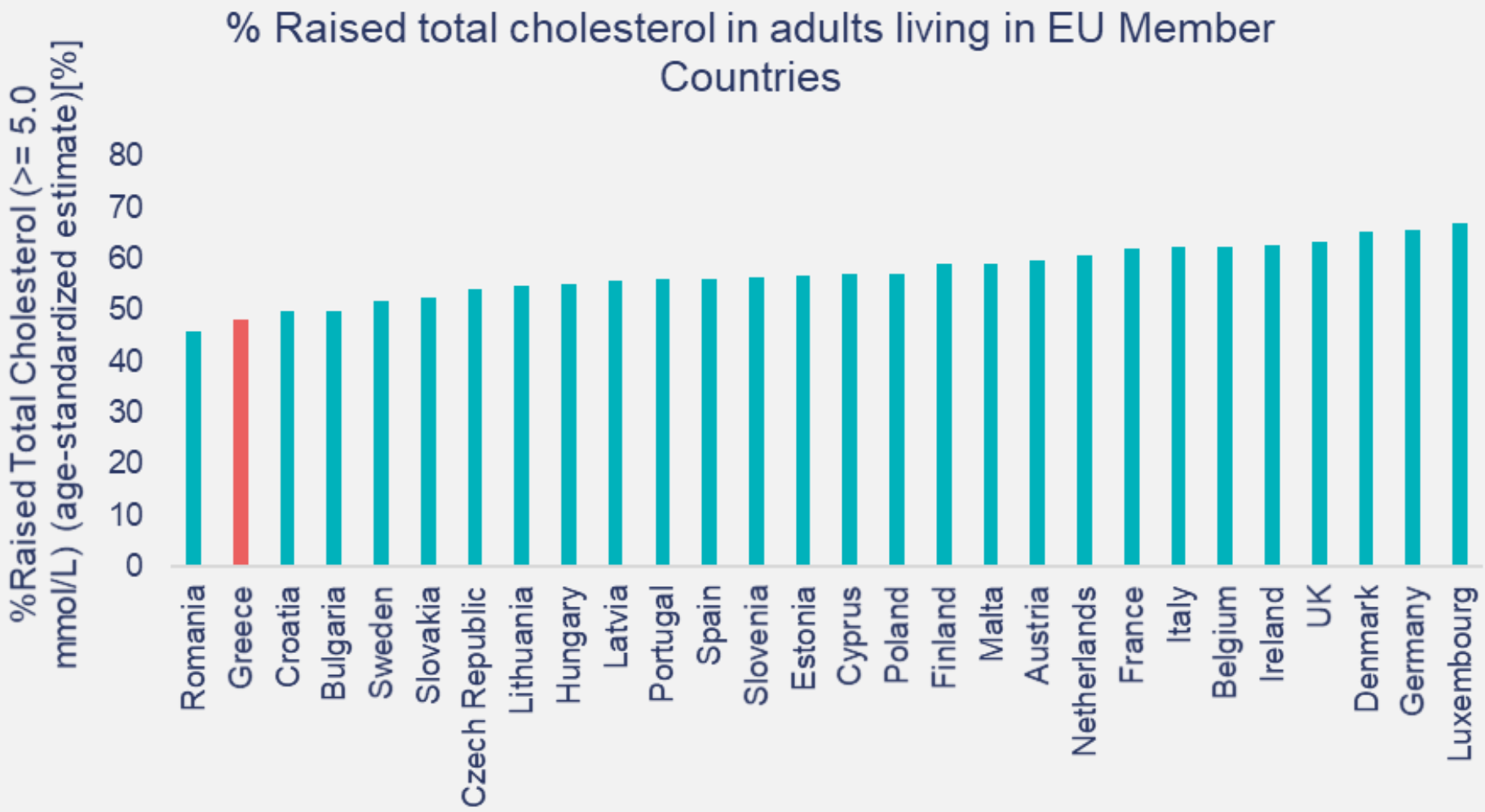
Soft Drink Consumption/Sales for individuals living in EU Member Countries



No data availabe in Cyprus, Luxembourg & Malta
Soft Drink Consumption/Sales for individuals living in EU Member Countries
Derived from: Euromonitor International, Soft Drinks, 2016 edition

Greece

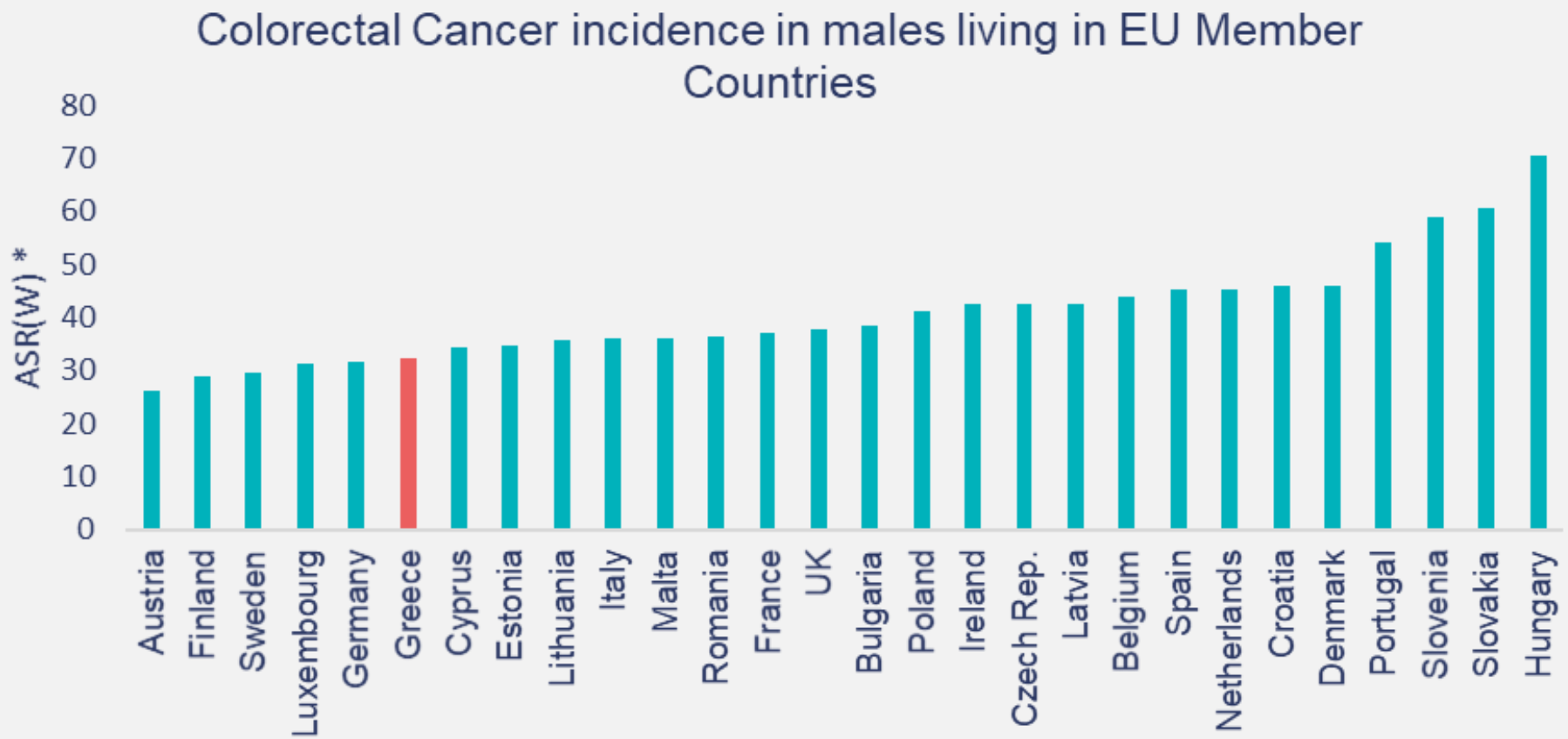
Diabetes age-adjusted comparative prevalence [%] in adults living in EU Member Countries (2017)


% Raised total cholesterol in adults living in EU Member Countries
%Raised Total Cholesterol (>= 5.0 mmol/L) (age-standardized estimate)[%]
80
70
60
50
40
30
20
10
0
Romania
Greece
Croatia
Bulgaria
Sweden
Slovakia
Czech Republic
Lithuania
Hungary
Latvia
Portugal
Spain
Slovenia
Estonia
Cyprus
Poland
Finland
Malta
Austria
Netherlands
France
Italy
Belgium
Ireland
UK
Denmark
Germany
Luxembourg

% Raised blood pressure in males living in EU Member Countries (2015)

Greece

% Raised blood pressure in females living in EU Member Countries (2015)



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000

Greece

Colorectal Cancer incidence in females living in EU Member Countries

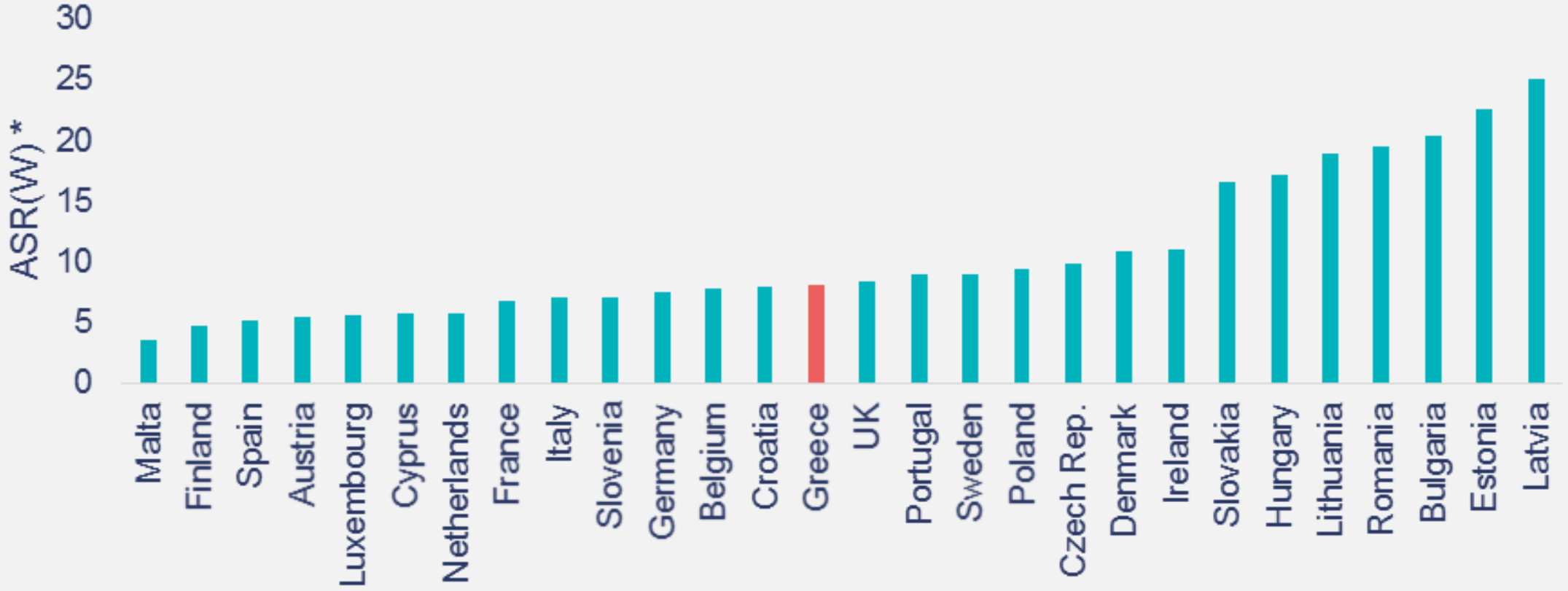
*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000

Greece

Breast Cancer incidence in females living in EU Member Countries

*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000

Cancer of the Cervix Uteri incidence in females living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000

Greece

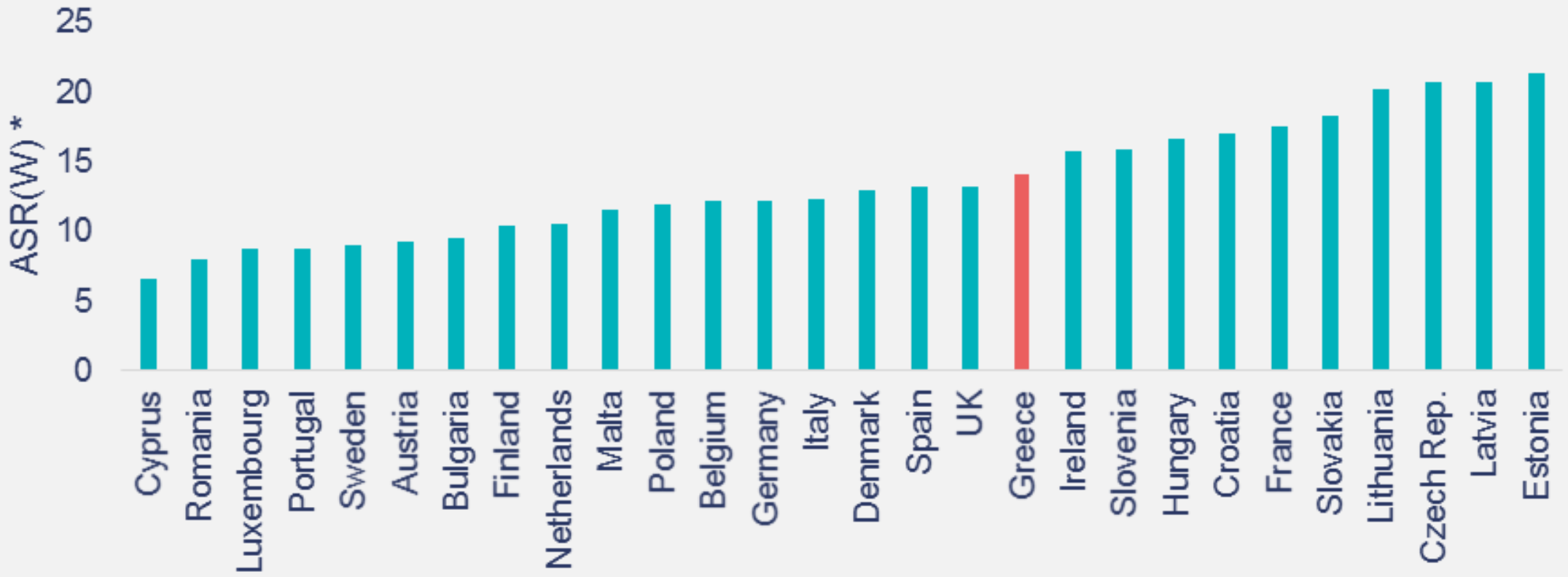
Pancreatic Cancer incidence in males living in EU Member Countries

*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000

Pancreatic Cancer incidence in females living in EU Member Countries

*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000

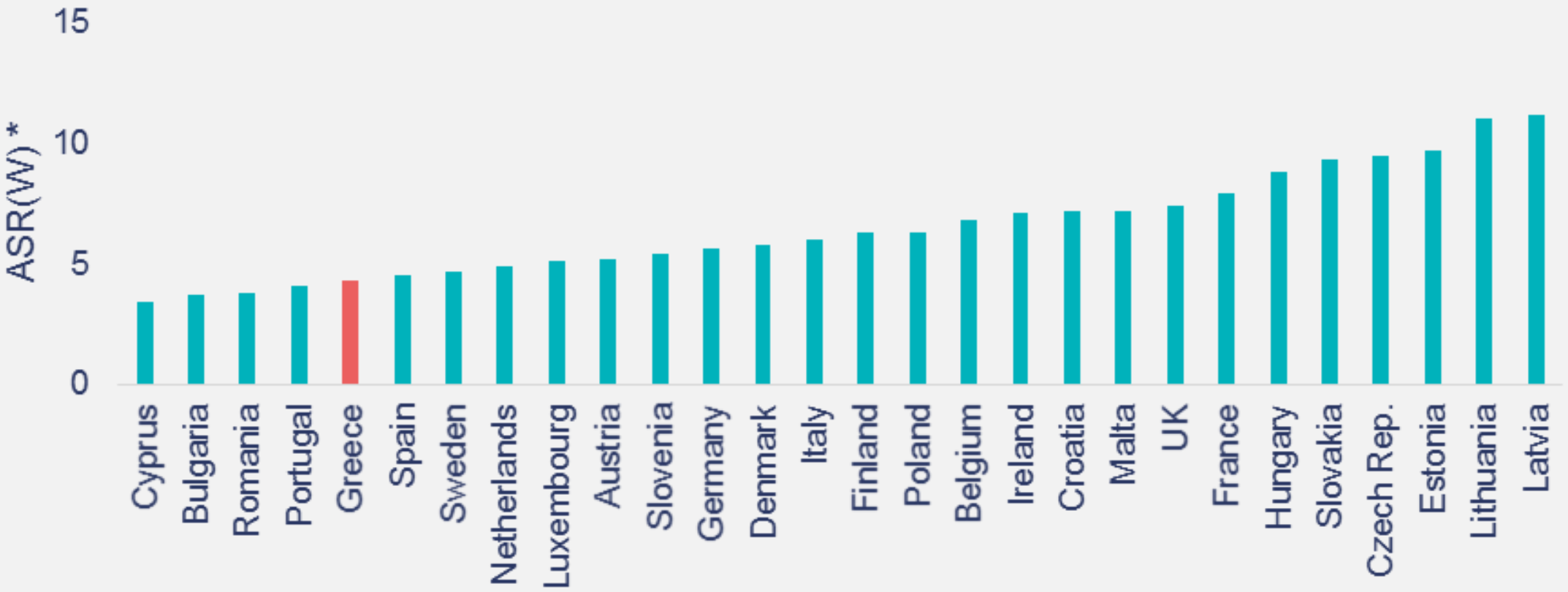
Cancer of the Kidney incidence in males living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000

Greece

Cancer of the Kidney incidence in females living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000

Actions Map	Select link below to view (right click to open hyperlink)
Obesity Related Policies or Interventions	Adults
	Child
	Adult & Child

Greece

% Overweight & Obesity Maps	(select link below to view)	
Current Prevalence	Men Boys	Women Girls
By Age	Adult	Child
By Region	Adult	Child
By Educational Status	Adult	Child
By Socio-economic group	Adult	Child
Trend NB. To view the time period you are interested in you must choose a time period and click ‘Change year’ to update the map)	Men Boys	Women Girls

Sources

Greece

Overweight & Obesity %	Data sources available at www.worldobesitydata.org
EUROSTAT data	Eurostat Database: http://ec.europa.eu/eurostat
HBSC data	Health Behaviour in School Aged Children (HBSC) http://www.hbsc.org/
Population Estimates	UN Population Estimates, United Nations, http://esa.un.org/unpd/wpp/
Diabetes estimates 2017	Reproduced with kind permission of IDF, International Diabetes Federation. IDF Diabetes Atlas, 8th edition. Brussels, Belgium: International Diabetes Federation, 2017. http://www.diabetesatlas.org
Worldwide GINI Index	Worldwide GINI Index, https://data.worldbank.org/indicator/SI.POV.GINI?locations=AT (last accessed 11th November 2018)
Physical Inactivity estimates in adults	Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1·9 million participants. Lancet Global Health. Vol 6 (10) PE1077-E1086, OCTOBER 01, 2018. https://www.thelancet.com/journals/langlo/article/PIIS2214-109X(18)30357-7/fulltext. (This is an Open Access article published under the CC BY 3.0 IGO license which permits unrestricted use, distribution, and reproduction in any medium, WHO does not endorses any specific organisation, products or services.)
Physical Inactivity estimates in children	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A893?lang=en
Raised Fasting Glucose	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en
Raised BP	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en
Raised cholesterol	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A884?lang=en
Cancer incidence rates	Global Cancer Observatory, Cancer incidence rates http://gco.iarc.fr/ (last accessed 28th October 2018)
Euromonitor	All consumption/sales information are derived from Euromonitor International, Fresh Food, 2016 Edition.

This report was produced with the support of an operational grant under the European Commission's Third Health Programme (2014-2020). The European Commission is not responsible for any use that may be made of them.

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