



Malta

Extended Country Report 2019





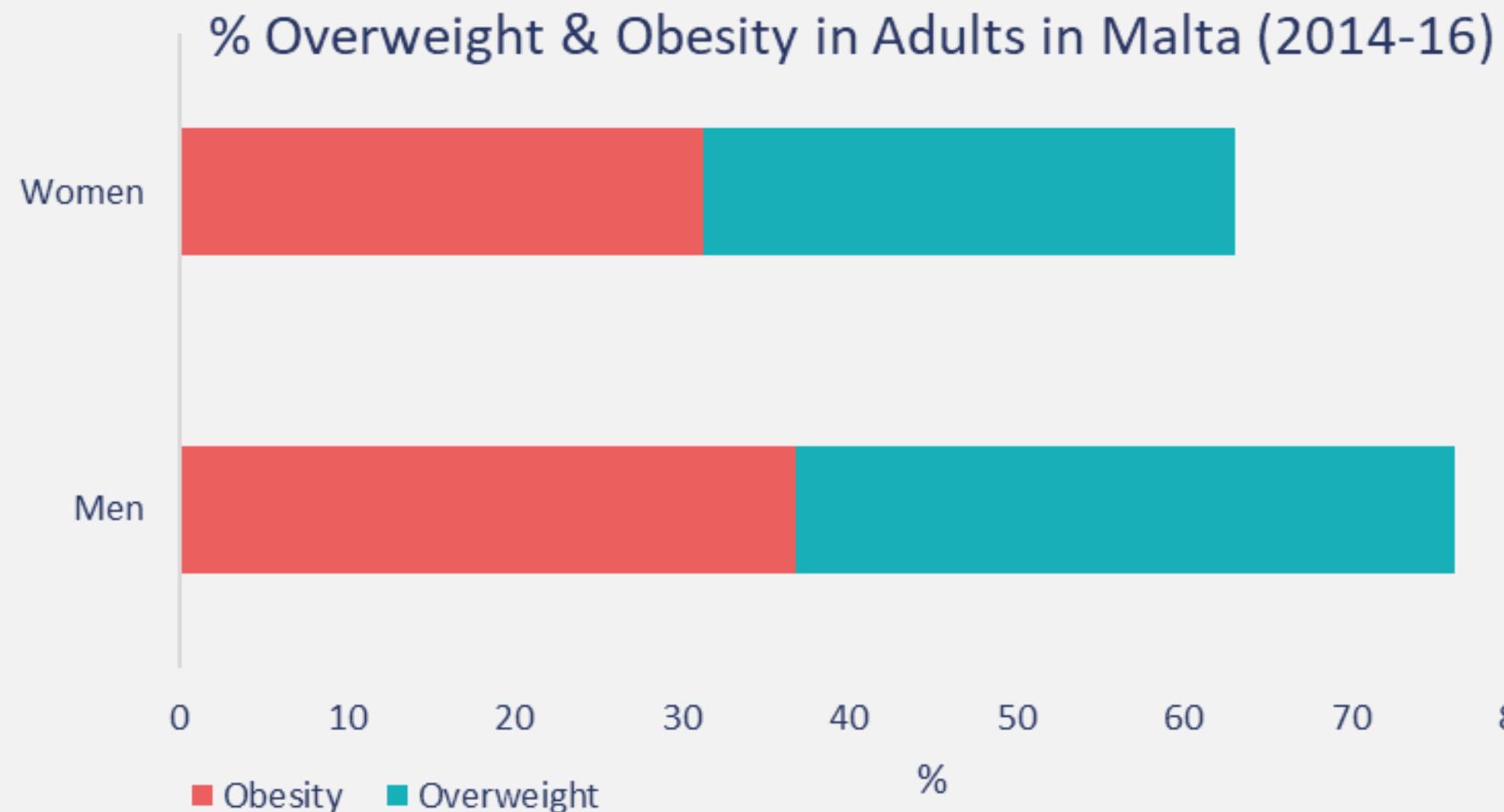
**Malta**

POPULATION:  
418,670 (2015)

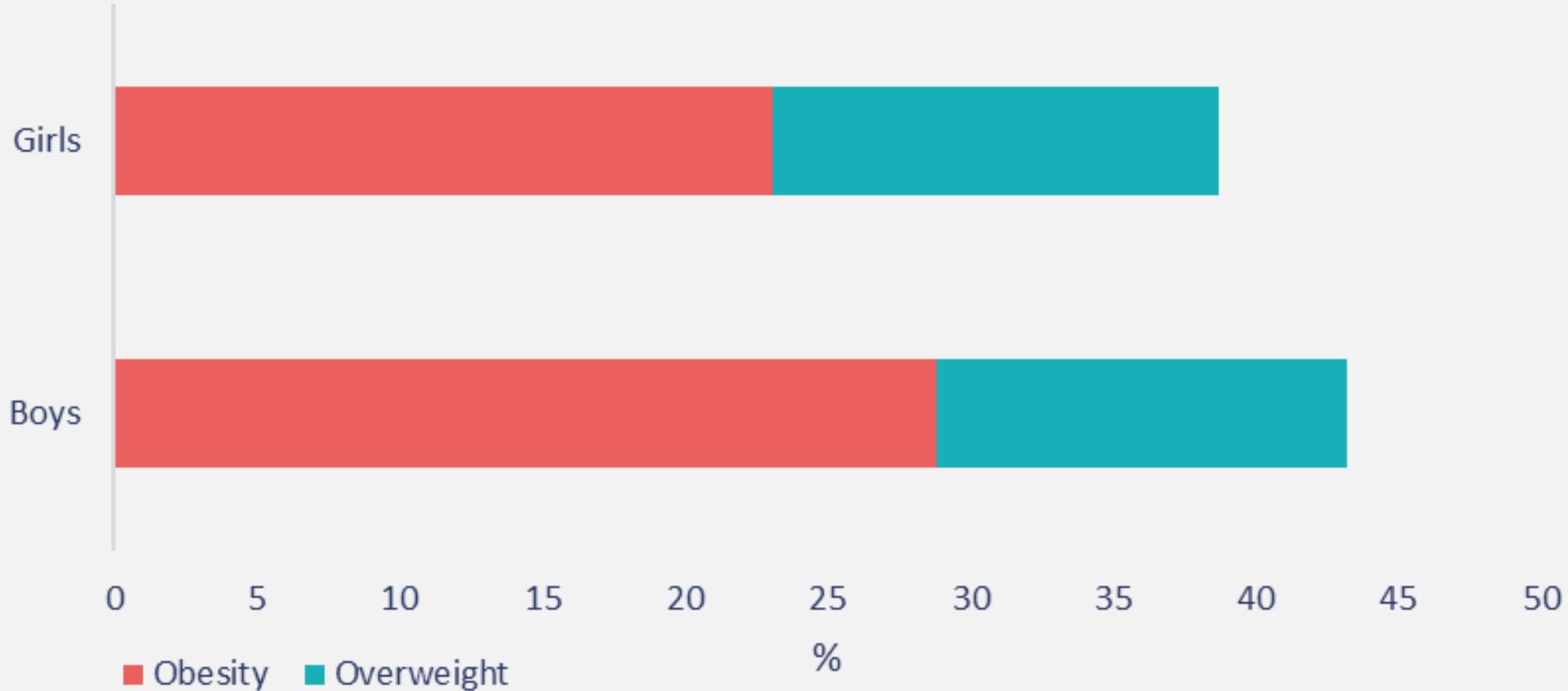
GINI INDEX:  
29.4  
(2015)

## Extended Country Profile Graphics

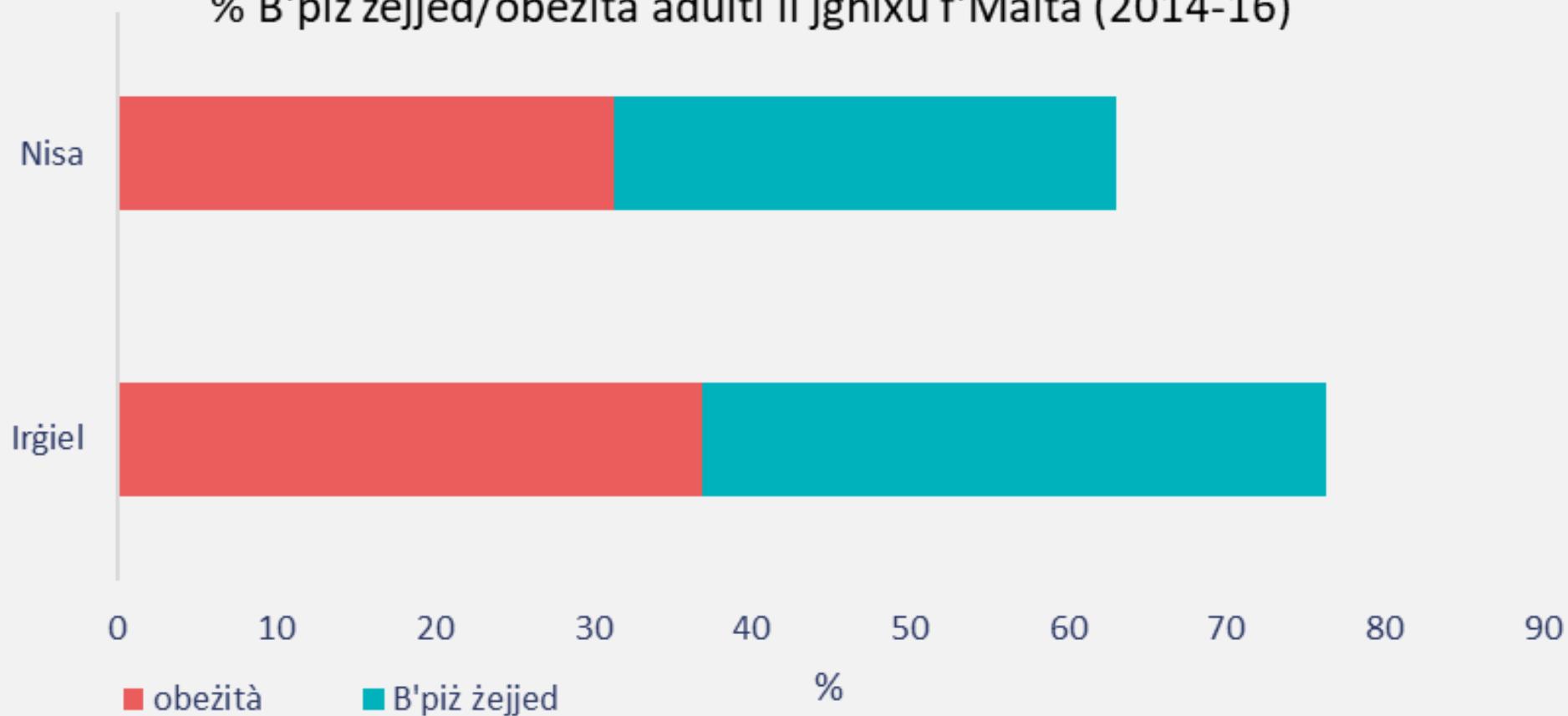
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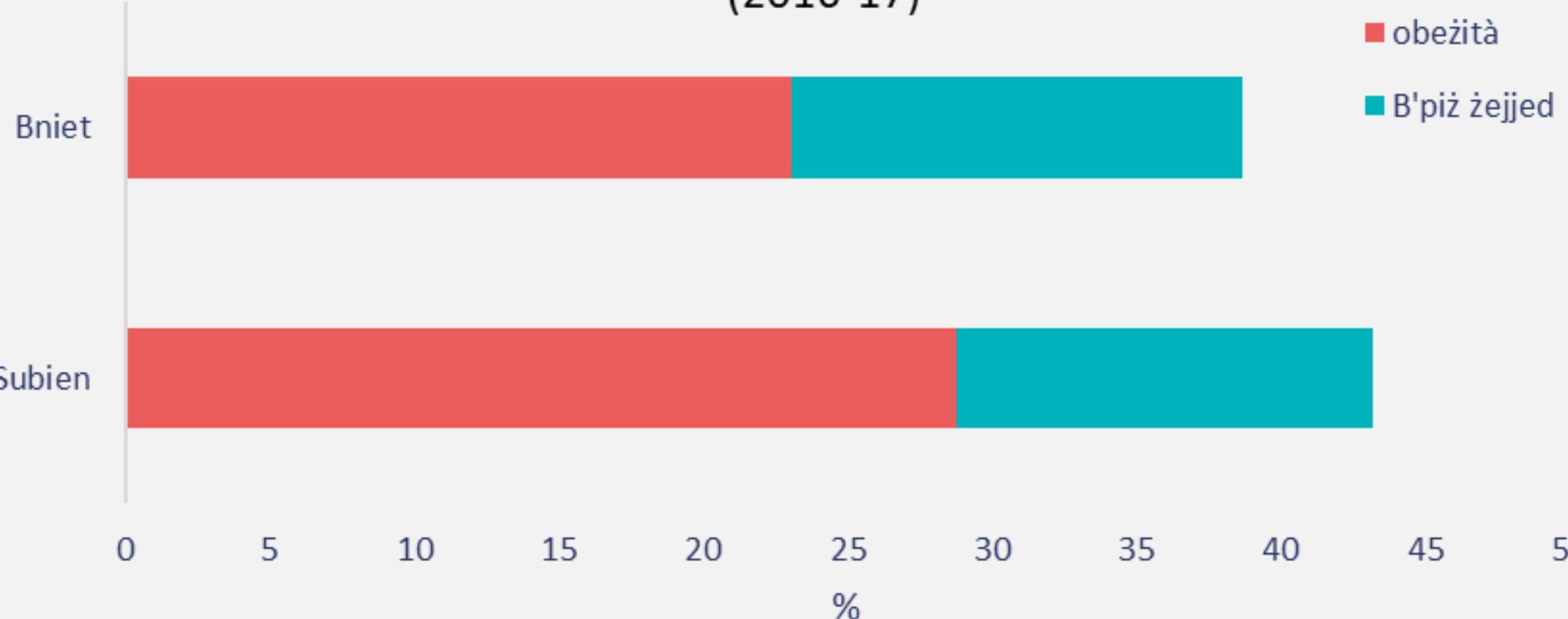
## % Overweight & Obesity in children in Malta (2016-17)



## % B'piż żejjed/obežità adulti li jgħixu f'Malta (2014-16)



## % B'Piż Żejjed/Obeżità fis-subien/bniet/adolexxenti li jgħixu f'Malta (2016-17)



## % Overweight/Obesity in males by age and education attainment 2017

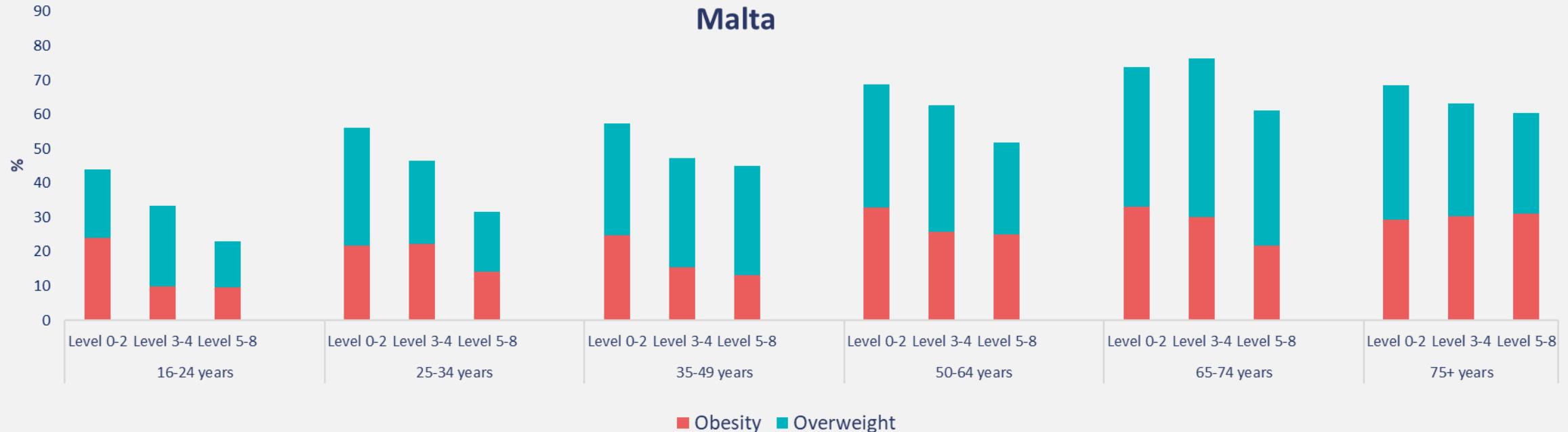
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Less than primary, primary and lower secondary education (levels 0-2)  
 Upper secondary and post-secondary non-tertiary education (levels 3 and 4)  
 Tertiary education (levels 5-8)

## % Overweight/Obesity in females by age and education attainment 2017

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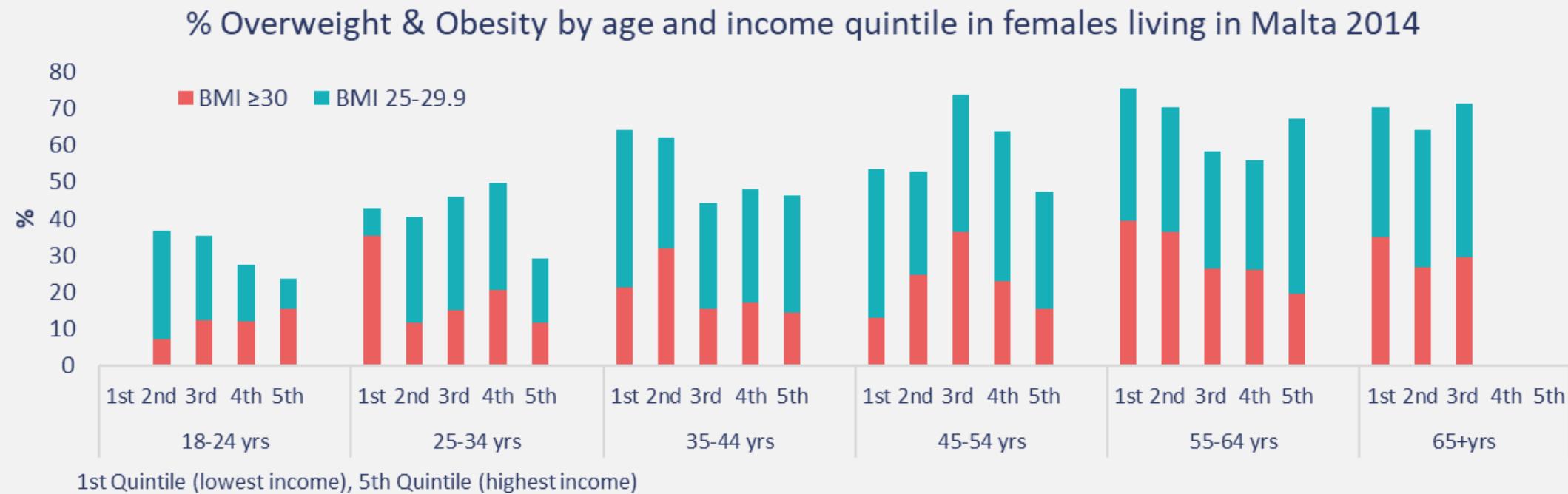
Less than primary, primary and lower secondary education (levels 0-2)

Upper secondary and post-secondary non-tertiary education (levels 3 and 4)

Tertiary education (levels 5-8)

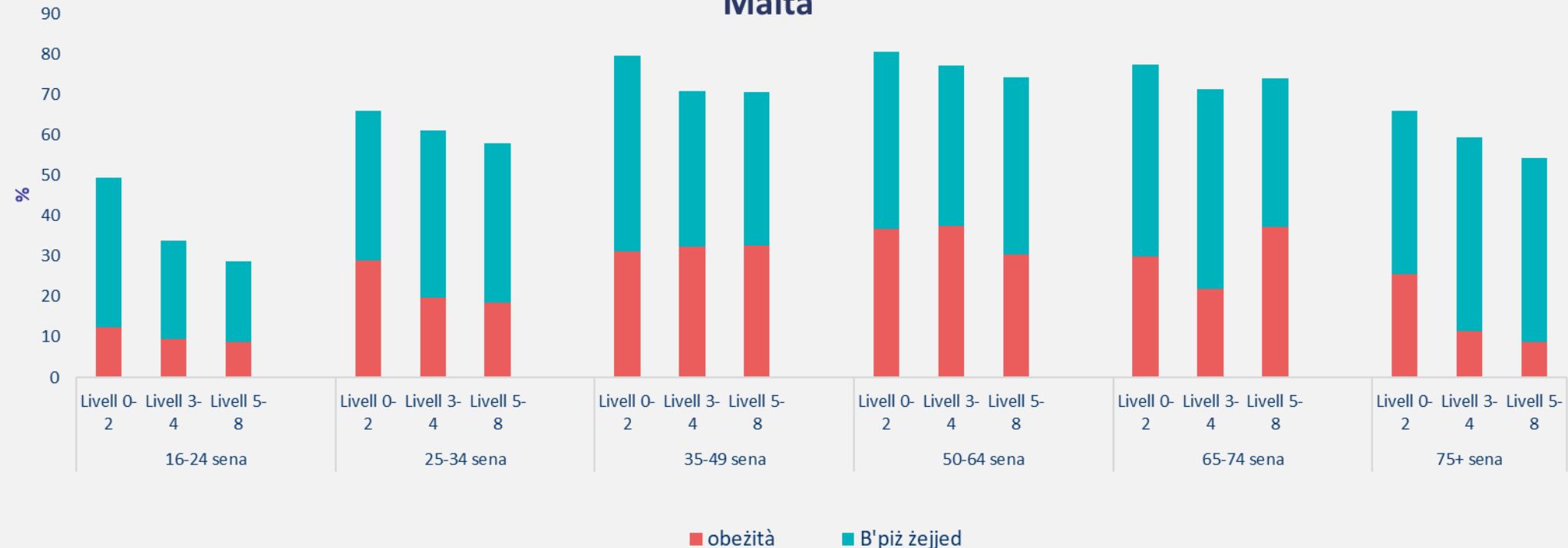
## % Overweight & Obesity by age & income quintile in males living in Malta 2014





## % Piż Žejjed/Obežità fl-irġiel skont l-età u l-livell milħuq ta' edukazzjoni 2017

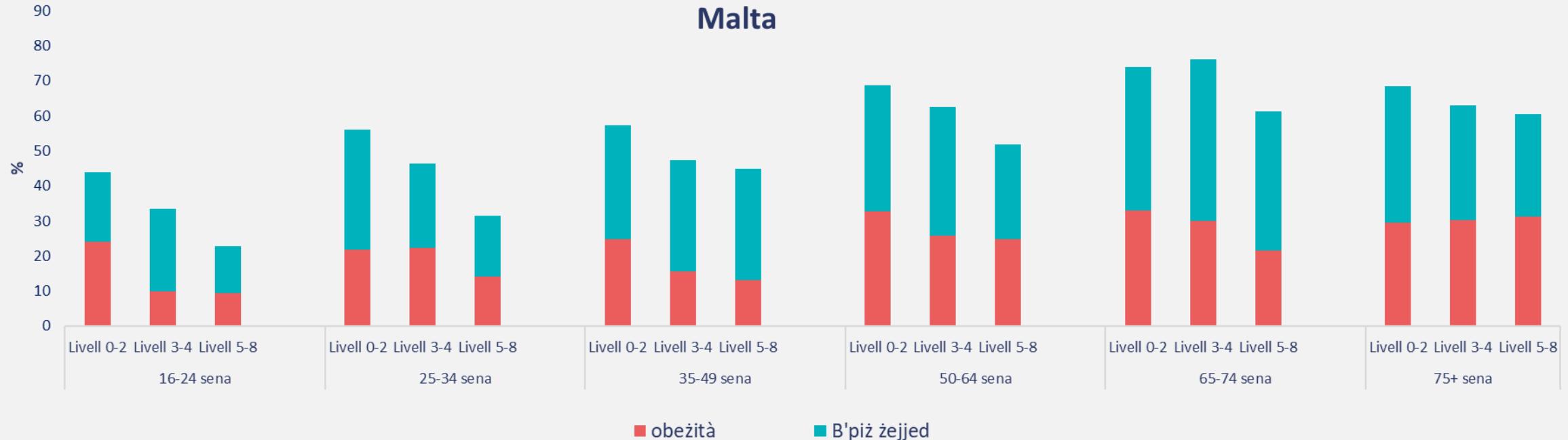
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Inqas minn edukazzjoni primarja, primarja u sekondarja baxxa (livelli 0-2)  
 Edukazzjoni sekondarja għolja u post-sekondarja mhux terzjarja (livelli 3 u 4)  
 Edukazzjoni terzjarja (livelli 5-8)

## % Piż Žejjed/Obežità fin-nisa skont l-età u l-livell milħuq ta' edukazzjoni 2017

Malta



Inqas minn edukazzjoni primarja, primarja u sekondarja baxxa (livelli 0-2)

Edukazzjoni sekondarja għolja u post-sekondarja mhux terzjarja (livelli 3 u 4)

Edukazzjoni terzjarja (livelli 5-8)



Malta

### % Piż żejjed u Obeżità b'età u dħul kwintili fl-irġiel f'Malta 2014





Malta

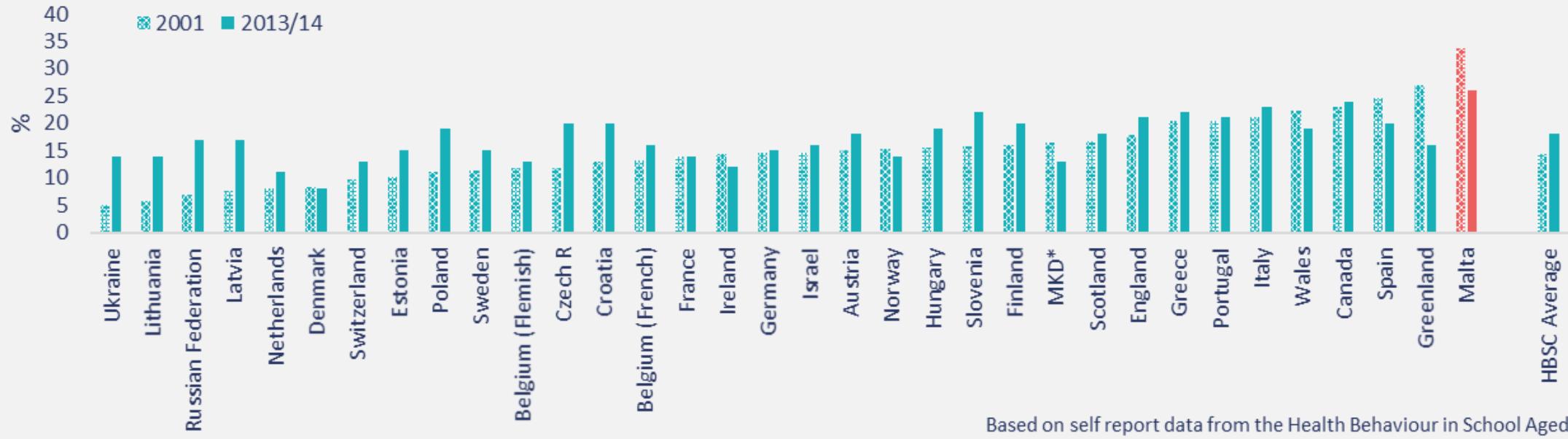
### % Piżżejjed u Obeżità b'età u dħul kwintili fin-nisa f'Malta 2014





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## Changes in Overweight (%) in 13 year old boys between 2001 & 2013/14



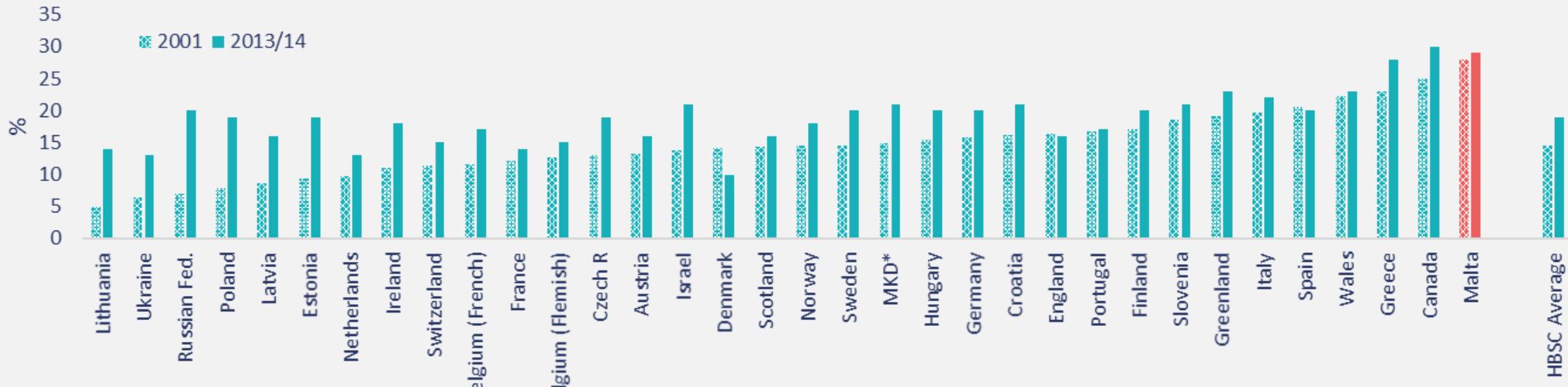
\* The Former Yugoslav Republic Macedonia

Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points



Malta

## Changes in prevalence of Overweight (%) in 15 year old boys between 2001 & 2013/14

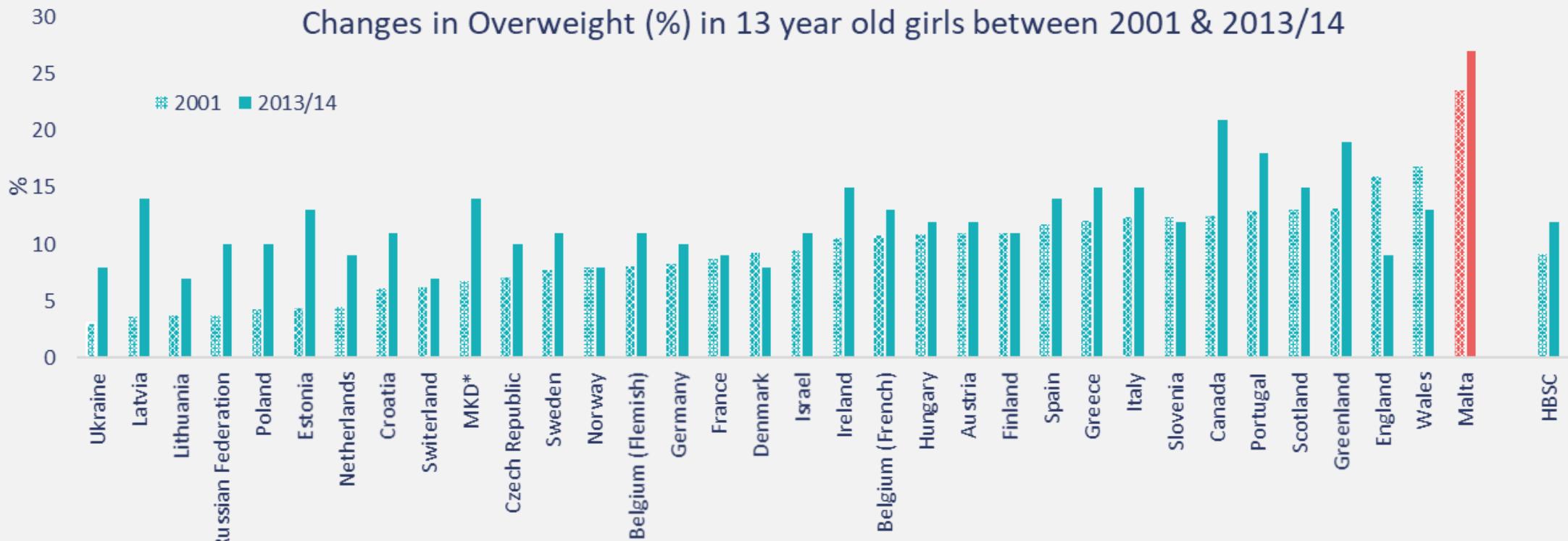


\* The Former Yugoslav Republic Macedonia

Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points



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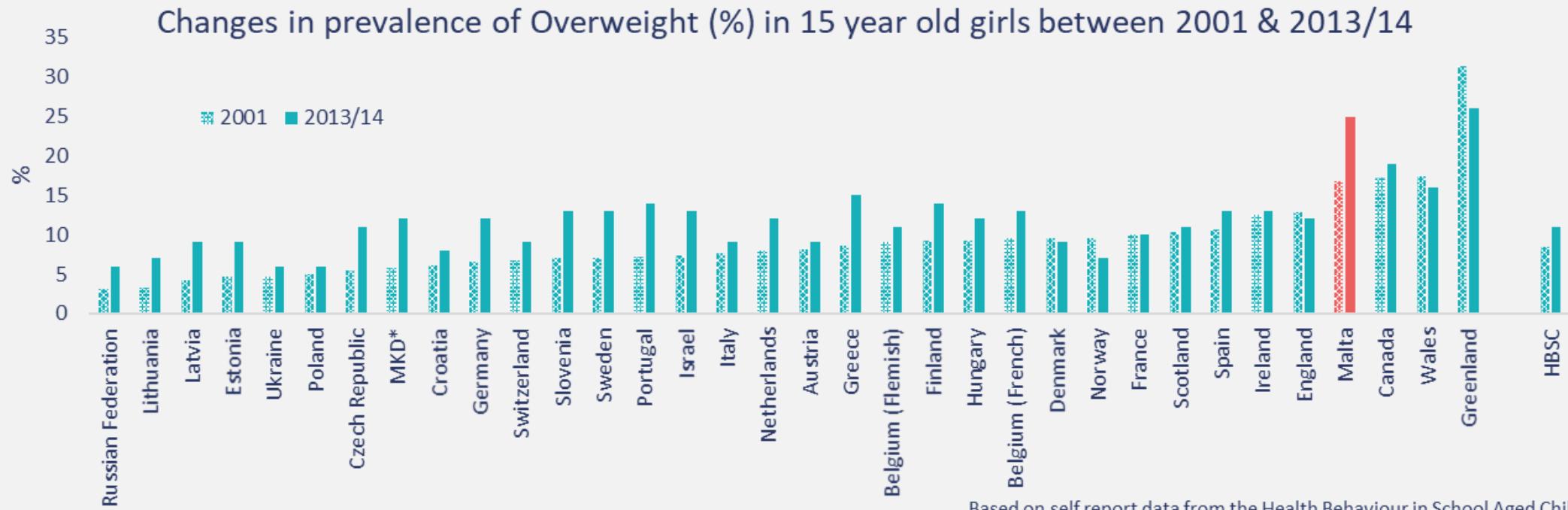


\* The Former Yugoslav Republic Macedonia

Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points

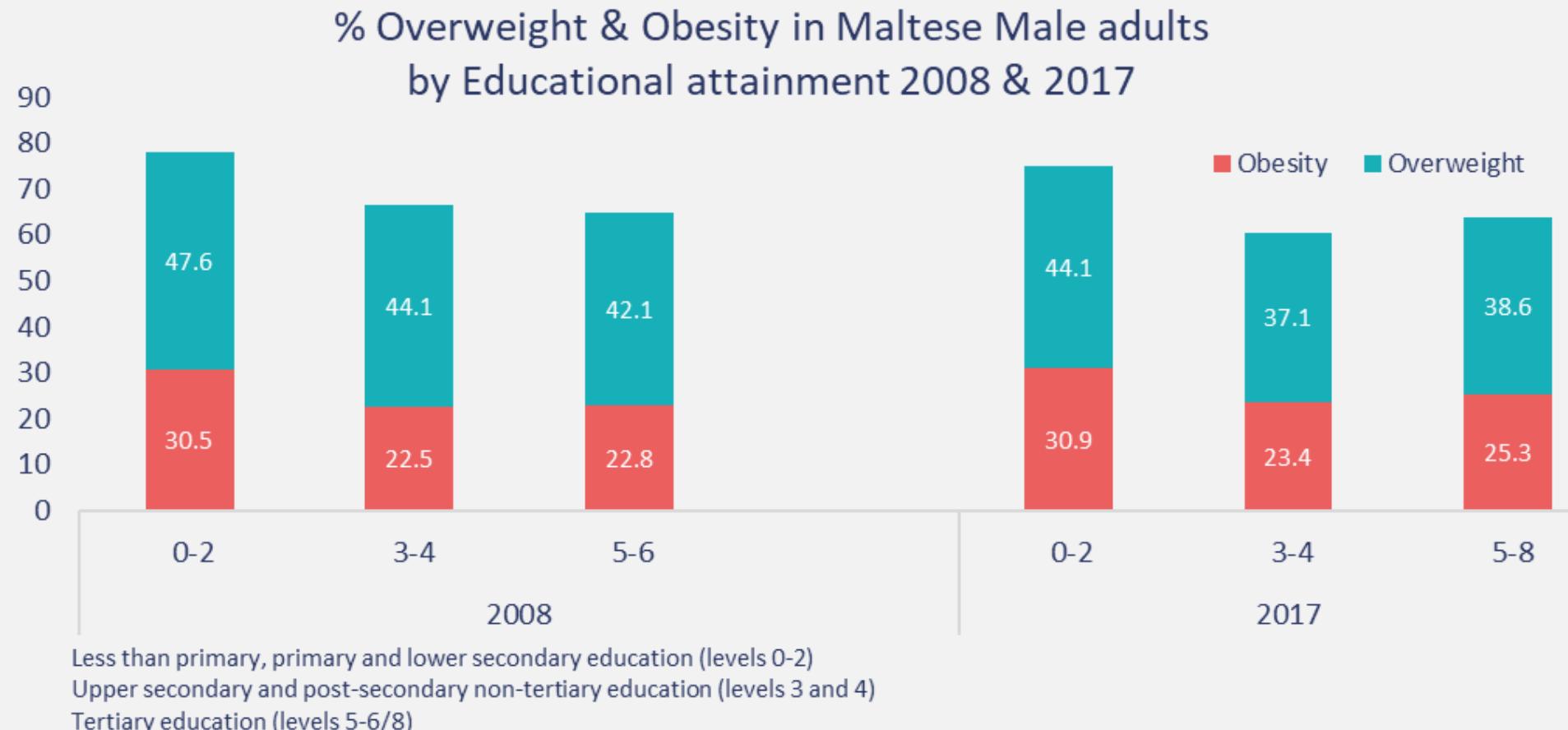


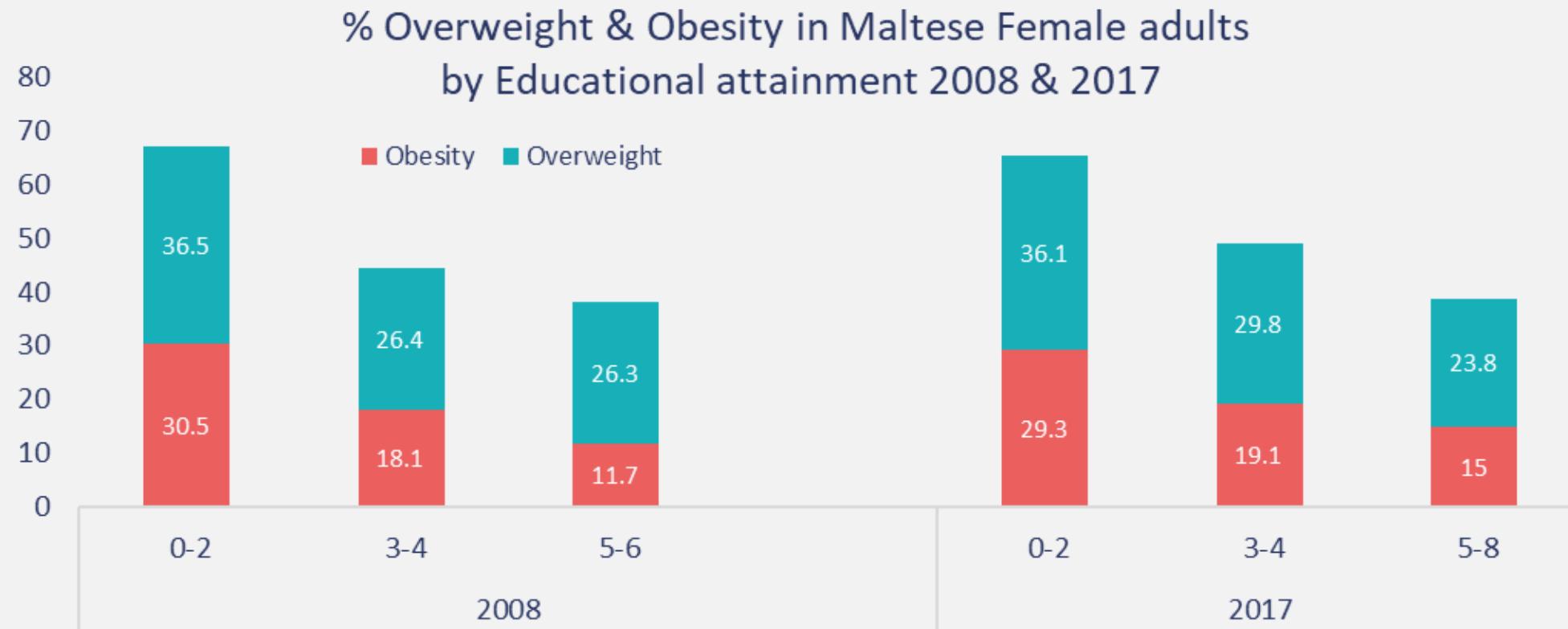
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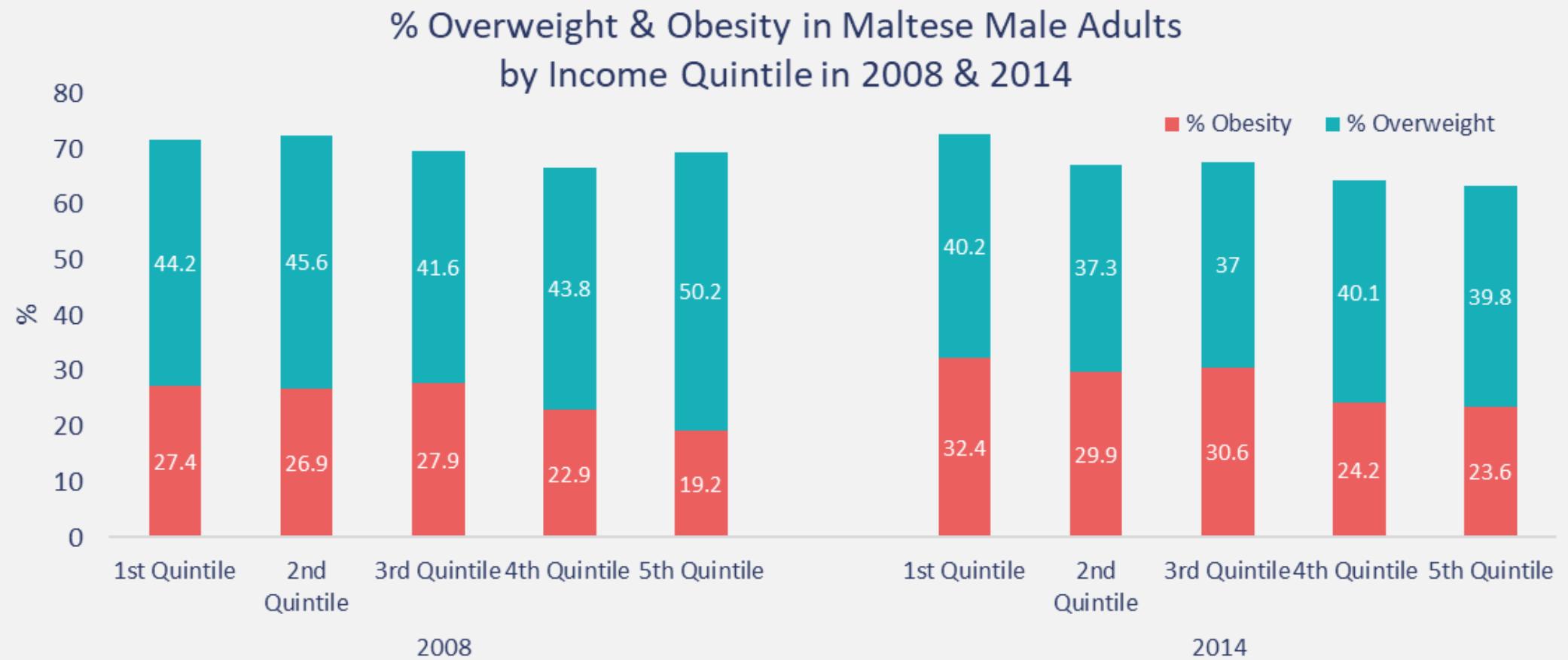
\* The Former Yugoslav Republic Macedonia

Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points





Less than primary, primary and lower secondary education (levels 0-2)  
 Upper secondary and post-secondary non-tertiary education (levels 3 and 4)  
 Tertiary education (levels 5-6/8)

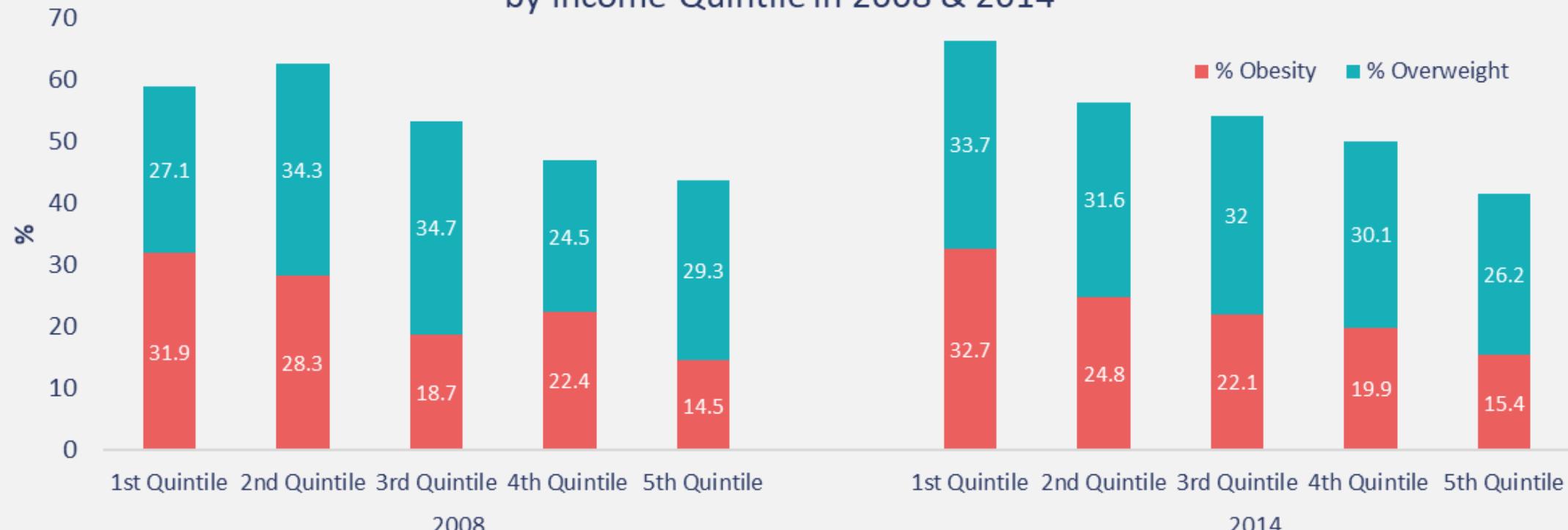


1st Quintile lowest income, 5th Quintile Highest income



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## % Overweight & Obesity in Maltese Female Adults by Income Quintile in 2008 & 2014

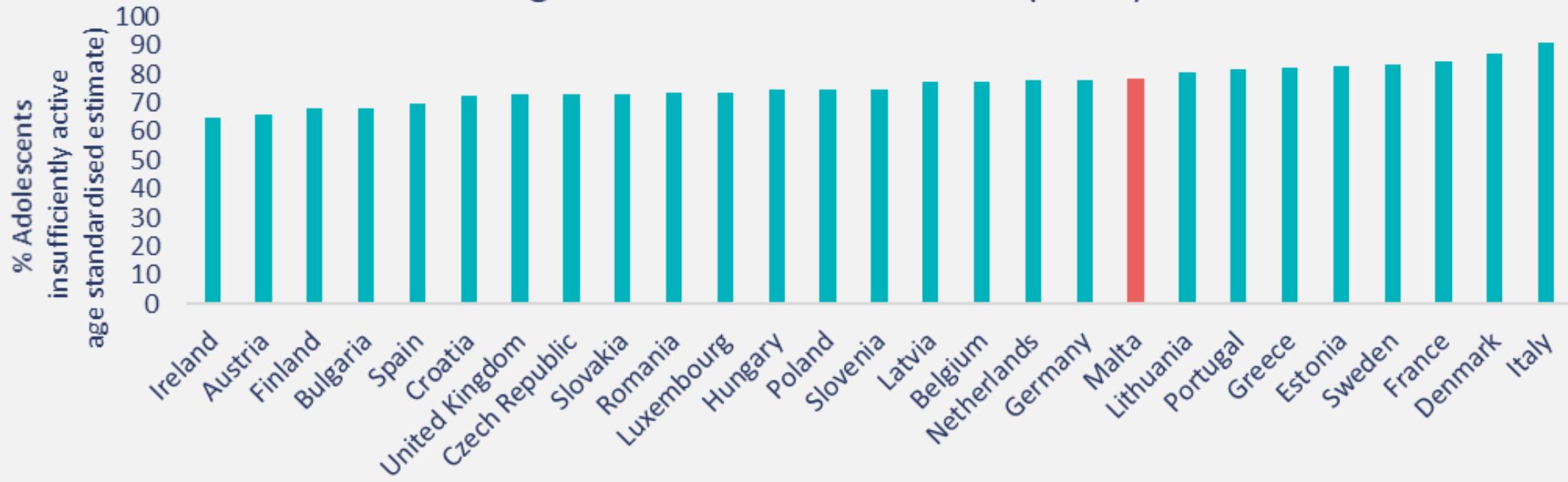


1st Quintile lowest income, 5th Quintile Highest income

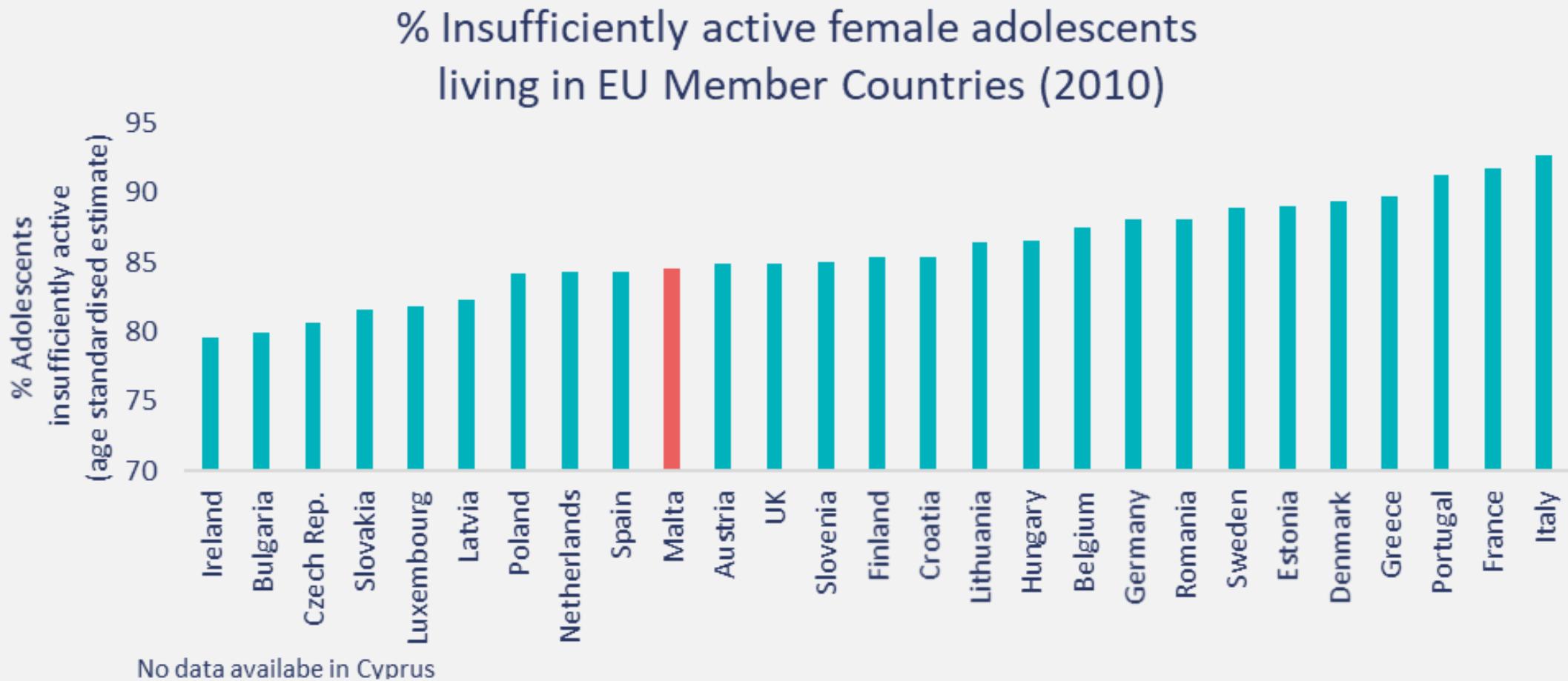


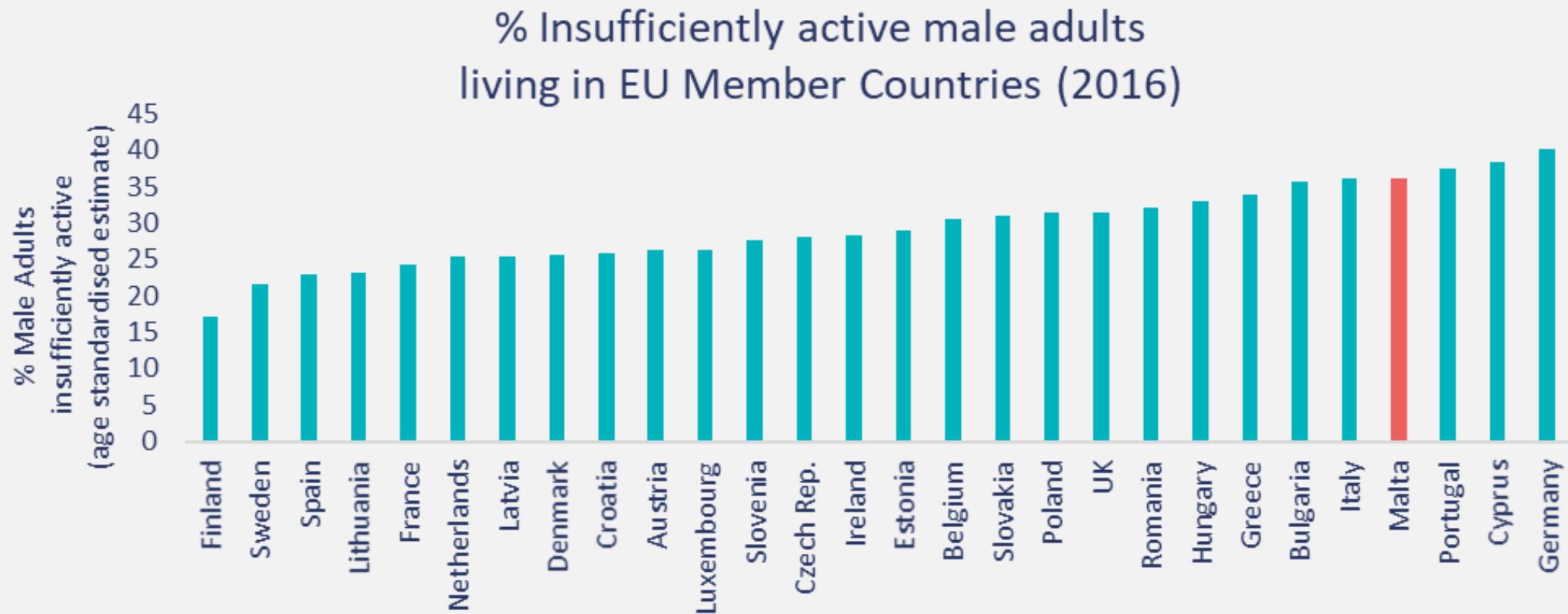
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## % Insufficiently active male adolescents living in EU Member Countries (2010)



No data available in Cyprus



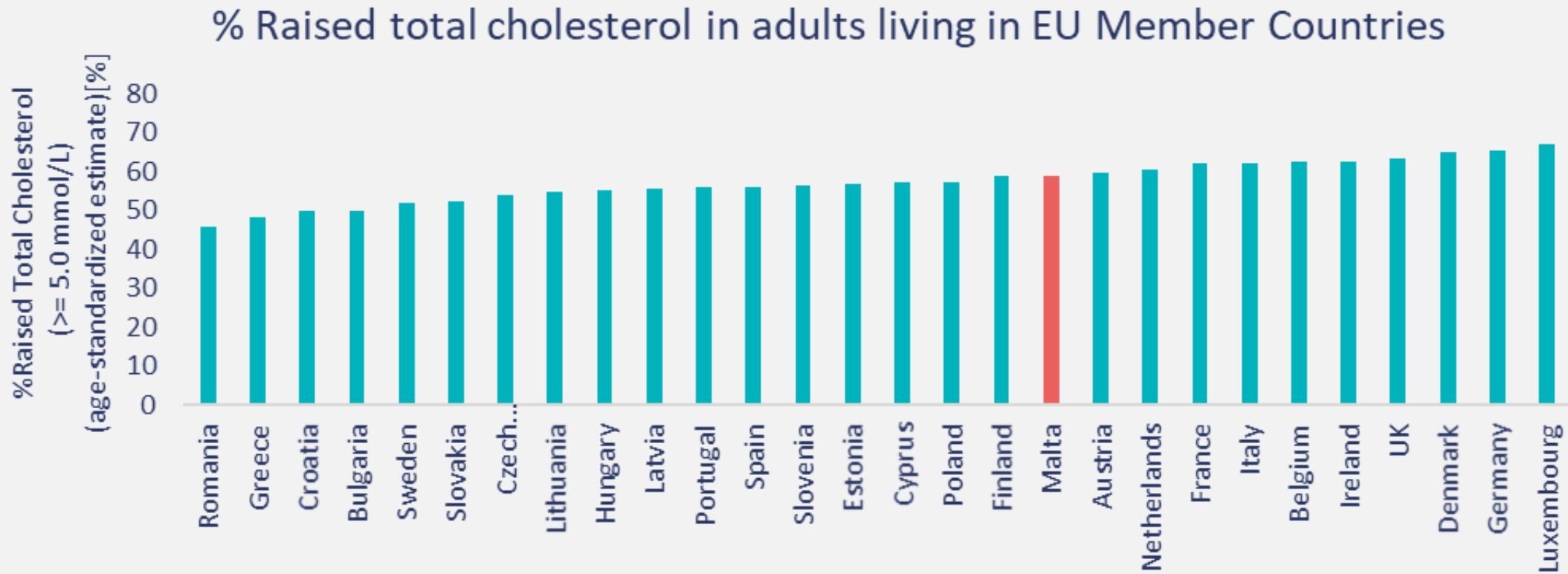


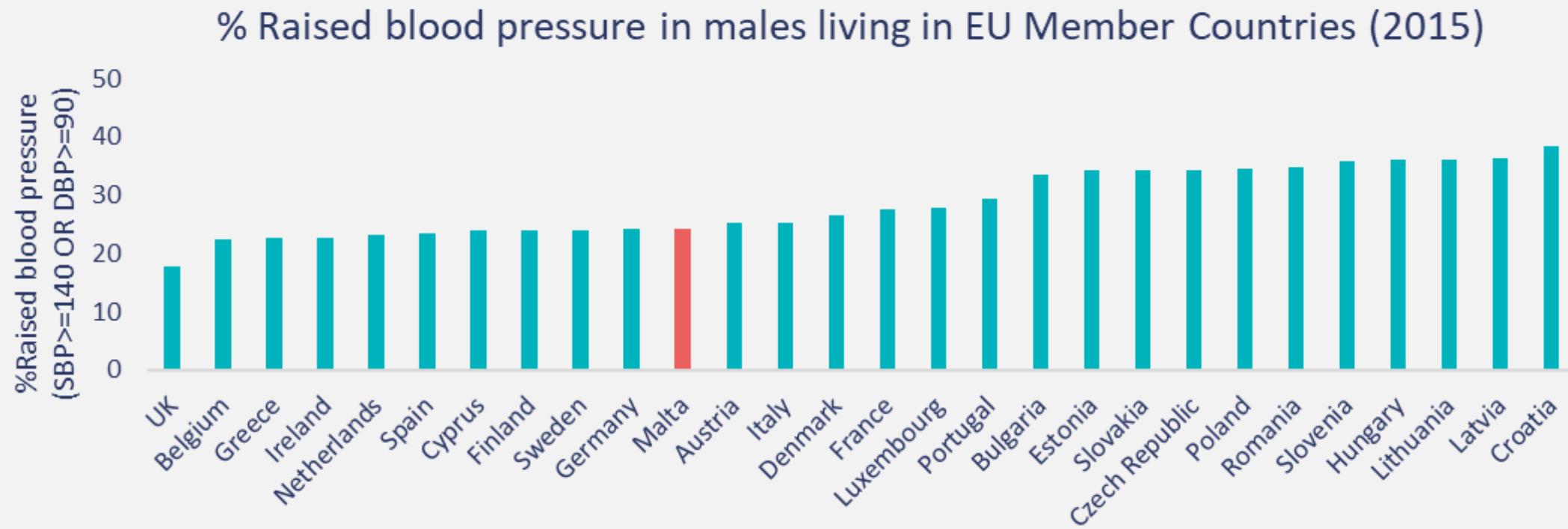
## % Insufficiently active female adults living in EU Member Countries (2016)



## Diabetes age-adjusted comparative prevalence [%] in adults living in EU Member Countries (2017)



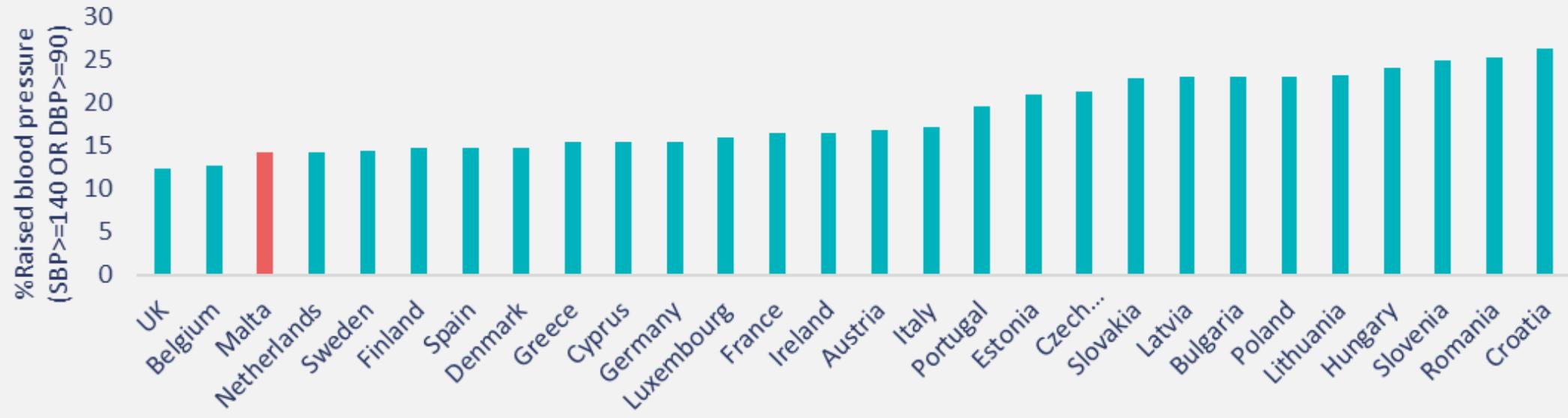


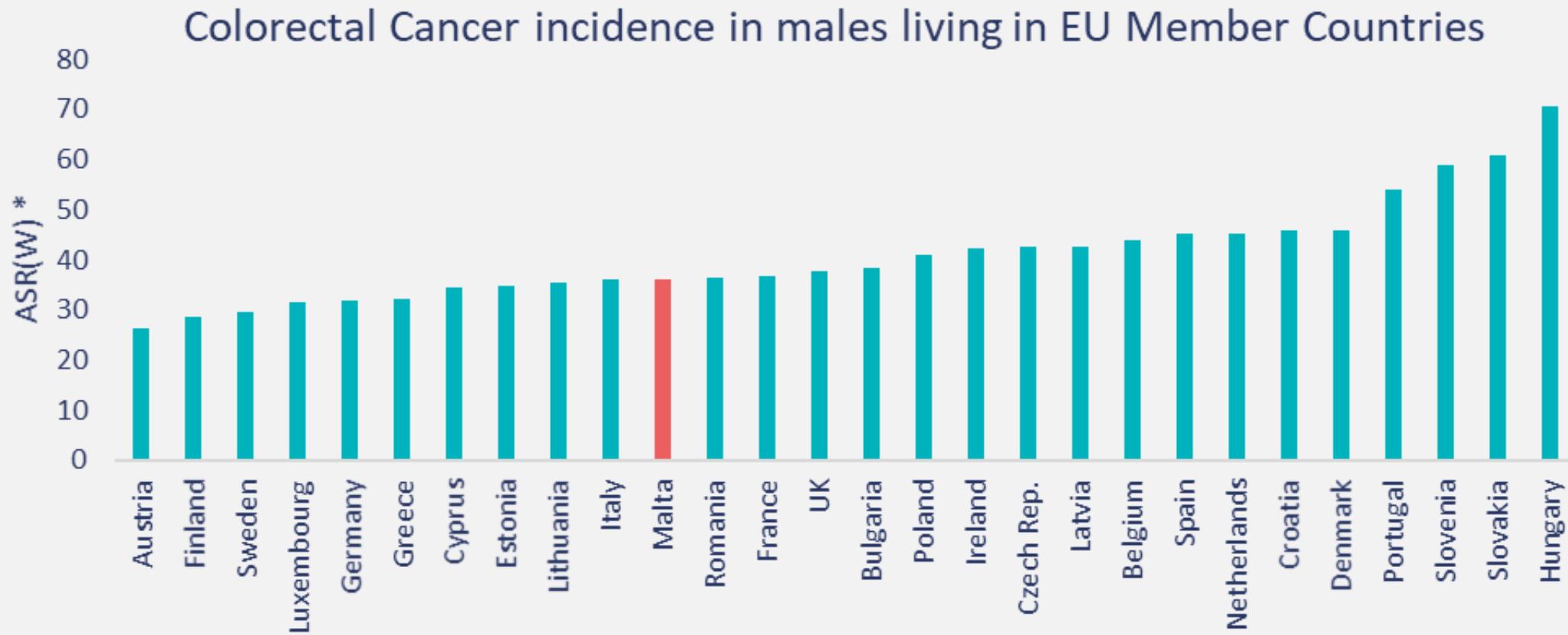




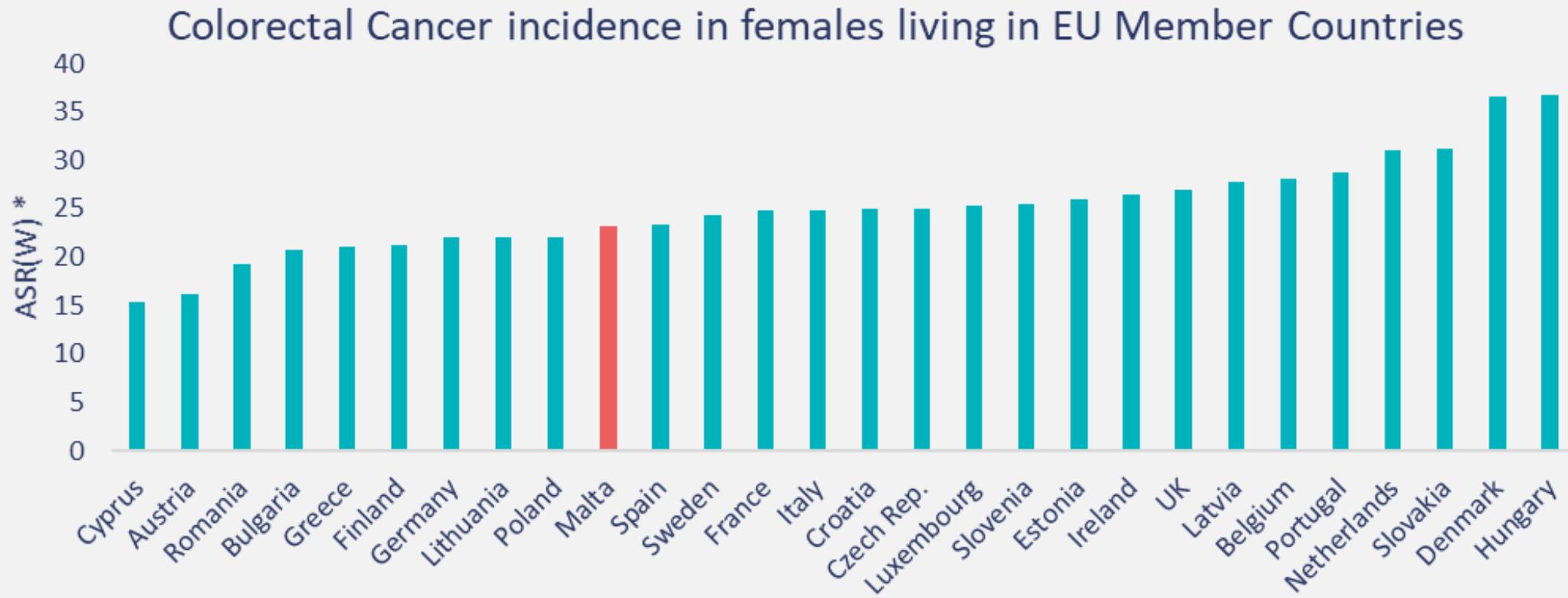
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## % Raised blood pressure in females living in EU Member Countries (2015)

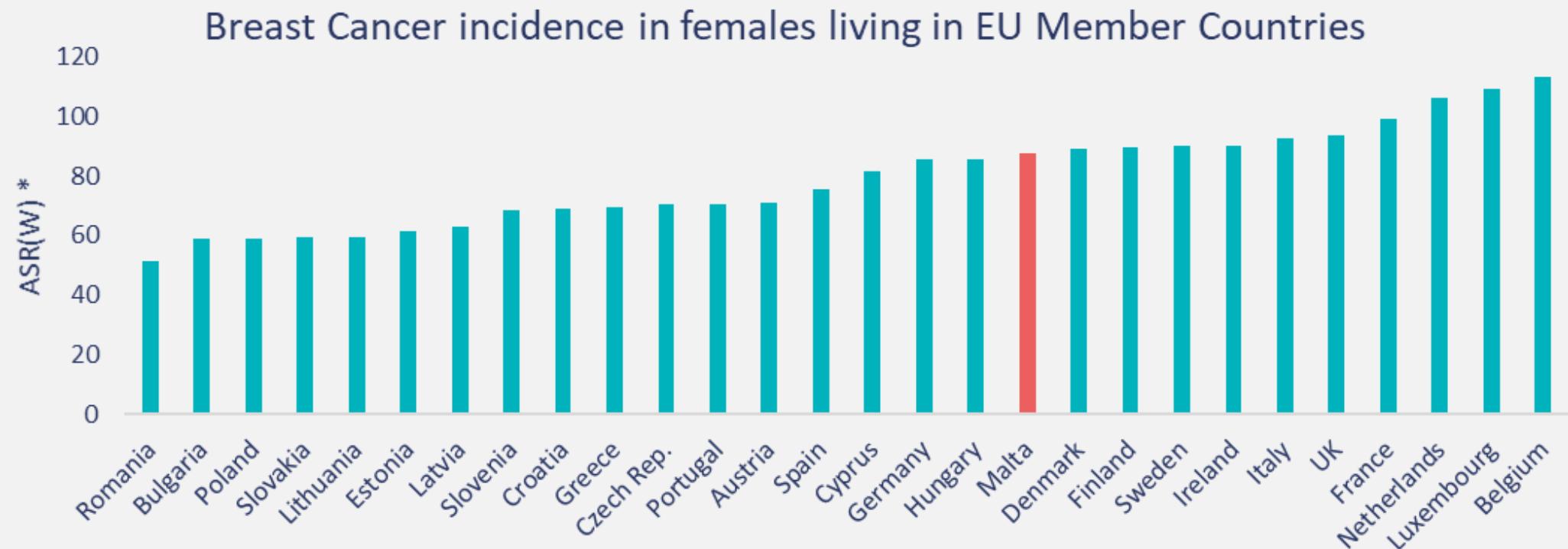




\*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000

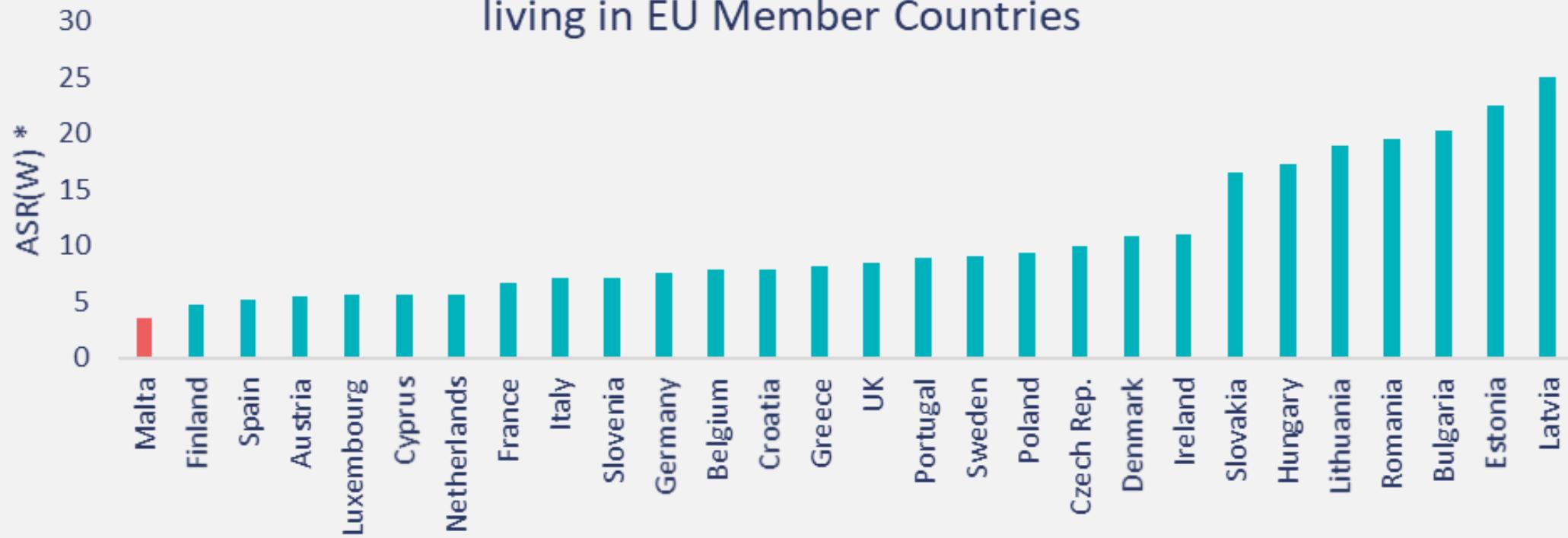


\*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000

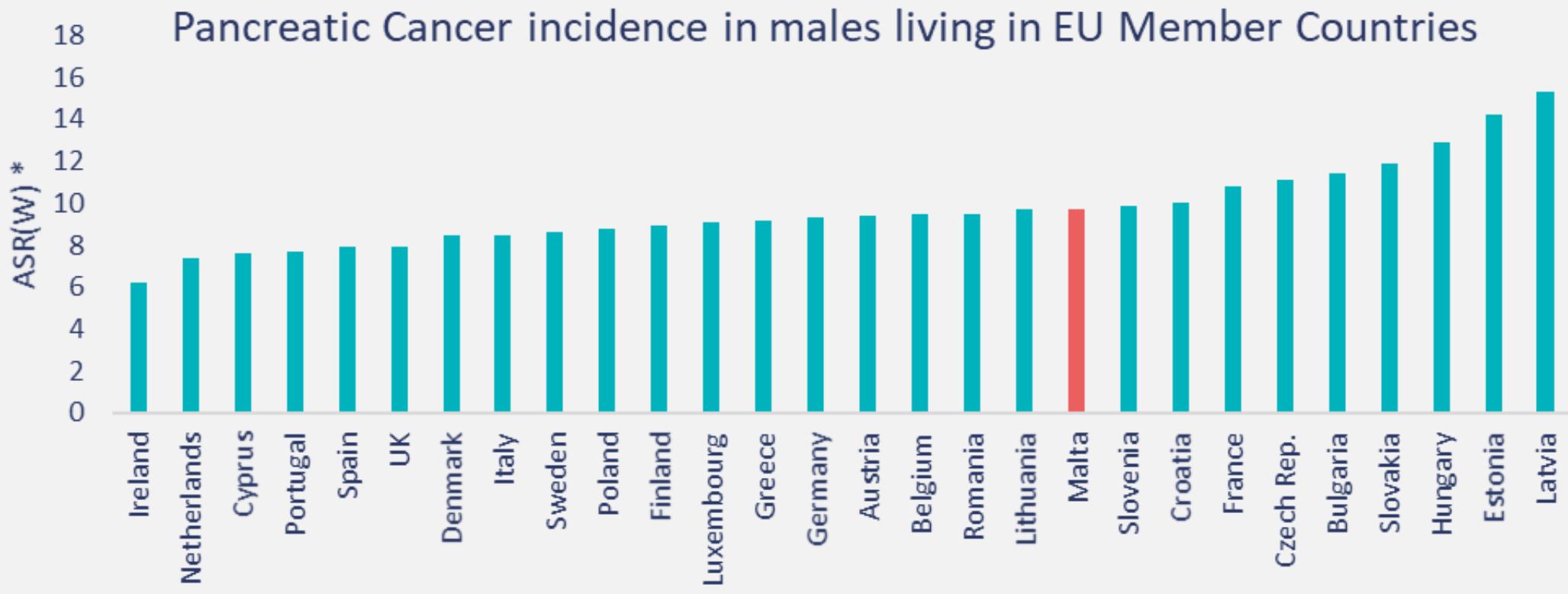


\*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000

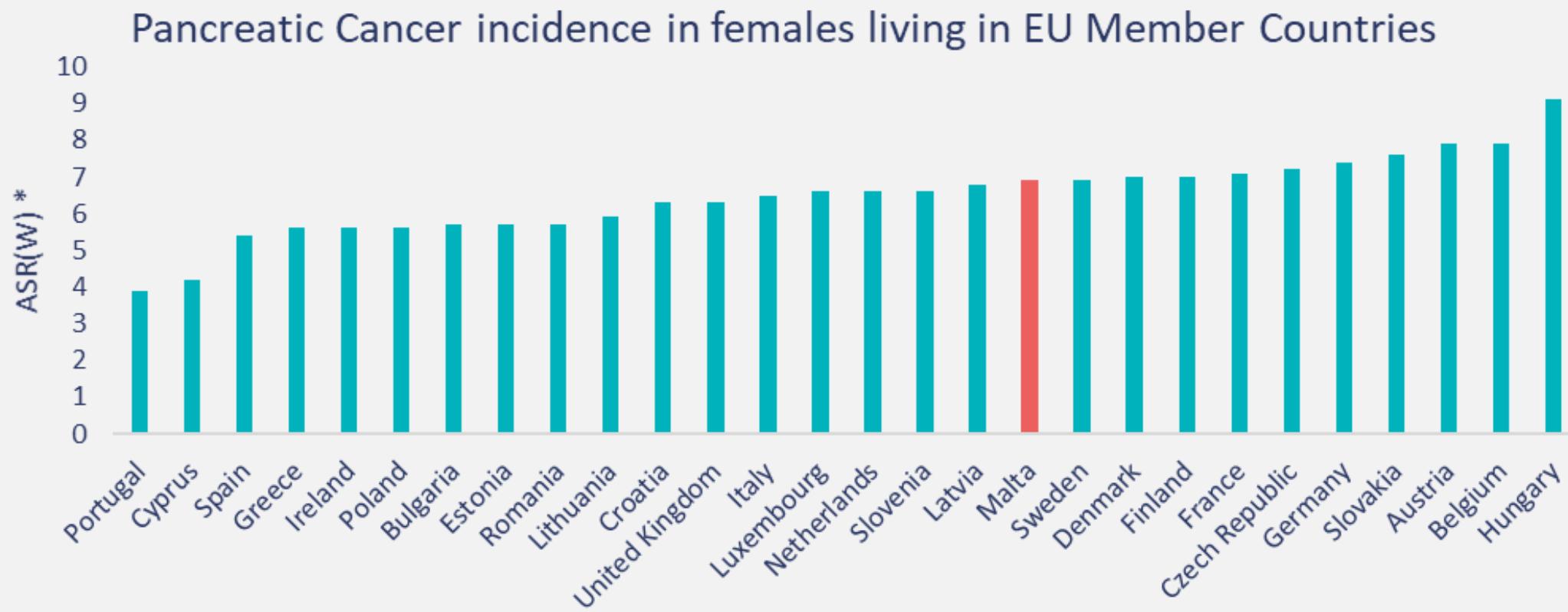
## Cancer of the Cervix Uteri incidence in females living in EU Member Countries



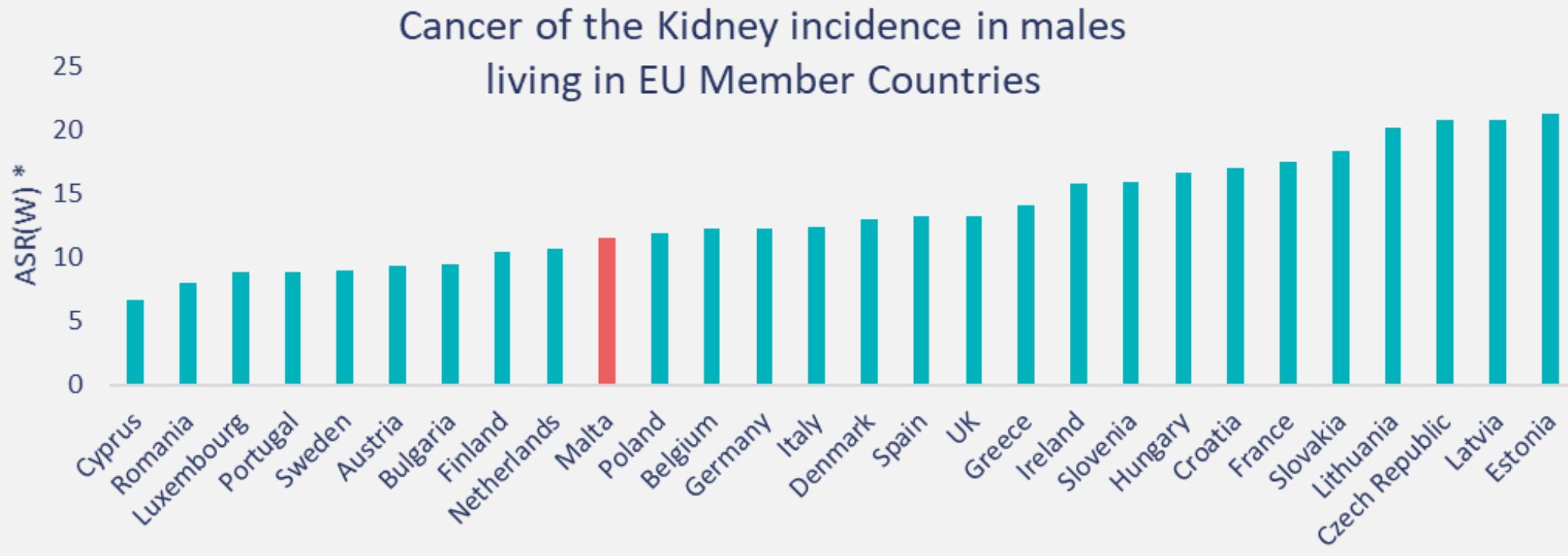
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## Cancer of the Kidney incidence in females living in EU Member Countries



\*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000

## Cancer of the Oesophagus incidence in males living in EU Member Countries



\*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000

## Cancer of the Oesophagus incidence in Females living in EU Member Countries



\*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Actions Map	Select link below to view (right click to open hyperlink)
Obesity Related Policies or Interventions	<a href="#"><u>Adults</u></a>
	<a href="#"><u>Child</u></a>
	<a href="#"><u>Adult &amp; Child</u></a>



Malta

% Overweight & Obesity Maps		(select link below to view)
Current Prevalence		<a href="#">Men</a> <a href="#">Women</a> <a href="#">Boys</a> <a href="#">Girls</a>
By Age		<a href="#">Adult</a> <a href="#">Child</a>
By Region		<a href="#">Adult</a> Child n/a
By Educational Status		<a href="#">Adult</a> Child n/a
By Socio-economic group		<a href="#">Adult</a> Child n/a
Trend NB. To view the time period you are interested in you must choose a time period and click 'Change year' to update the map)		<a href="#">Men</a> <a href="#">Women</a> <a href="#">Boys</a> <a href="#">Girls</a>



Overweight & Obesity %	Data sources available at <a href="http://www.worldobesitydata.org">www.worldobesitydata.org</a>
EUROSTAT data	Eurostat Database: <a href="http://ec.europa.eu/eurostat">http://ec.europa.eu/eurostat</a>
HBSC data	Health Behaviour in School Aged Children (HBSC) <a href="http://www.hbsc.org/">http://www.hbsc.org/</a>
Population Estimates	UN Population Estimates, United Nations, <a href="http://esa.un.org/unpd/wpp/">http://esa.un.org/unpd/wpp/</a>
Diabetes estimates 2017	Reproduced with kind permission of IDF, International Diabetes Federation. IDF Diabetes Atlas, 8th edition. Brussels, Belgium: International Diabetes Federation, 2017. <a href="http://www.diabetesatlas.org">http://www.diabetesatlas.org</a>
Worldwide GINI Index	Worldwide GINI Index, <a href="https://data.worldbank.org/indicator/SI.POV.GINI?locations=AT">https://data.worldbank.org/indicator/SI.POV.GINI?locations=AT</a> (last accessed 11th November 2018)
Physical Inactivity estimates in adults	Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1·9 million participants. Lancet Global Health. Vol 6 (10) PE1077-E1086, OCTOBER 01, 2018. <a href="https://www.thelancet.com/journals/langlo/article/PIIS2214-109X(18)30357-7/fulltext">https://www.thelancet.com/journals/langlo/article/PIIS2214-109X(18)30357-7/fulltext</a> . (This is an Open Access article published under the CC BY 3.0 IGO license which permits unrestricted use, distribution, and reproduction in any medium, WHO does not endorse any specific organisation, products or services.)
Physical Inactivity estimates in children	Global Health Observatory data repository, World Health Organisation, <a href="http://apps.who.int/gho/data/node.main.A893?lang=en">http://apps.who.int/gho/data/node.main.A893?lang=en</a>
Raised Fasting Glucose	Global Health Observatory data repository, World Health Organisation, <a href="http://apps.who.int/gho/data/node.main.A869?lang=en">http://apps.who.int/gho/data/node.main.A869?lang=en</a>
Raised BP	Global Health Observatory data repository, World Health Organisation, <a href="http://apps.who.int/gho/data/node.main.A875?lang=en">http://apps.who.int/gho/data/node.main.A875?lang=en</a>
Raised cholesterol	Global Health Observatory data repository, World Health Organisation, <a href="http://apps.who.int/gho/data/node.main.A884?lang=en">http://apps.who.int/gho/data/node.main.A884?lang=en</a>
Cancer incidence rates	Global Cancer Observatory, Cancer incidence rates <a href="http://gco.iarc.fr/">http://gco.iarc.fr/</a> (last accessed 28 <sup>th</sup> October 2018)
Euromonitor	All consumption/sales information are derived from Euromonitor International, Fresh Food, 2016 Edition.



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