



# WORLD OBESITY

## Lithuania

Extended Country Report 2019

## Extended Country Profile Graphics

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### Lithuania

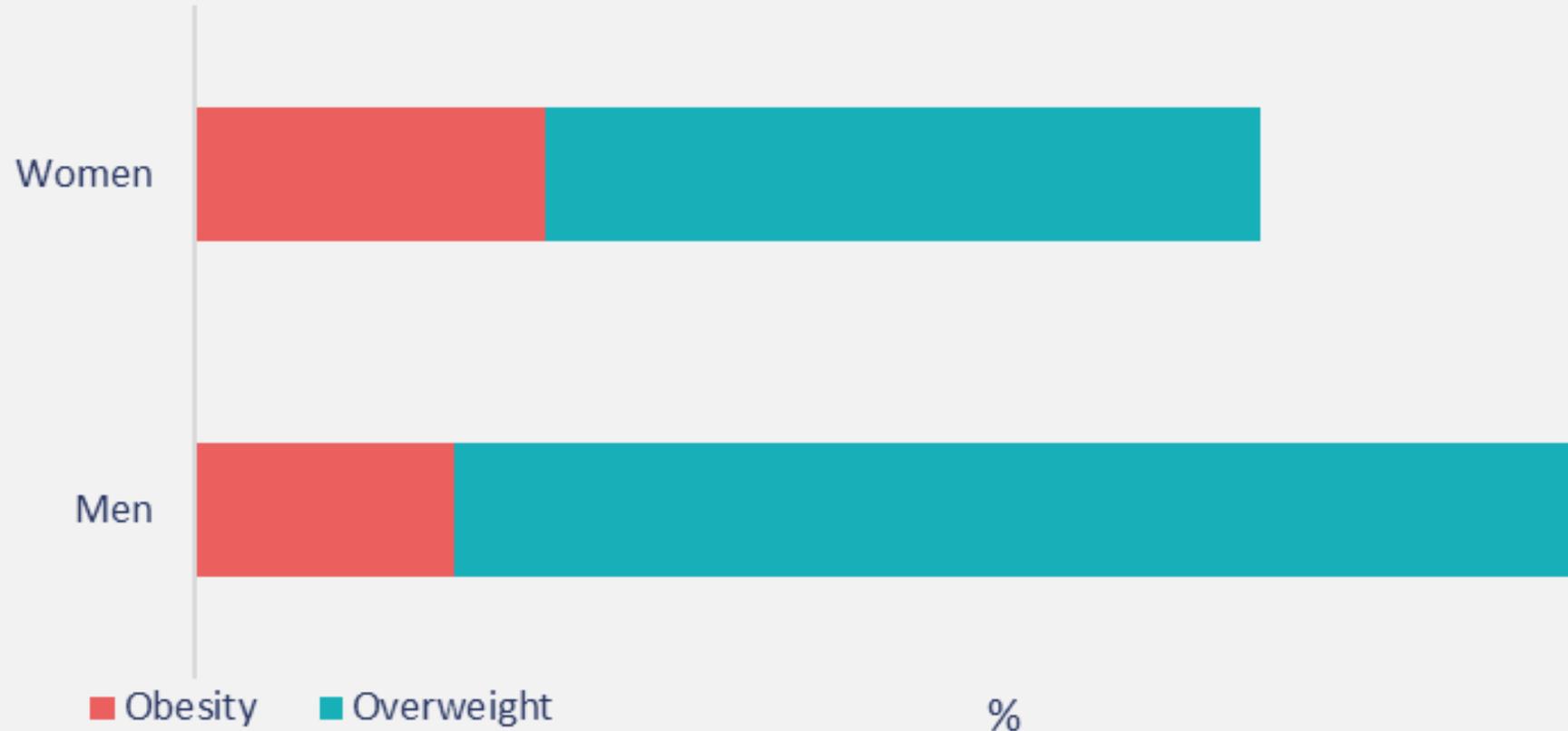
POPULATION:  
2,878,405  
(2015)

GINI INDEX:  
37.4  
(2015)

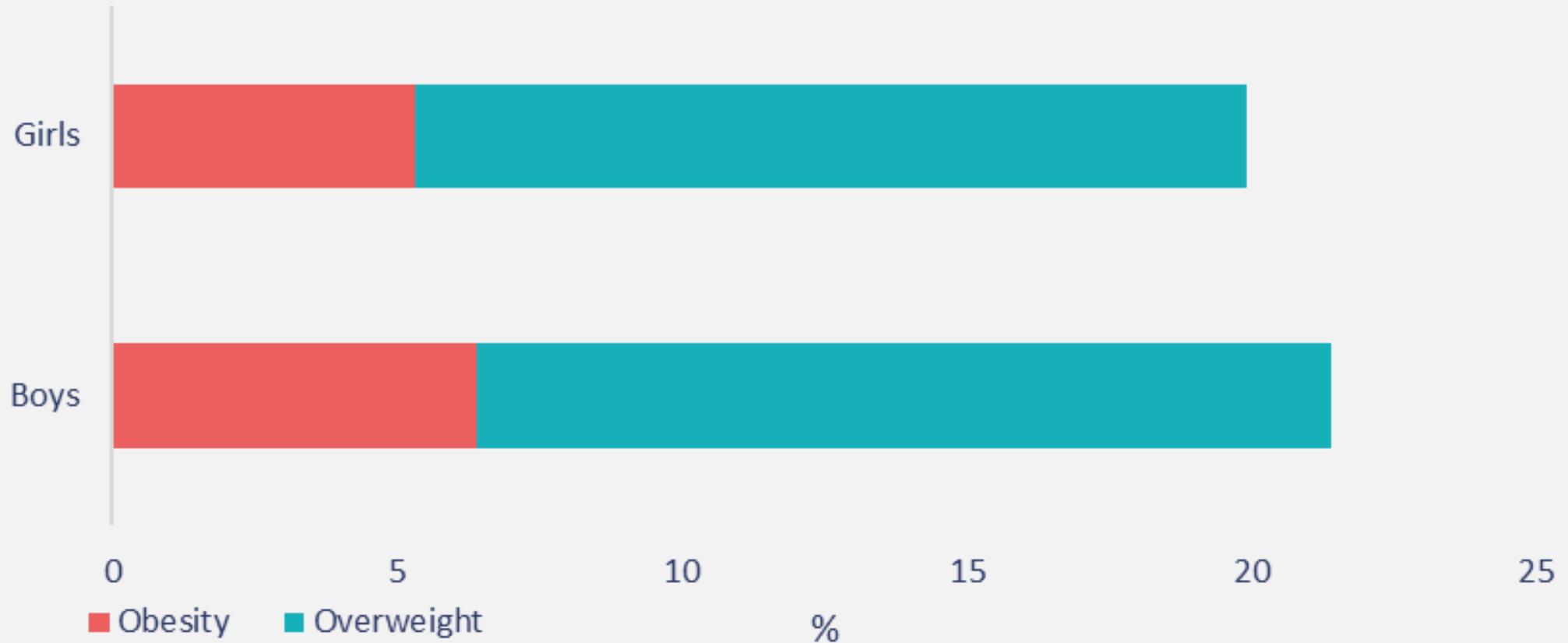


Lithuania

## % Overweight & Obesity in Adults in Lithuania (2007)



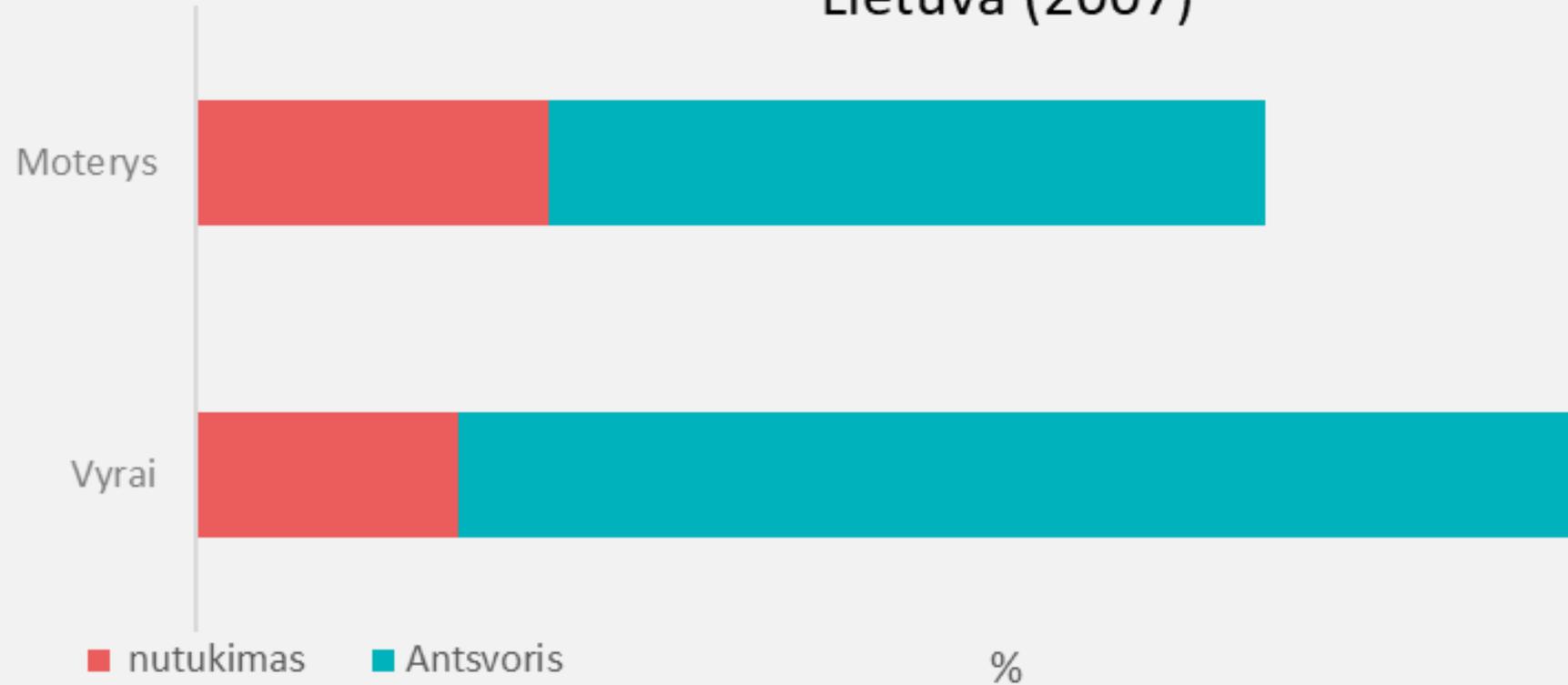
## % Overweight & Obesity in children in Lithuania (2016)





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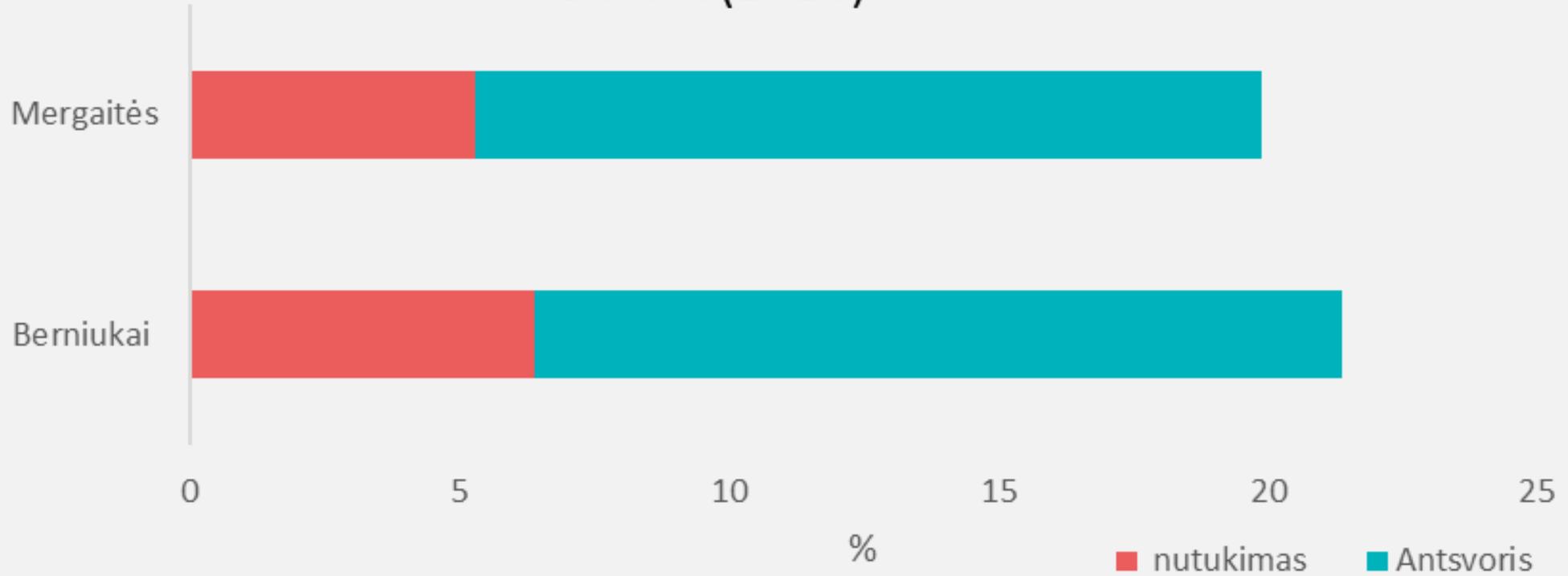
## Antsvoris / nutukimas % – suaugusiųjų, gyvenančių Lietuva (2007)





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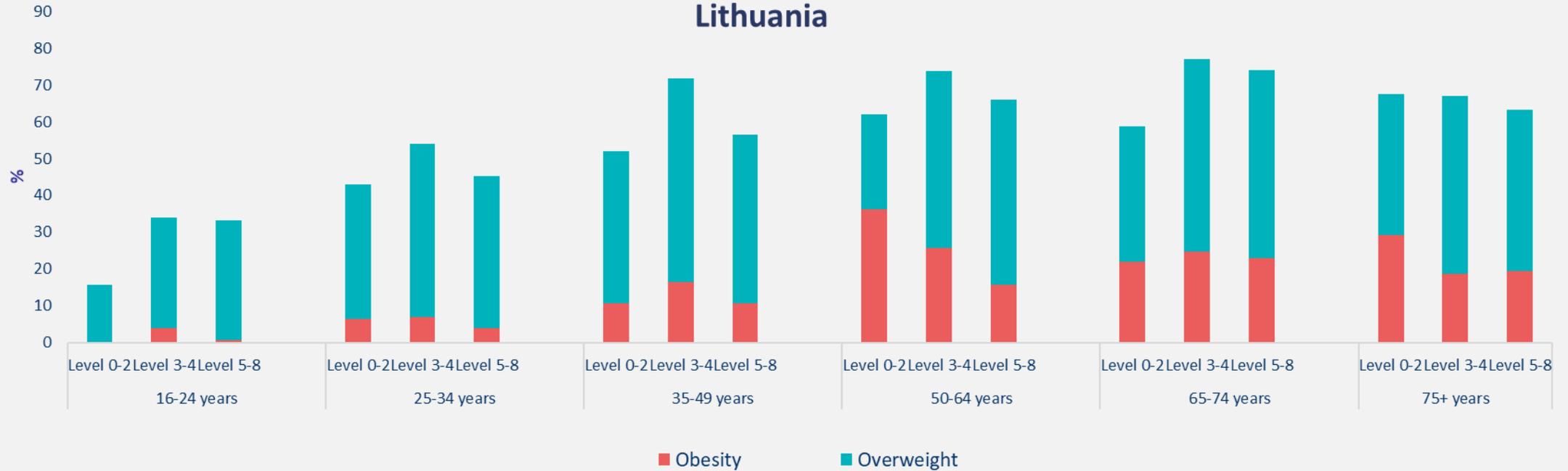
## Antsvoris / nutukimas % – vaikų , gyvenančių Lietuva(2016)





## % Overweight/Obesity in males by age and education attainment 2017

### Lithuania

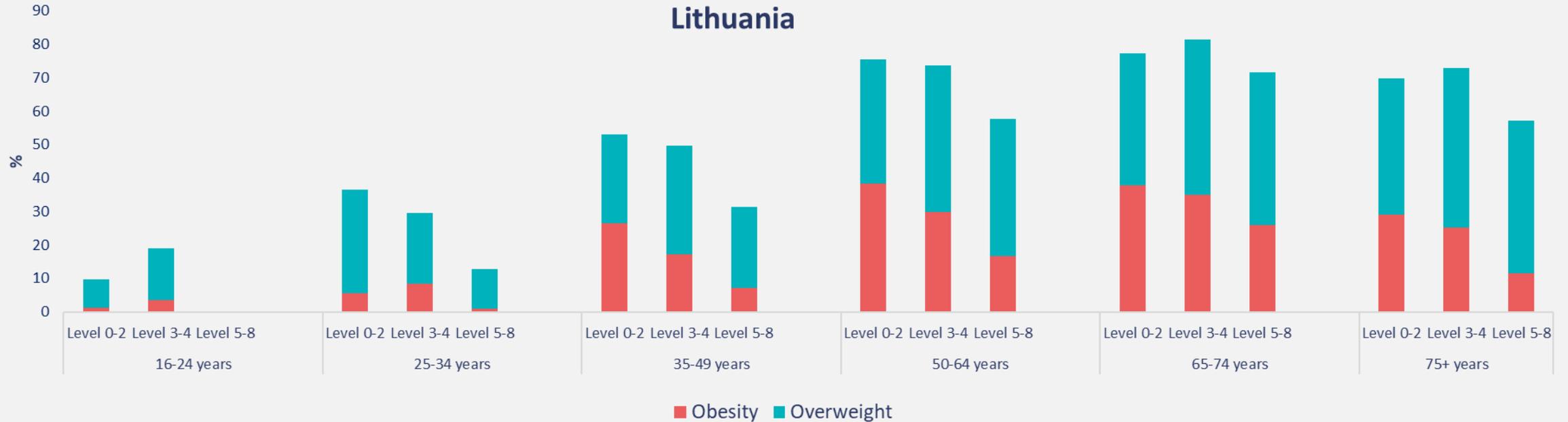


Less than primary, primary and lower secondary education (levels 0-2)  
Upper secondary and post-secondary non-tertiary education (levels 3 and 4)  
Tertiary education (levels 5-8)



## % Overweight/Obesity in females by age and education attainment 2017

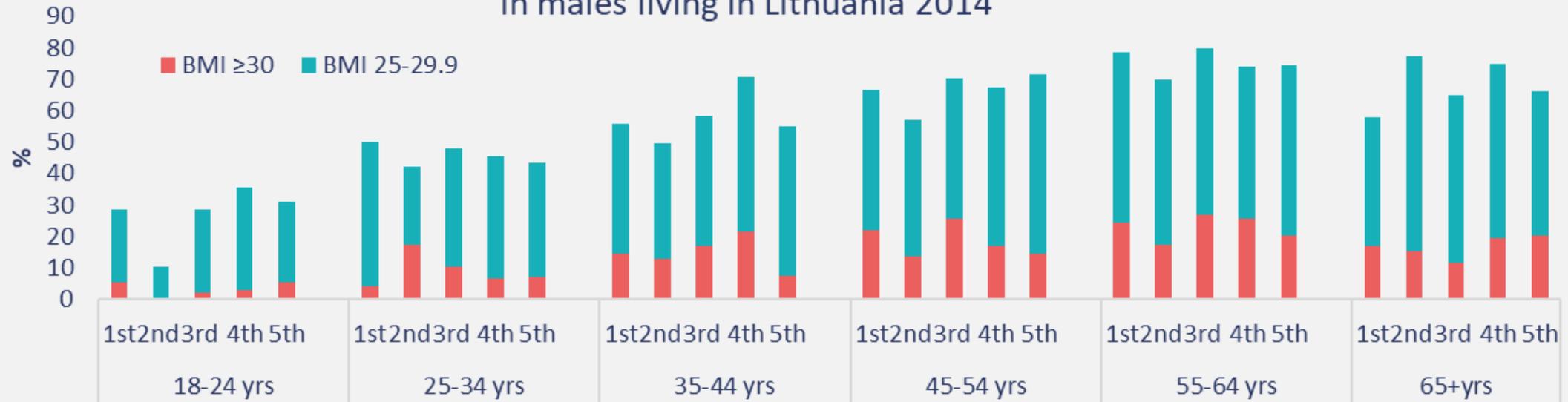
### Lithuania



Less than primary, primary and lower secondary education (levels 0-2)  
Upper secondary and post-secondary non-tertiary education (levels 3 and 4)  
Tertiary education (levels 5-8)



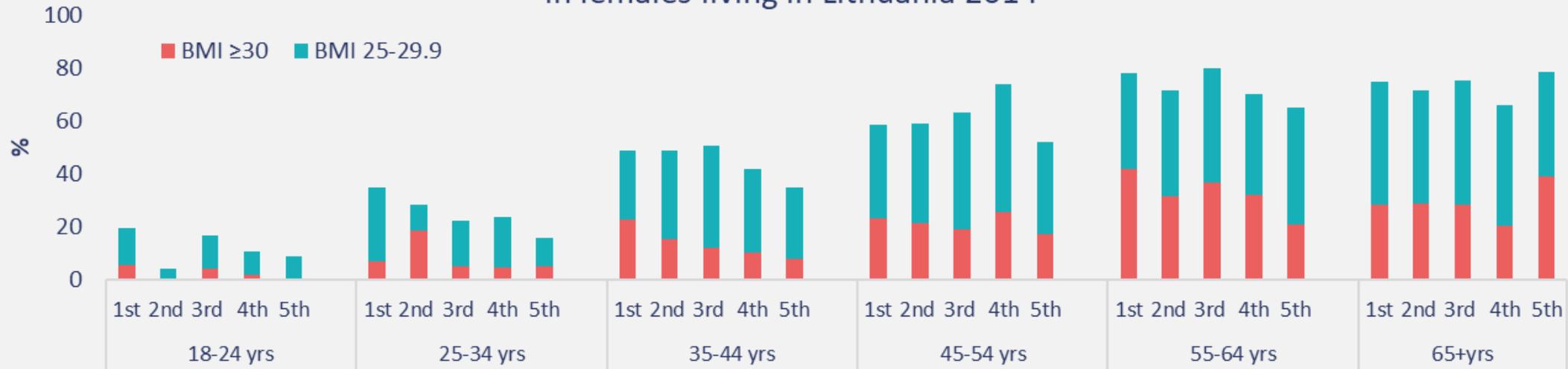
### % Overweight & Obesity by age & income quintile in males living in Lithuania 2014



1st Quintile (lowest income), 5th Quintile (highest income)



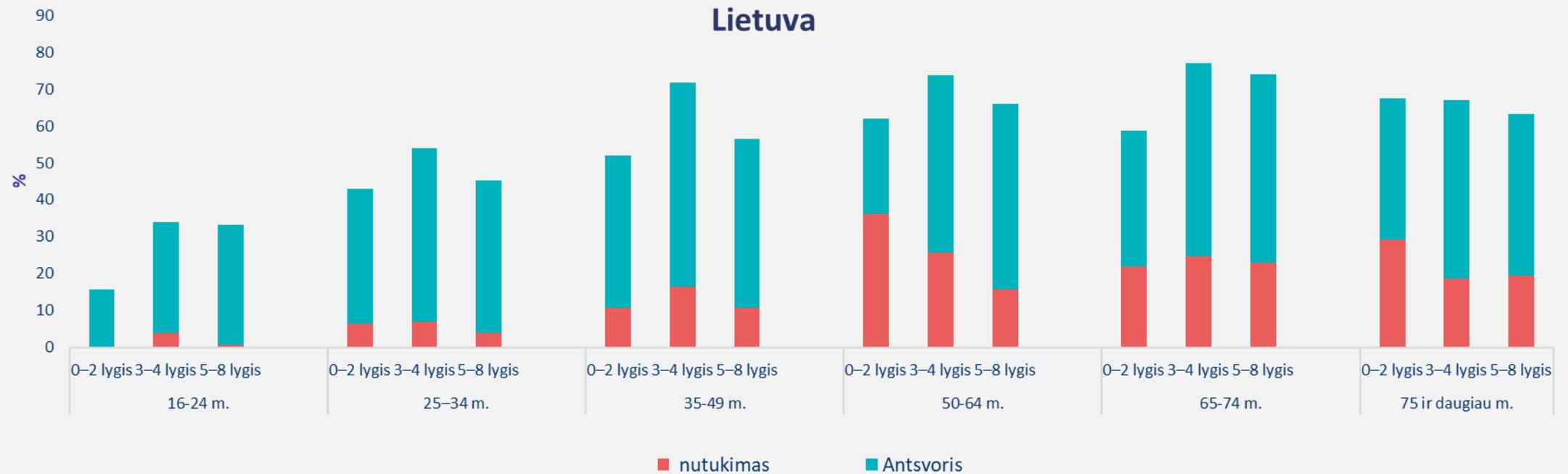
### % Overweight & Obesity by age and income quintile in females living in Lithuania 2014



1st Quintile (lowest income), 5th Quintile (highest income)



## % Su antsvoriu / nutukę vyrai pagal amžių ir išsilavinimo lygį 2017



Žemesnis nei pradinis, pradinis ir pagrindinis išsilavinimas (0-2 lygiai)

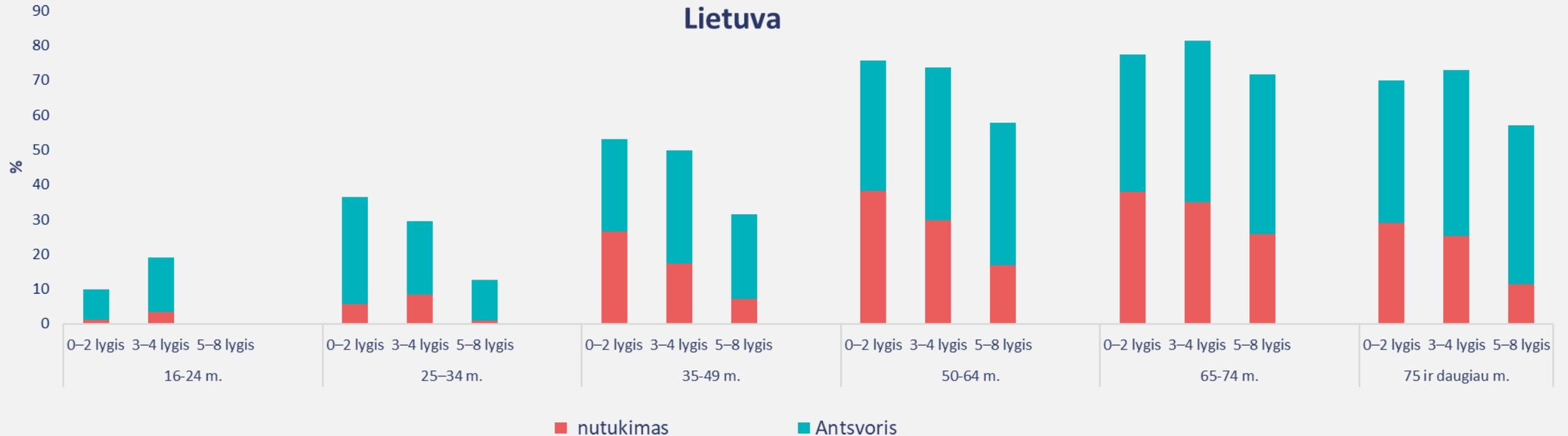
Aukštesniosios pakopos vidurinis ir po vidurinio mokslo įgytas netretinis išsilavinimas (3 ir 4 lygiai)

Tretinis išsilavinimas (5-8 lygiai)



## % Su antsvoriu / nutukusios moterys pagal amžių ir išsilavinimo lygį 2017

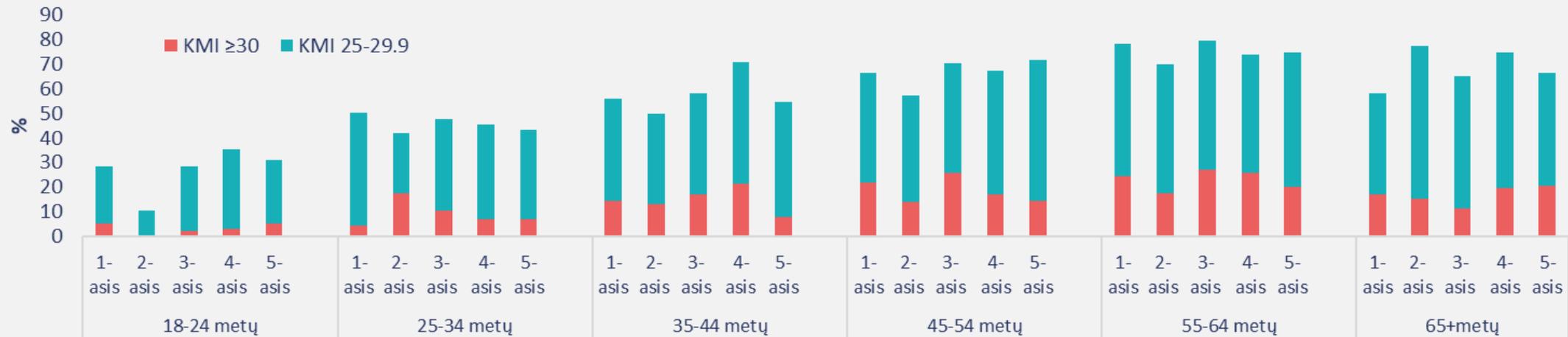
### Lietuva



Žemesnis nei pradinis, pradinis ir pagrindinis išsilavinimas (0-2 lygiai)  
 Aukštesniosios pakopos vidurinis ir po vidurinio mokslo įgytas netretinis išsilavinimas (3 ir 4 lygiai)  
 Tretinis išsilavinimas (5-8 lygiai)



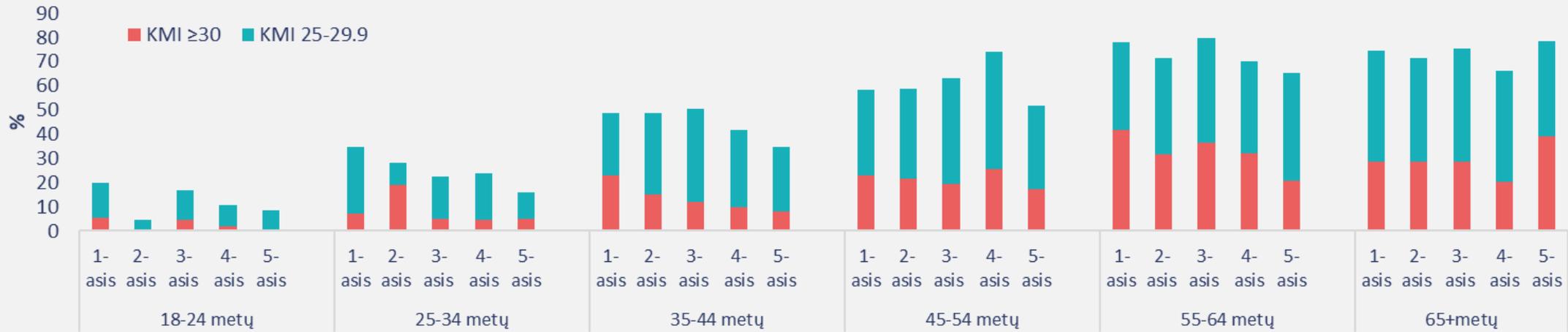
### Viršsvorio ir nutukimo % pagal amžiaus ir pajamų kvantilį tarp vyrų, gyvenančių Lietuvoje, 2014



1-asis kvantilis (mažiausios pajamos), 5-asis kvantilis (didžiausios pajamos)

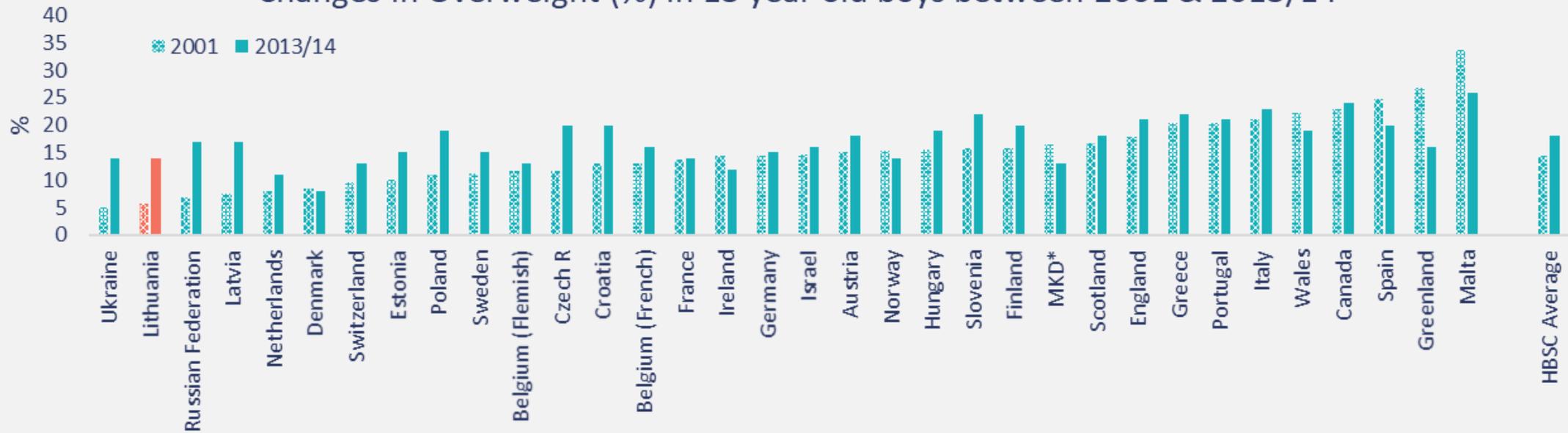


### Viršsvorio ir nutukimo % pagal amžiaus ir pajamų kvantilį tarp moterų, gyvenančių Lietuvoje, 2014



1-asis kvantilis (mažiausios pajamos), 5-asis kvantilis (didžiausios pajamos)

### Changes in Overweight (%) in 13 year old boys between 2001 & 2013/14



\* The Former Yugoslav Republic Macedonia

Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points

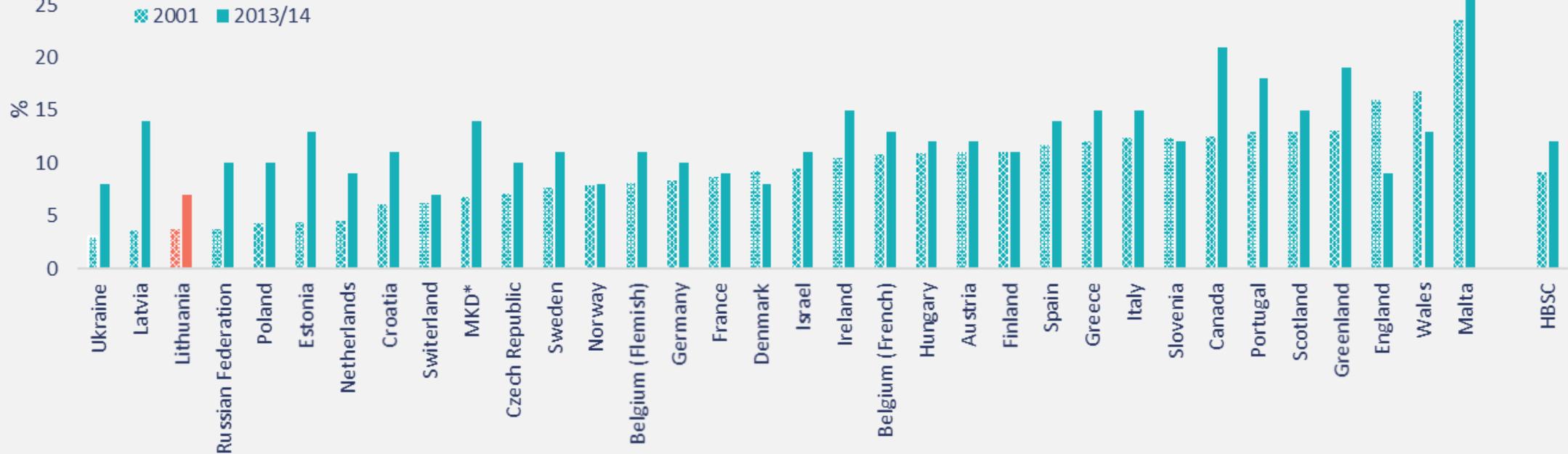
### Changes in prevalence of Overweight (%) in 15 year old boys between 2001 & 2013/14



\* The Former Yugoslav Republic Macedonia

Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points

### Changes in Overweight (%) in 13 year old girls between 2001 & 2013/14



\* The Former Yugoslav Republic Macedonia

Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points

### Changes in prevalence of Overweight (%) in 15 year old girls between 2001 & 2013/14



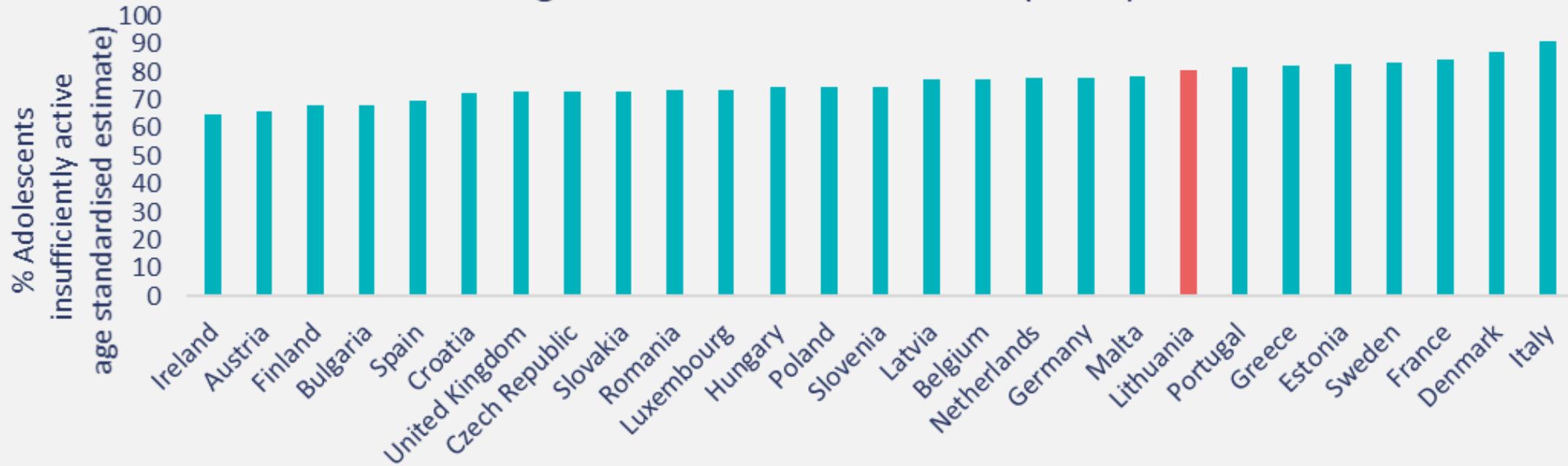
Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points

\* The Former Yugoslav Republic Macedonia



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## % Insufficiently active male adolescents living in EU Member Countries (2010)



No data available in Cyprus



Lithuania

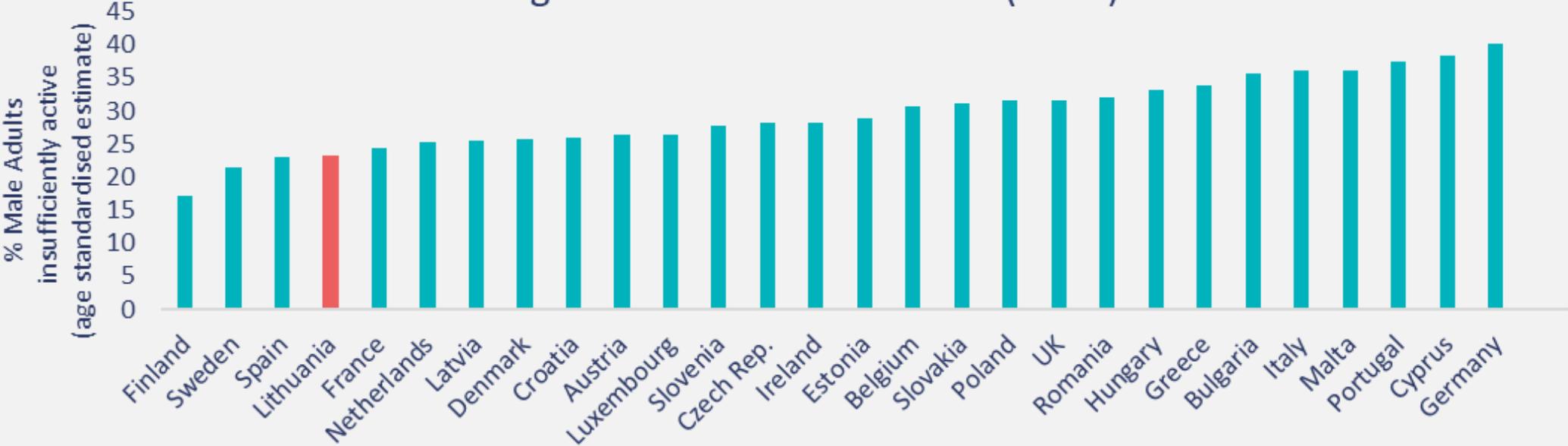
## % Insufficiently active female adolescents living in EU Member Countries (2010)



No data available in Cyprus



### % Insufficiently active male adults living in EU Member Countries (2016)





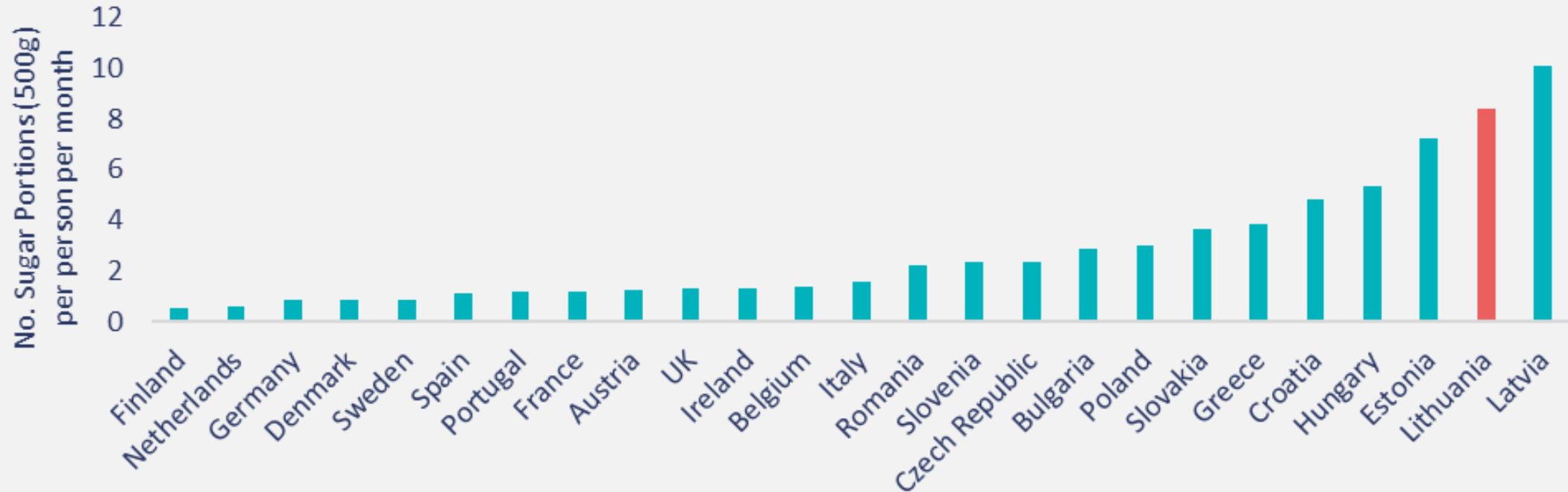
### % Insufficiently active female adults living in EU Member Countries (2016)





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## Sugar Consumption/Sales for individuals living in EU Member Countries



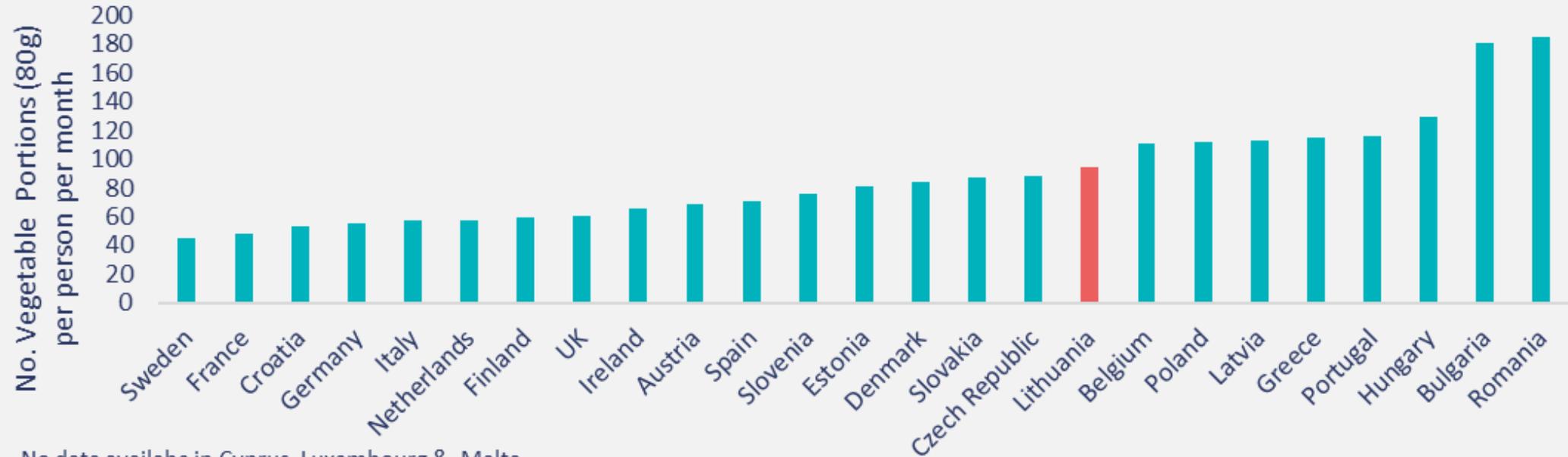
No data available in Cyprus, Luxembourg & Malta

Sugar Consumption/Sales for individuals living in EU Member Countries. Derived from:

Euromonitor International, Nutrition 2016 edition



## Vegetable Consumption/Sales for individuals living in EU Member Countries



No data available in Cyprus, Luxembourg & Malta

Vegetable Consumption/Sales for individuals living in EU Member Countries

Derived from: Euromonitor International, Fresh Food, 2016 edition



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## Confectionery Consumption/Sales for individuals living in EU Member Countries



No data available in Cyprus, Luxembourg & Malta

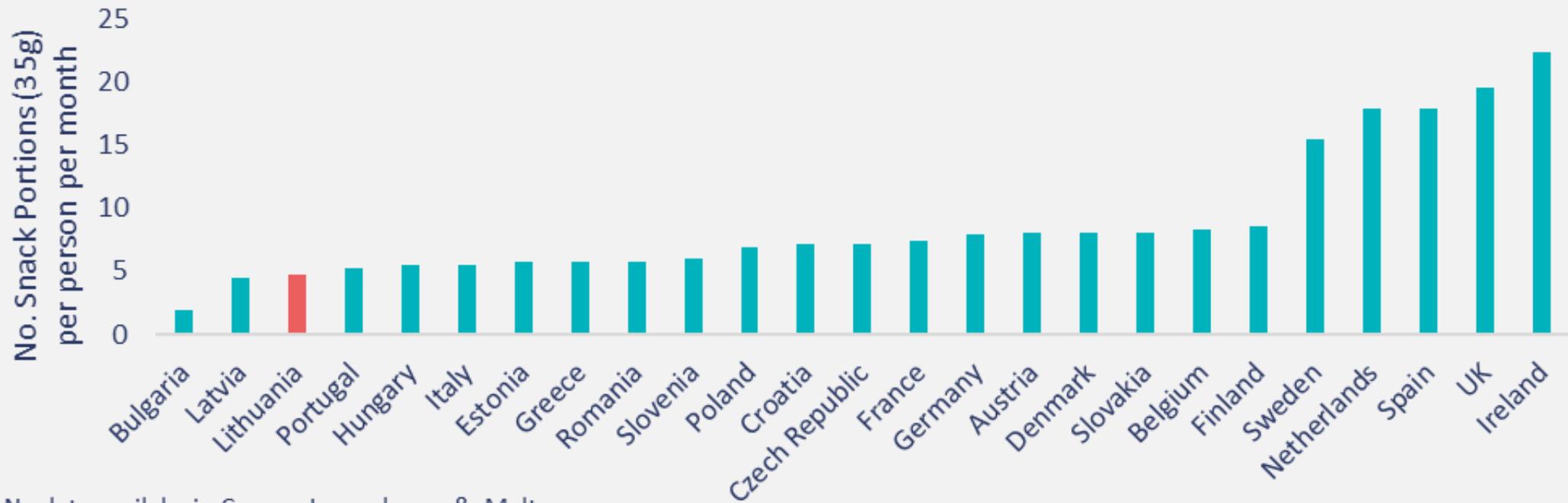
Confectionery Consumption/Sales for individuals living in EU Member Countries

Derived from: Euromonitor International, Packaged Food, 2016 edition



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## Sweet & Savoury Snack Consumption/Sales for individuals living in EU Member Countries



No data available in Cyprus, Luxembourg & Malta

Sweet and Savoury Snacks Consumption/Sales for individuals living in EU Member Countries

Derived from: Euromonitor International, Packaged Food, 2016 edition



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## Fruit Consumption/Sales for individuals living in EU Member Countries



No data available in Cyprus, Luxembourg & Malta  
Fruit Consumption/Sales for individuals living in EU Member Countries  
Derived from: Euromonitor International, Fresh Food, 2016 edition



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### Soft Drink Consumption/Sales for individuals living in EU Member Countries



No data available in Cyprus, Luxembourg & Malta  
 Soft Drink Consumption/Sales for individuals living in EU Member Countries  
 Derived from: Euromonitor International, Soft Drinks, 2016 edition



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## Diabetes age-adjusted comparative prevalence [%] in adults living in EU Member Countries (2017)





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## % Raised total cholesterol in adults living in EU Member Countries





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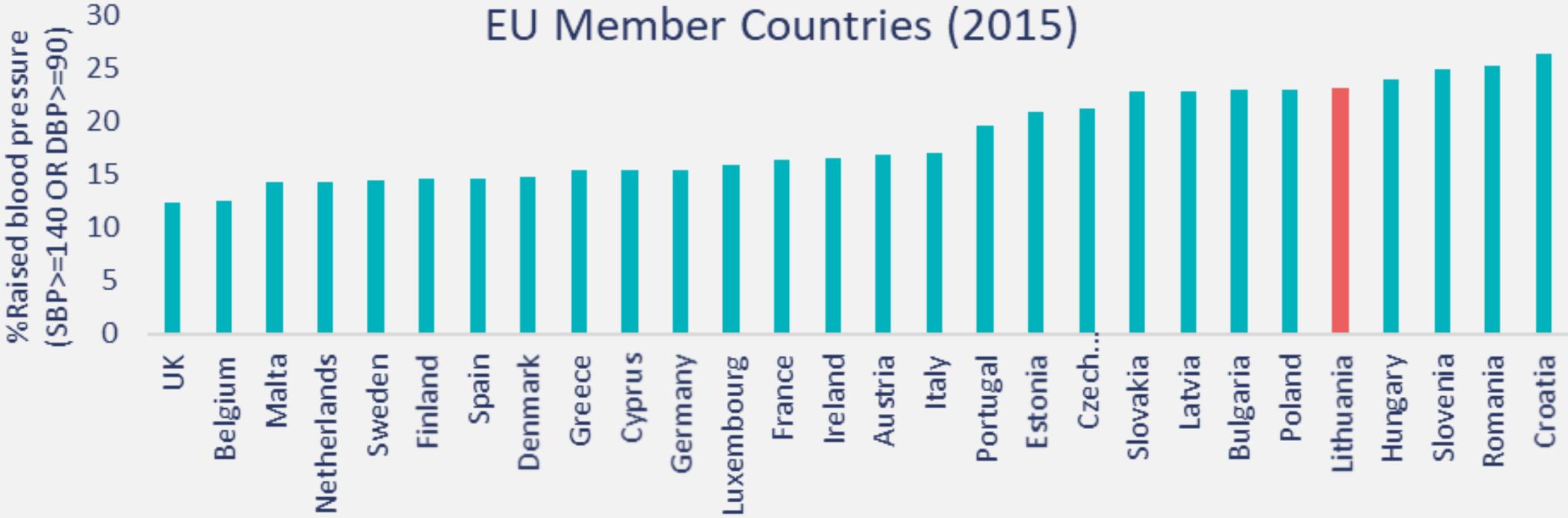
## % Raised blood pressure in males living in EU Member Countries (2015)





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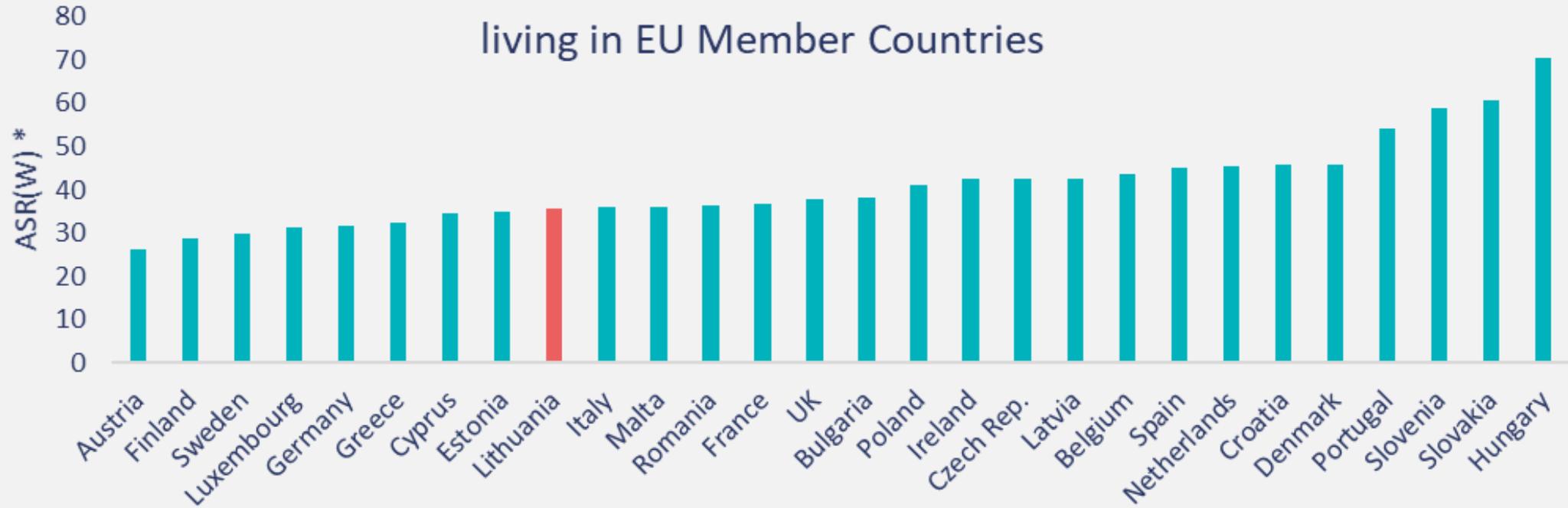
### % Raised blood pressure in females living in EU Member Countries (2015)





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### Colorectal Cancer incidence in males living in EU Member Countries

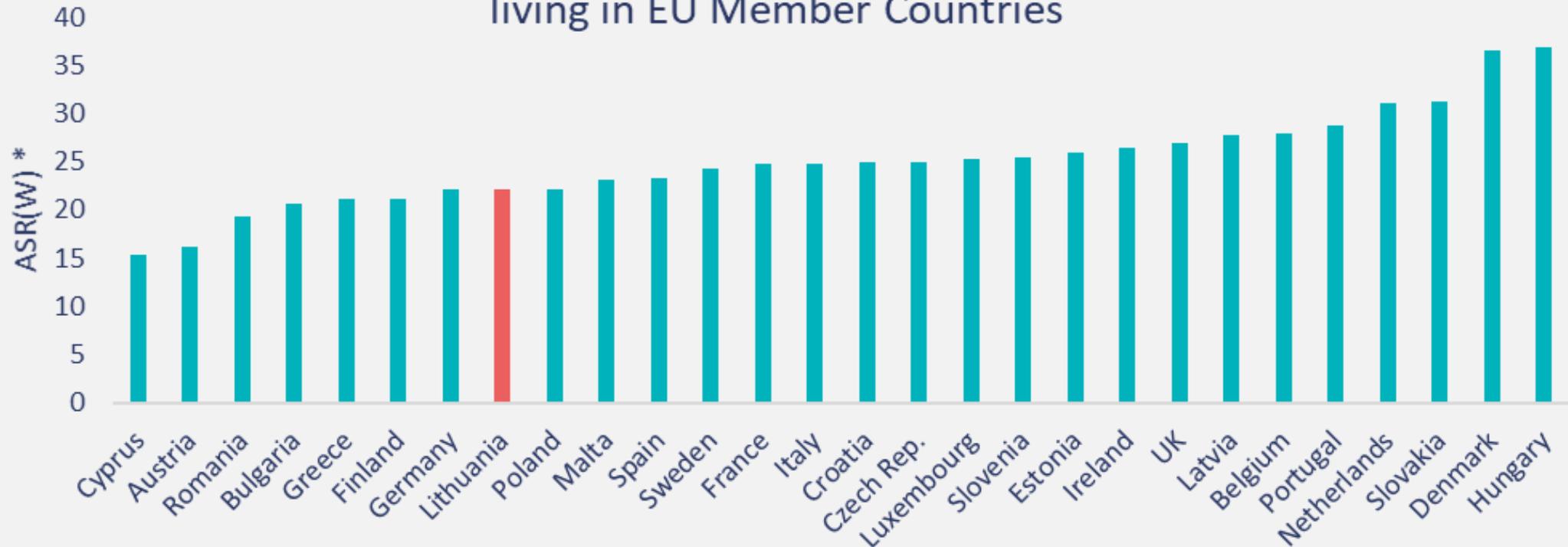


\*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



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## Colorectal Cancer incidence in females living in EU Member Countries

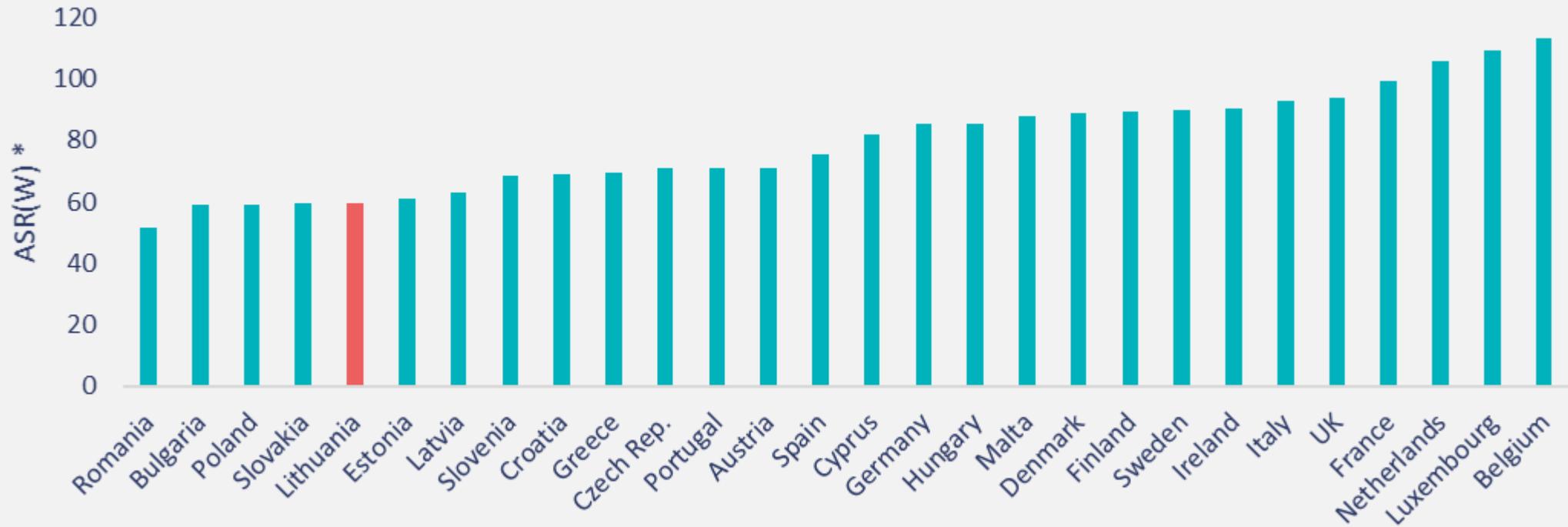


\*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



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## Breast Cancer incidence in females living in EU Member Countries

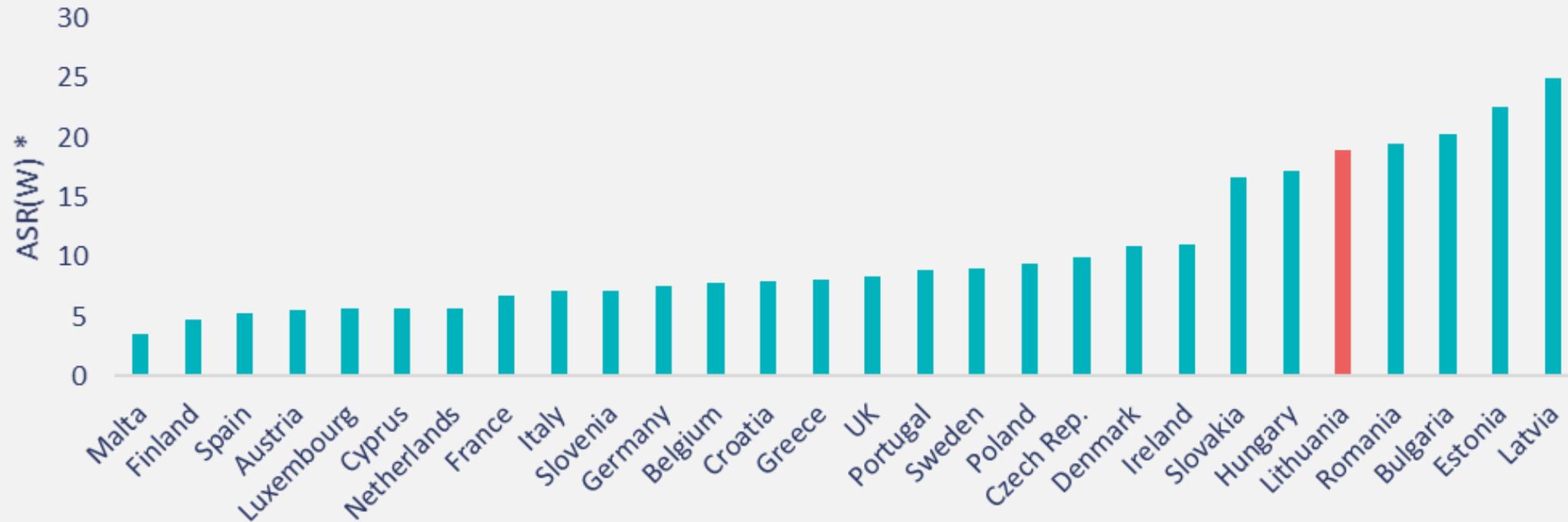


\*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



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## Cancer of the Cervix Uteri incidence in females living in EU Member Countries

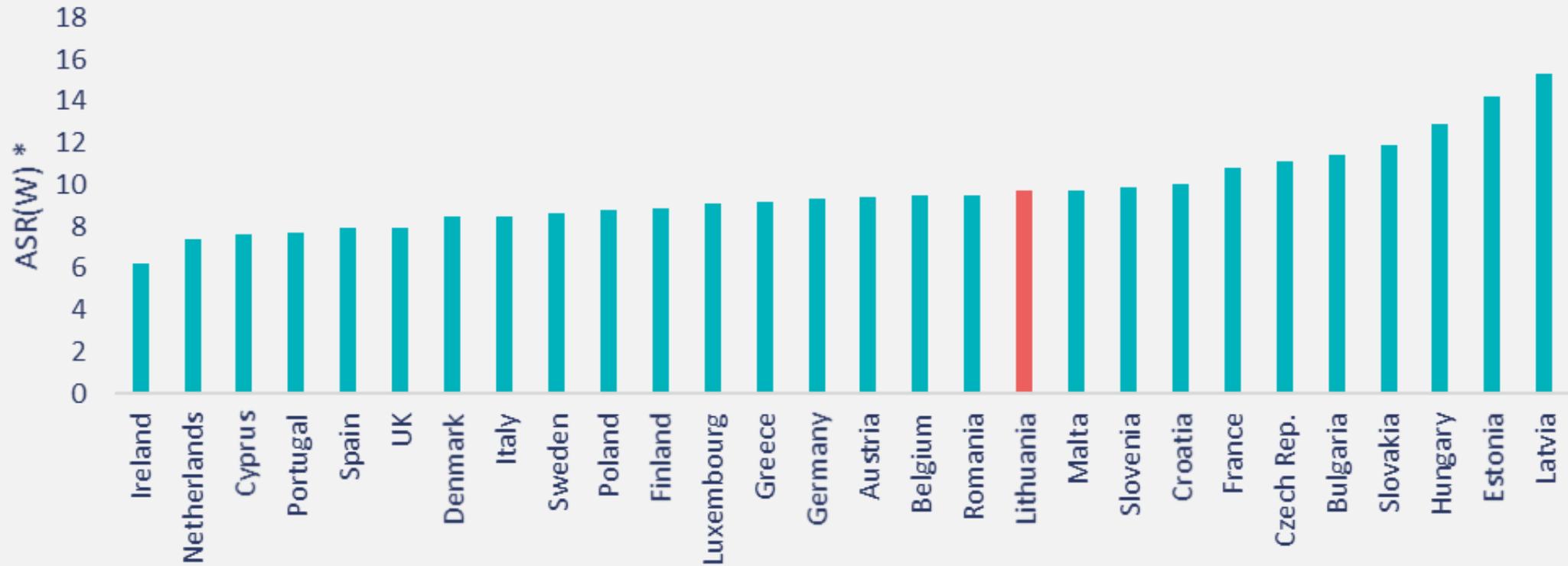


\*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



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## Pancreatic Cancer incidence in males living in EU Member Countries

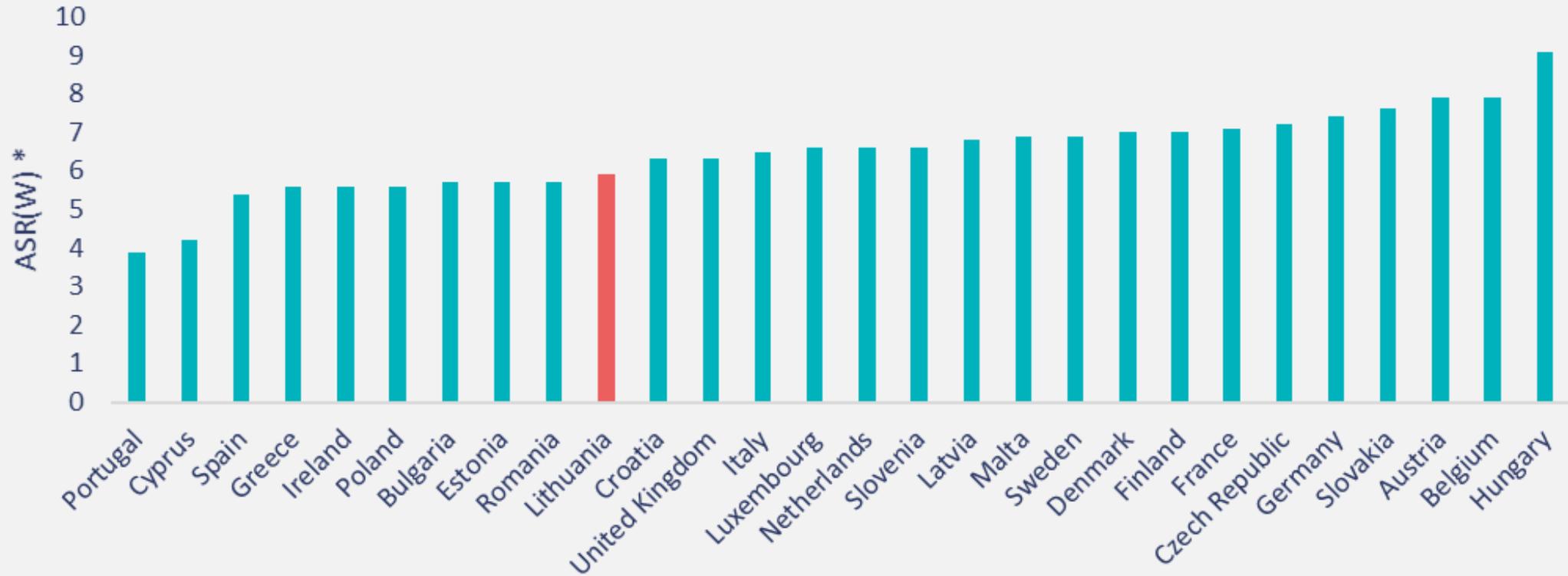


\*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



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## Pancreatic Cancer incidence in females living in EU Member Countries



\*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



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### Cancer of the Kidney incidence in males living in EU Member Countries



\*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



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## Cancer of the Kidney incidence in females living in EU Member Countries



\*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



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## Cancer of the Oesophagus incidence in males living in EU Member Countries



\*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



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## Cancer of the Oesophagus incidence in Females living in EU Member Countries



\*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Actions Map	Select link below to view (right click to open hyperlink)
Obesity Related Policies or Interventions	<a href="#">Adults</a>
	<a href="#">Child</a>
	<a href="#">Adult &amp; Child</a>



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% Overweight & Obesity Maps	(select link below to view)	
Current Prevalence	<a href="#">Men</a> <a href="#">Boys</a>	<a href="#">Women</a> <a href="#">Girls</a>
By Age	<a href="#">Adult</a>	<a href="#">Child</a>
By Region	<a href="#">Adult</a>	<a href="#">Child</a>
By Educational Status	Adult n/a	Child n/a
By Socio-economic group	Adult n/a	Child_n/a
Trend NB. To view the time period you are interested in you must choose a time period and click 'Change year' to update the map)	<a href="#">Men</a> <a href="#">Boys</a>	<a href="#">Women</a> <a href="#">Girls</a>

## Sources

Overweight & Obesity %	Data sources available at <a href="http://www.worldobesitydata.org">www.worldobesitydata.org</a>
EUROSTAT data	Eurostat Database: <a href="http://ec.europa.eu/eurostat">http://ec.europa.eu/eurostat</a>
HBSC data	Health Behaviour in School Aged Children (HBSC) <a href="http://www.hbsc.org/">http://www.hbsc.org/</a>
Population Estimates	UN Population Estimates, United Nations, <a href="http://esa.un.org/unpd/wpp/">http://esa.un.org/unpd/wpp/</a>
Diabetes estimates 2017	Reproduced with kind permission of IDF, International Diabetes Federation. IDF Diabetes Atlas, 8th edition. Brussels, Belgium: International Diabetes Federation, 2017. <a href="http://www.diabetesatlas.org">http://www.diabetesatlas.org</a>
Worldwide GINI Index	Worldwide GINI Index, <a href="https://data.worldbank.org/indicator/SI.POV.GINI?locations=AT">https://data.worldbank.org/indicator/SI.POV.GINI?locations=AT</a> (last accessed 11th November 2018)
Physical Inactivity estimates in adults	Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet Global Health. Vol 6 (10) PE1077-E1086, OCTOBER 01, 2018. <a href="https://www.thelancet.com/journals/langlo/article/PIIS2214-109X(18)30357-7/fulltext">https://www.thelancet.com/journals/langlo/article/PIIS2214-109X(18)30357-7/fulltext</a> . (This is an Open Access article published under the CC BY 3.0 IGO license which permits unrestricted use, distribution, and reproduction in any medium, WHO does not endorse any specific organisation, products or services.)
Physical Inactivity estimates in children	Global Health Observatory data repository, World Health Organisation, <a href="http://apps.who.int/gho/data/node.main.A893?lang=en">http://apps.who.int/gho/data/node.main.A893?lang=en</a>
Raised Fasting Glucose	Global Health Observatory data repository, World Health Organisation, <a href="http://apps.who.int/gho/data/node.main.A869?lang=en">http://apps.who.int/gho/data/node.main.A869?lang=en</a>
Raised BP	Global Health Observatory data repository, World Health Organisation, <a href="http://apps.who.int/gho/data/node.main.A875?lang=en">http://apps.who.int/gho/data/node.main.A875?lang=en</a>
Raised cholesterol	Global Health Observatory data repository, World Health Organisation, <a href="http://apps.who.int/gho/data/node.main.A884?lang=en">http://apps.who.int/gho/data/node.main.A884?lang=en</a>
Cancer incidence rates	Global Cancer Observatory, Cancer incidence rates <a href="http://gco.iarc.fr/">http://gco.iarc.fr/</a> (last accessed 28 <sup>th</sup> October 2018)
Euromonitor	All consumption/sales information are derived from Euromonitor International, Fresh Food, 2016 Edition.

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