



WORLD OBESITY

Germany

Extended Country Report 2019

Extended Country Profile Graphics

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Germany

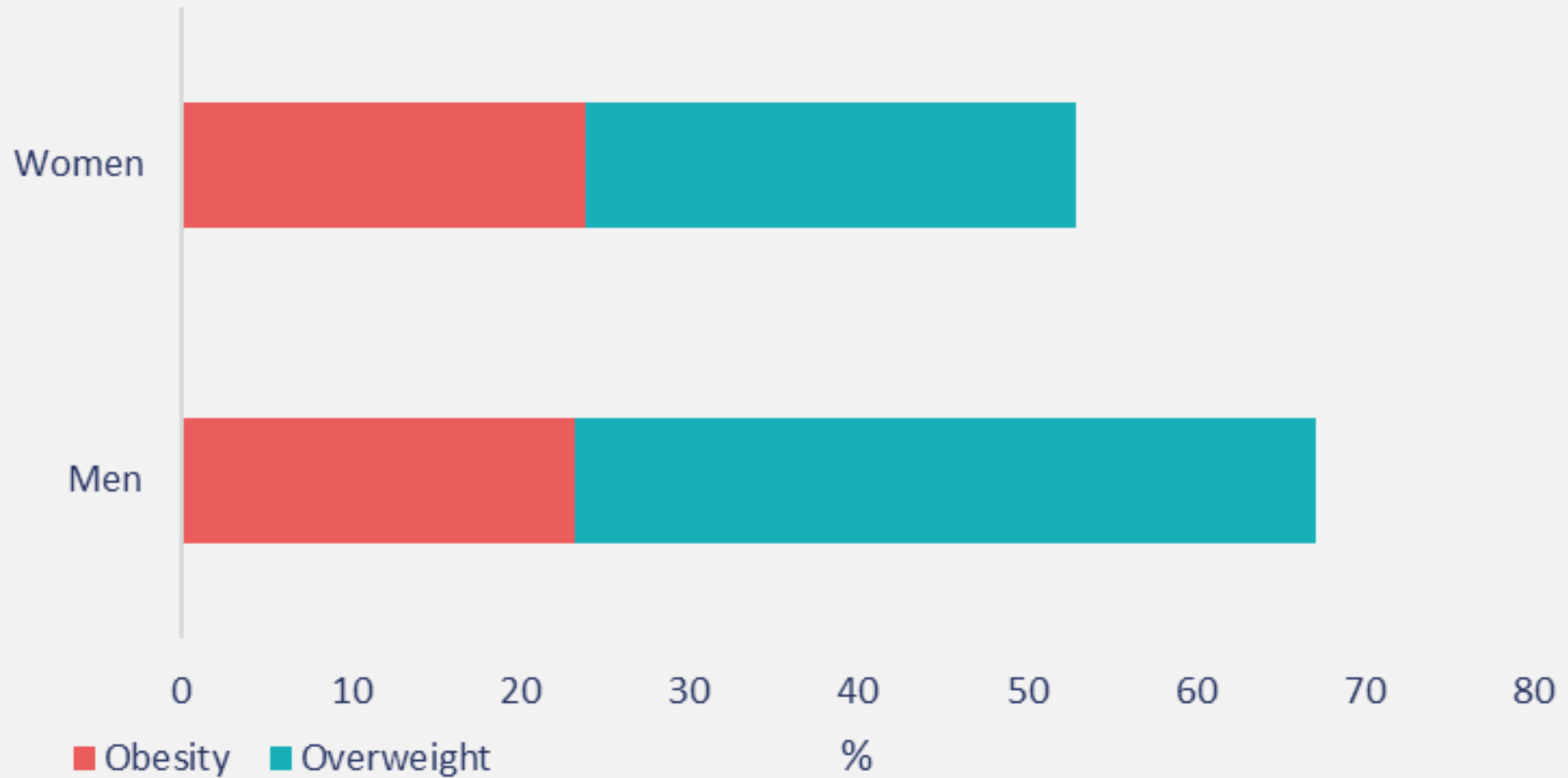
POPULATION:
80,688,545 (2015)

GINI INDEX:
31.7
(2015)



Germany

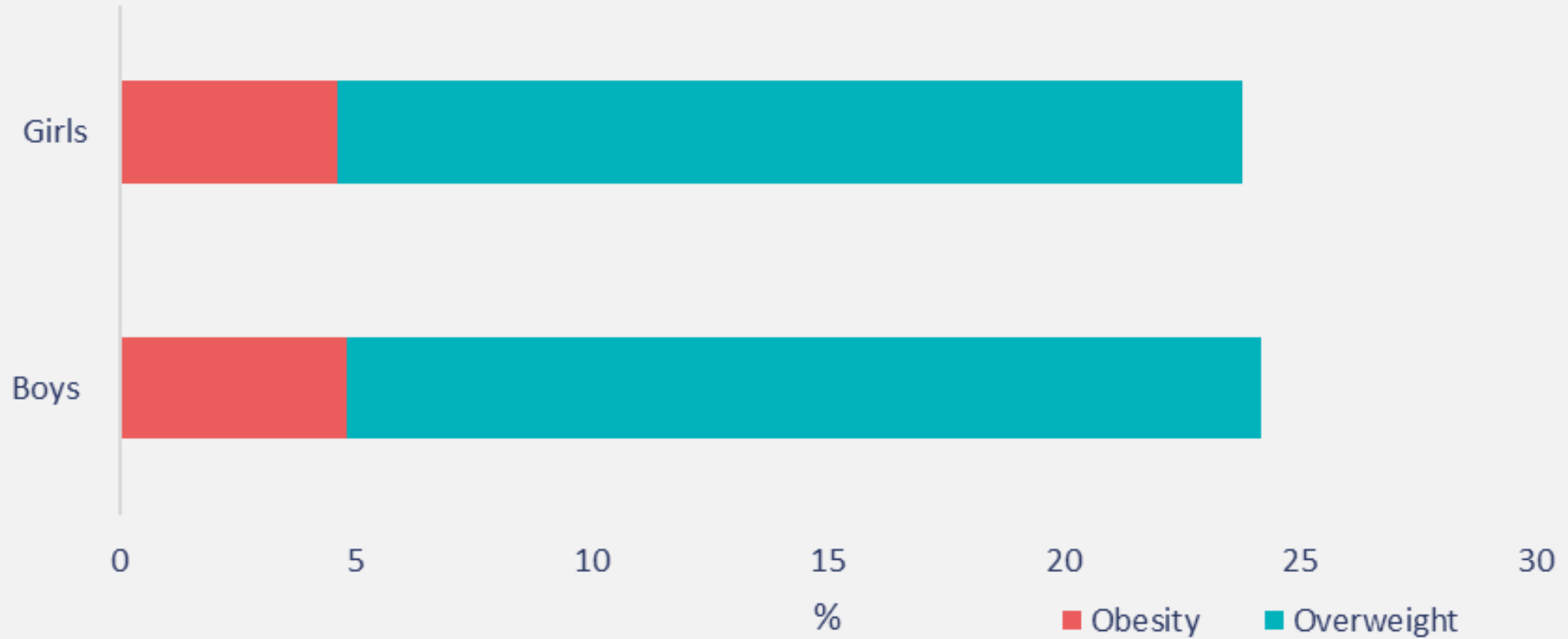
% Overweight & Obesity in Adults in Germany (2008-11)





Germany

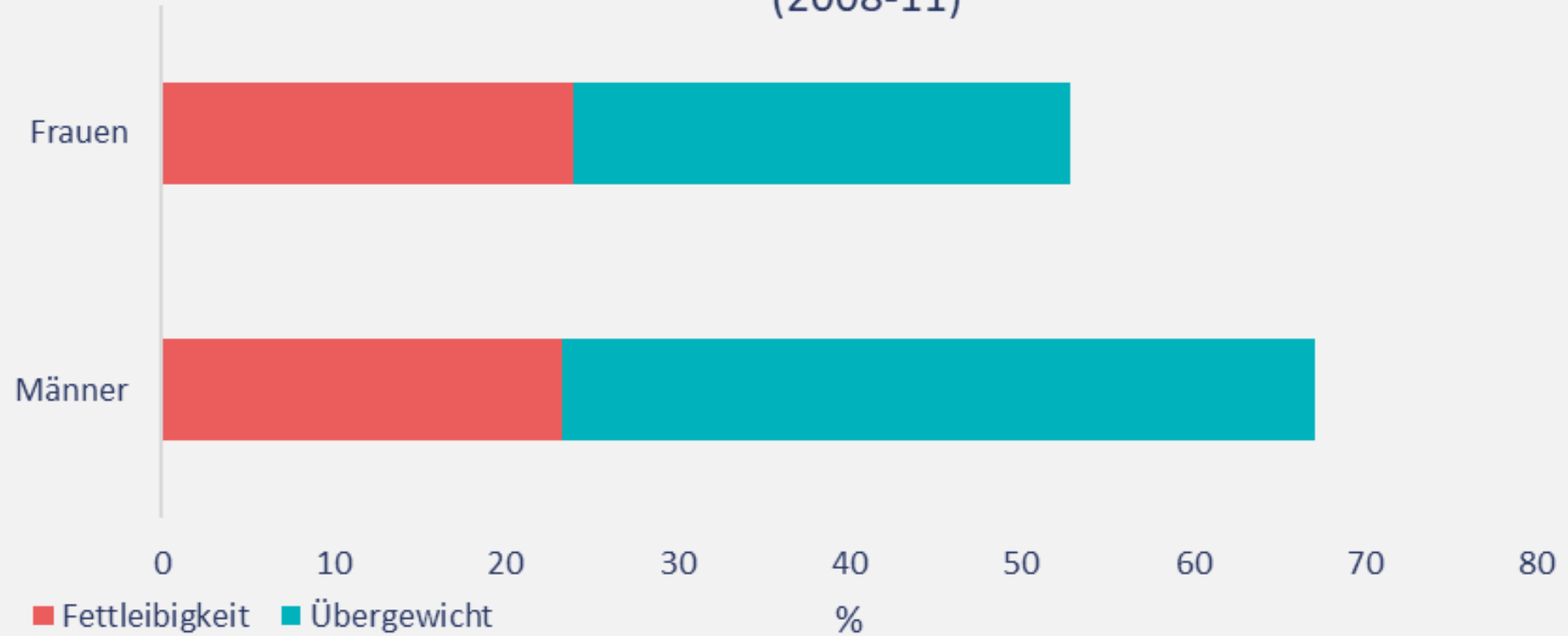
% Overweight/Obesity in children living in Germany (2014-17)





Germany

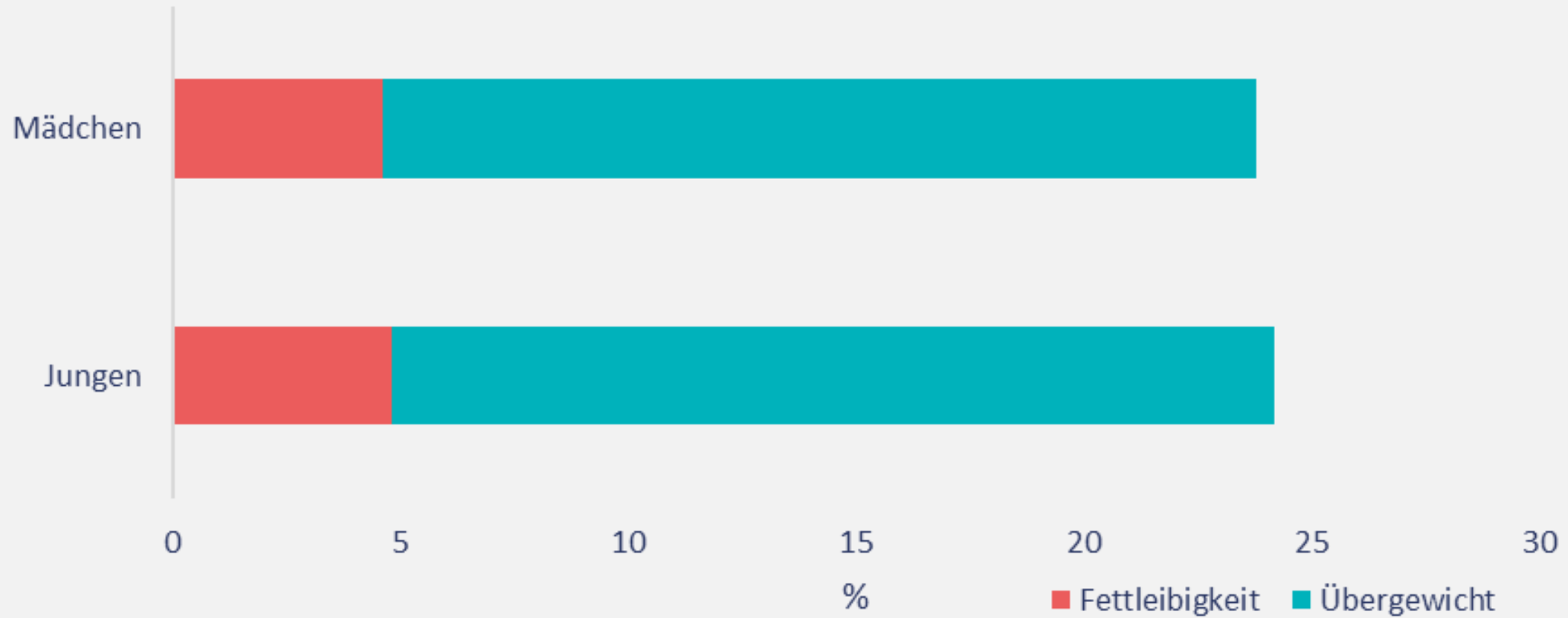
% Übergewicht/Fettleibigkeit bei Erwachsenen in Deutschland (2008-11)





Germany

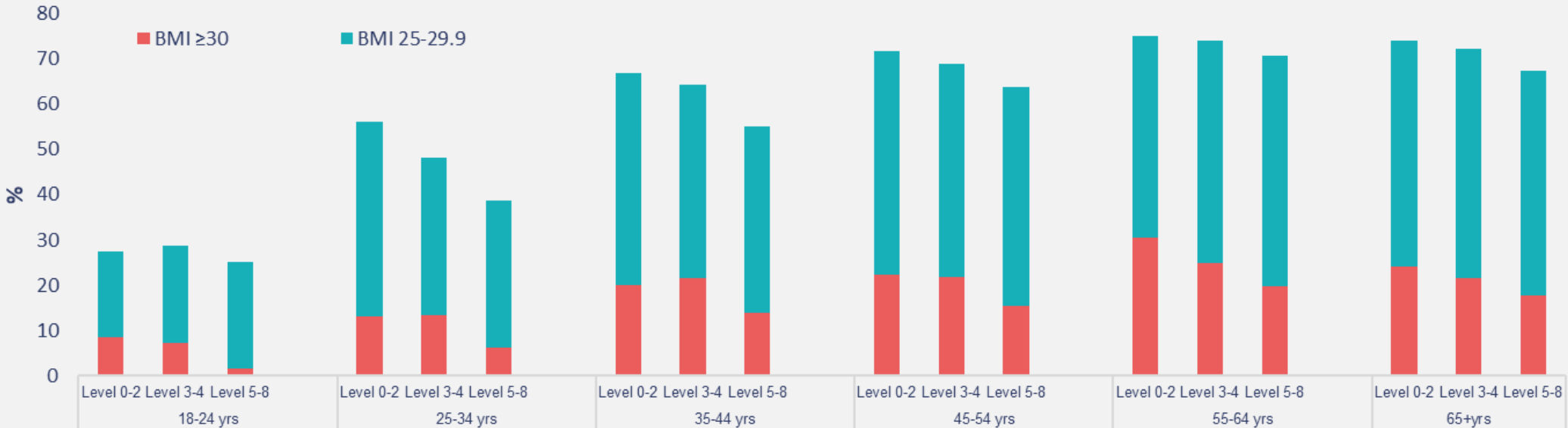
% Übergewicht/Fettleibigkeit bei Kindern in Deutschland (2014-17)





Germany

% Overweight and Obesity by age & educational attainment in males in Germany 2014



Less than primary, primary and lower secondary education (levels 0-2)
Upper secondary and post-secondary non-tertiary education (levels 3 and 4)
Tertiary education (levels 5-8)



Germany

% Overweight and Obesity by age & educational attainment in females in Germany 2014

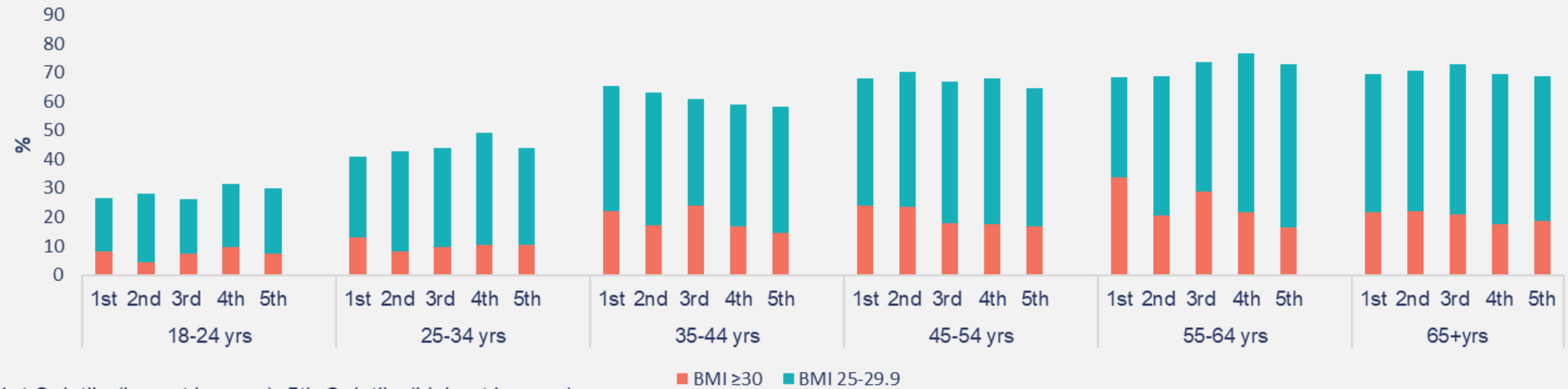


Less than primary, primary and lower secondary education (levels 0-2)
Upper secondary and post-secondary non-tertiary education (levels 3 and 4)
Tertiary education (levels 5-8)



Germany

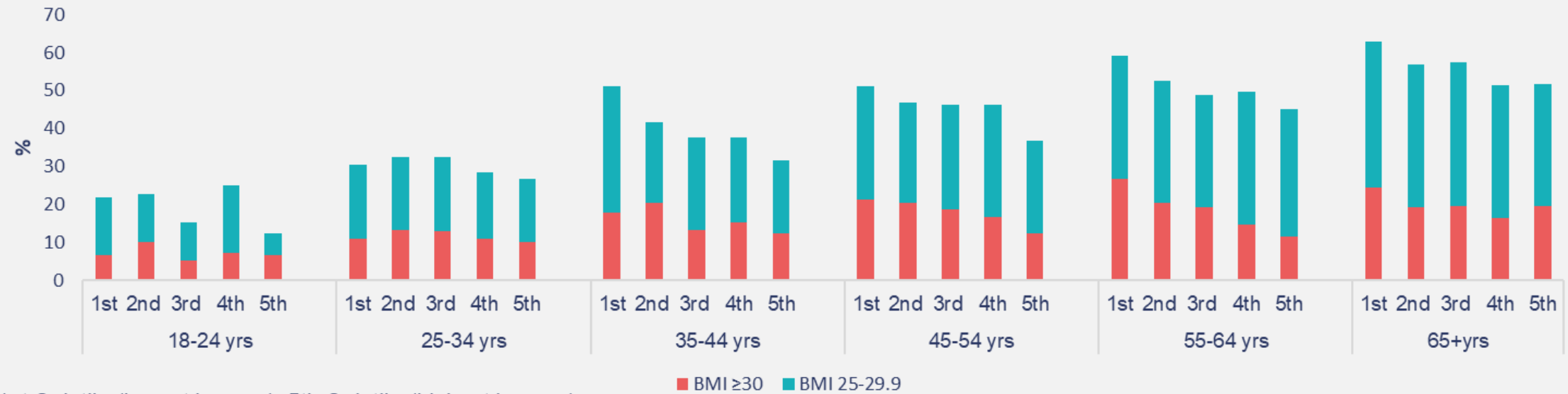
% Overweight & Obesity by age & income quintile in males living in Germany 2014





Germany

% Overweight & Obesity by age and income quintile in females living in Germany 2014

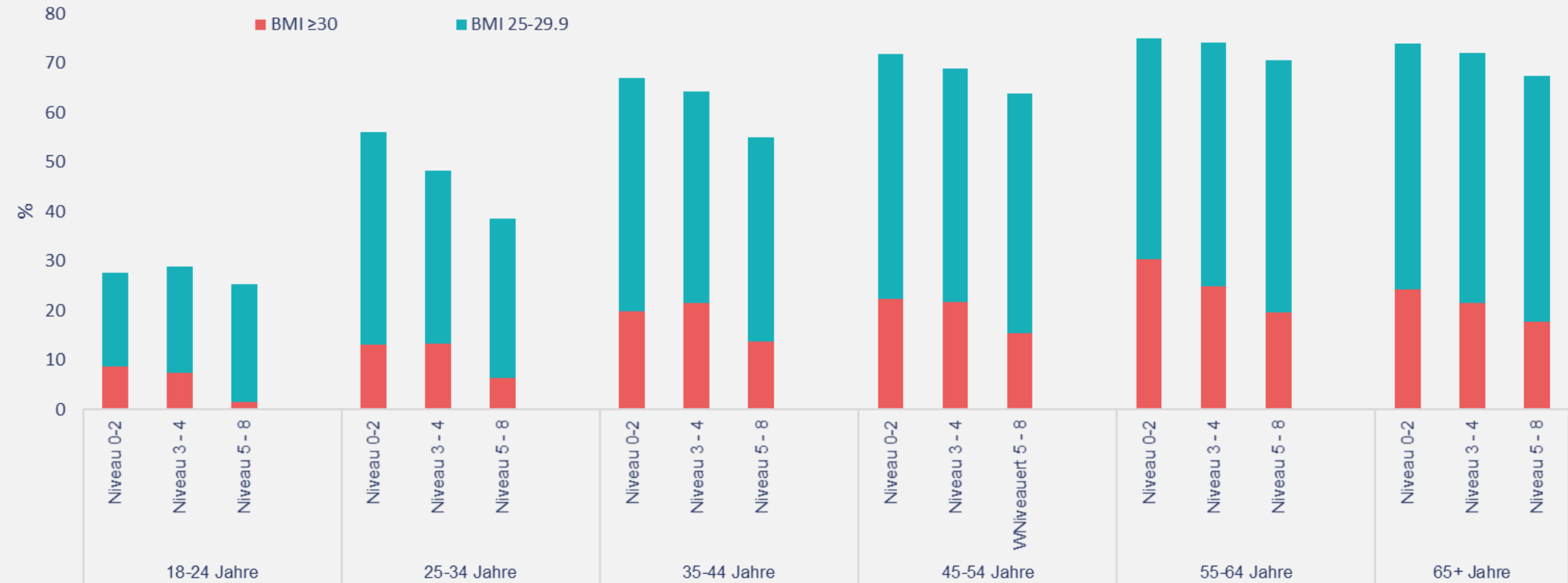


1st Quintile (lowest income), 5th Quintile (highest income)



Germany

% Übergewicht & Fettleibigkeit nach Alter & Bildungsniveau bei Männern in Deutschland 2014

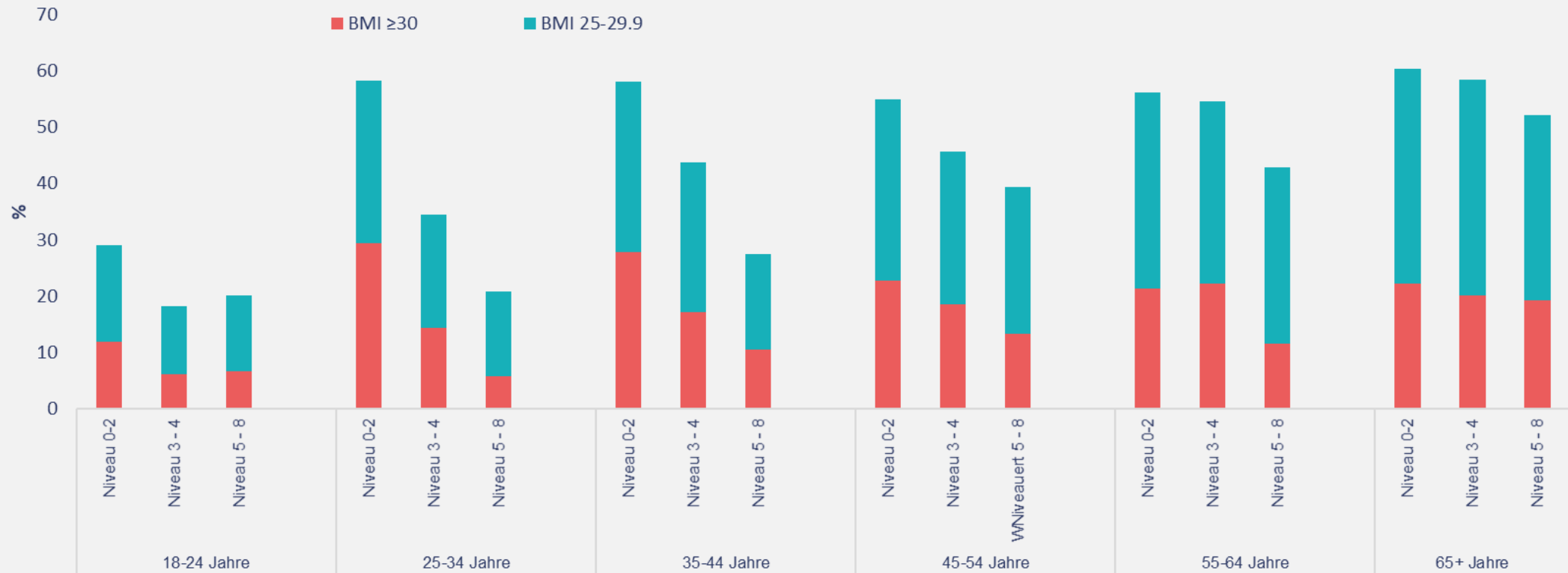


Weniger als Grund-, Grund- und geringe Sekundärbildung (Niveaus 0-2)
Abgeschlossene Sekundärbildung und postsekundäre aber nicht tertiäre Bildung (Niveaus 3 - 4)
Tertiäre Bildung (Niveaus 5-8)



Germany

% Übergewicht & Fettleibigkeit nach Alter % Bildungsniveau bei Frauen in Deutschland 2014



Weniger als Grund-, Grund- und geringe Sekundärbildung (Niveaus 0-2)

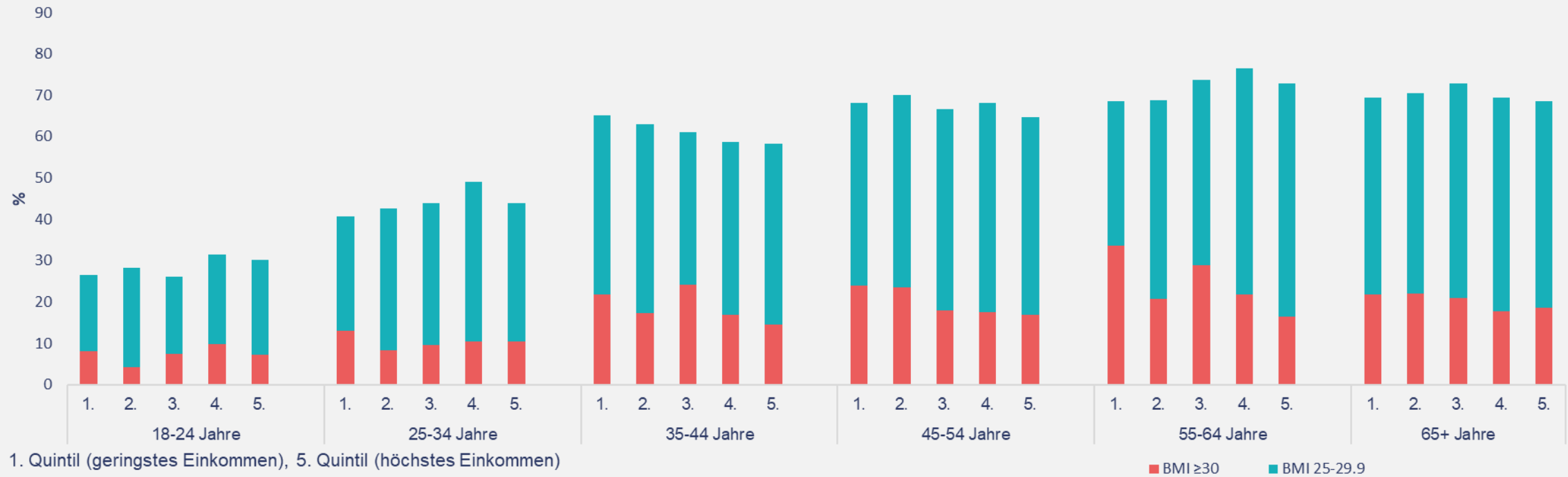
Abgeschlossene Sekundärbildung und postsekundäre aber nicht tertiäre Bildung (Niveaus 3-4)

Tertiäre Bildung (Niveaus 5-8)



Germany

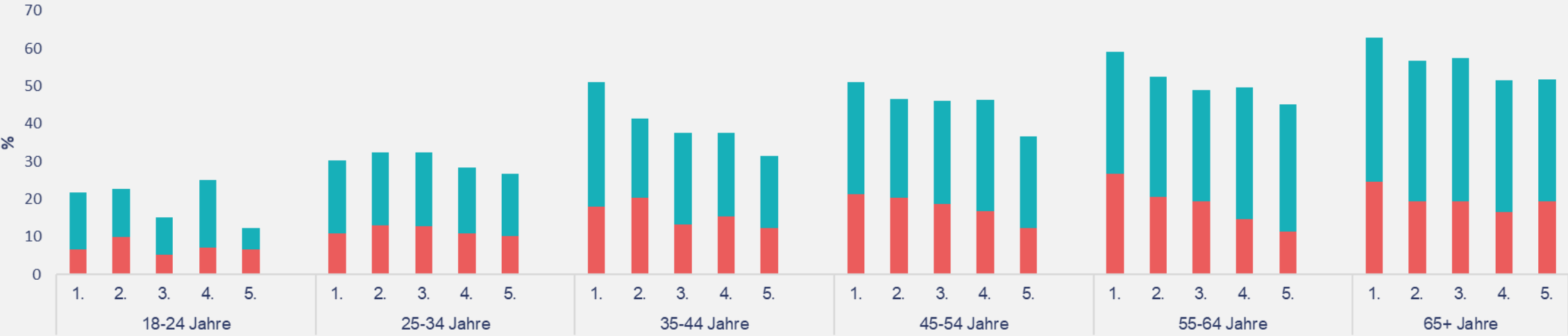
% Übergewicht & Fettleibigkeit nach Alter & Einkommensquintil bei Männern in Deutschland 2014





Germany

% Übergewicht & Fettleibigkeit nach Alter & Einkommensquintil bei Frauen in Deutschland 2014



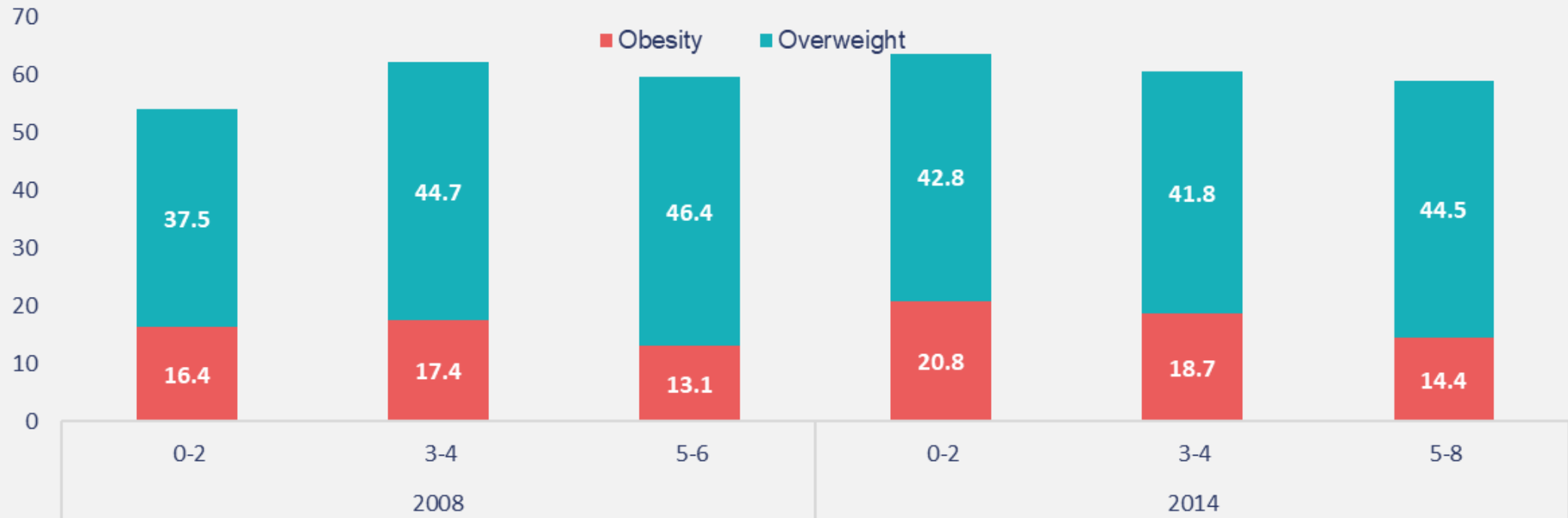
1. Quintil (geringstes Einkommen), 5. Quintil (höchstes Einkommen)

■ BMI ≥ 30 ■ BMI 25-29.9



Germany

% Overweight & Obesity in German Male adults by Educational attainment 2008 & 2014

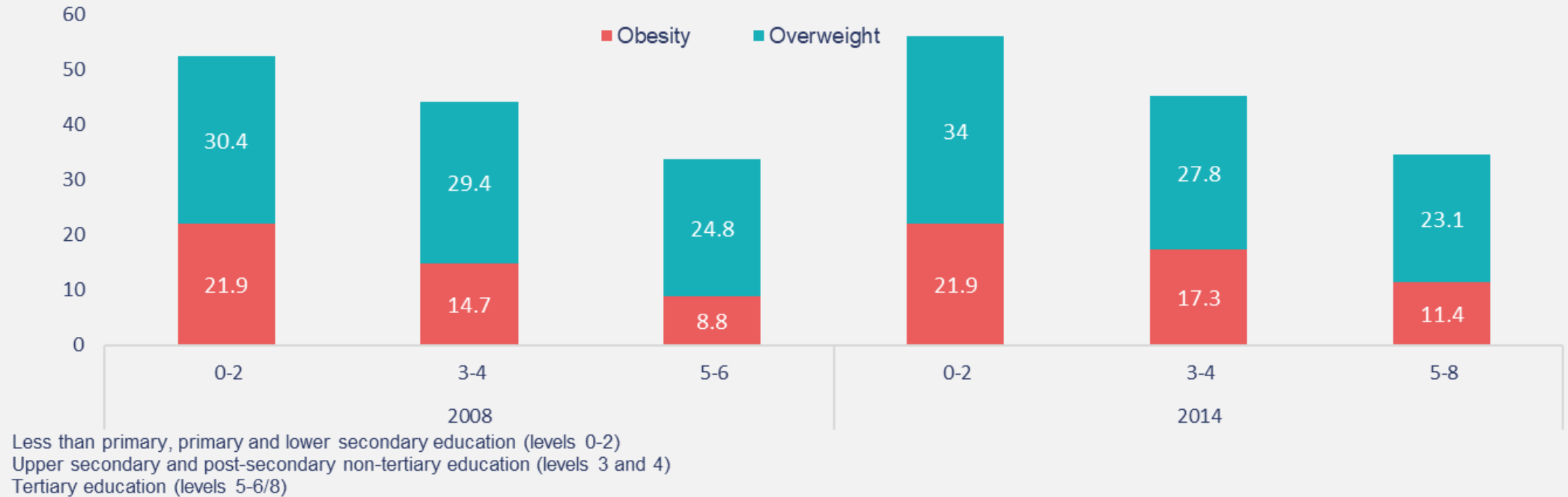


Less than primary, primary and lower secondary education (levels 0-2)
Upper secondary and post-secondary non-tertiary education (levels 3 and 4)
Tertiary education (levels 5-6/8)



Germany

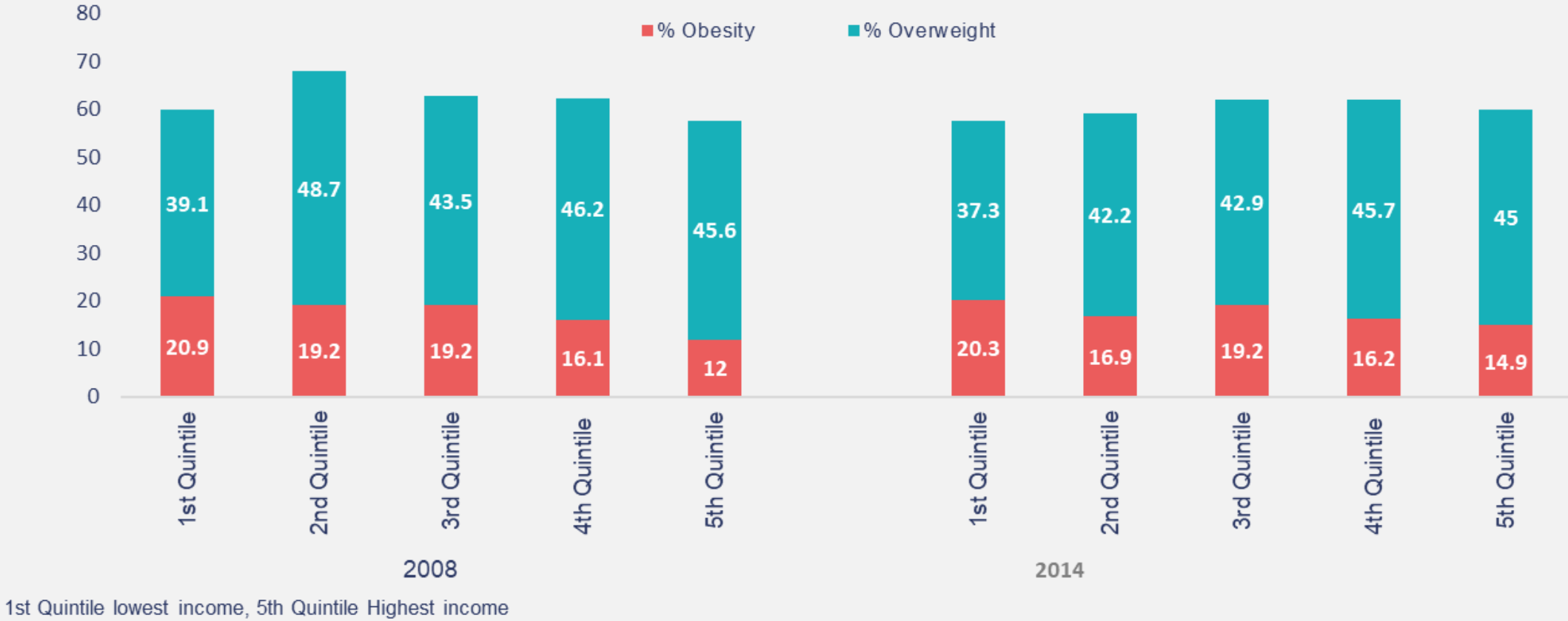
% Overweight & Obesity in German Female adults by Educational attainment 2008 & 2014





Germany

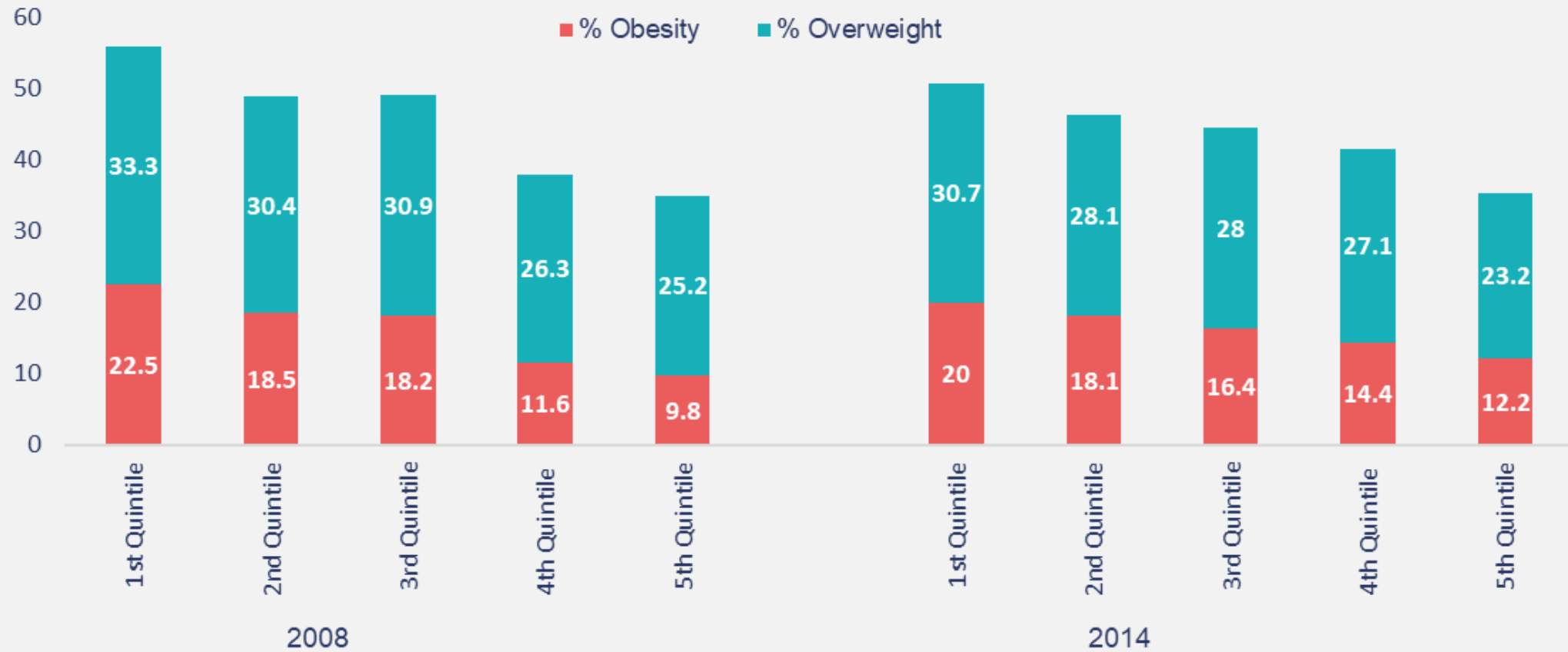
% Overweight & Obesity in German Male adults by Income Quintile in 2008 & 2014





Germany

% Overweight & Obesity in German Female Adults by Income Quintile in 2008 & 2014



1st Quintile lowest income, 5th Quintile Highest income



Germany

Changes in Overweight (%) in 13 year old boys between 2001 & 2013/14



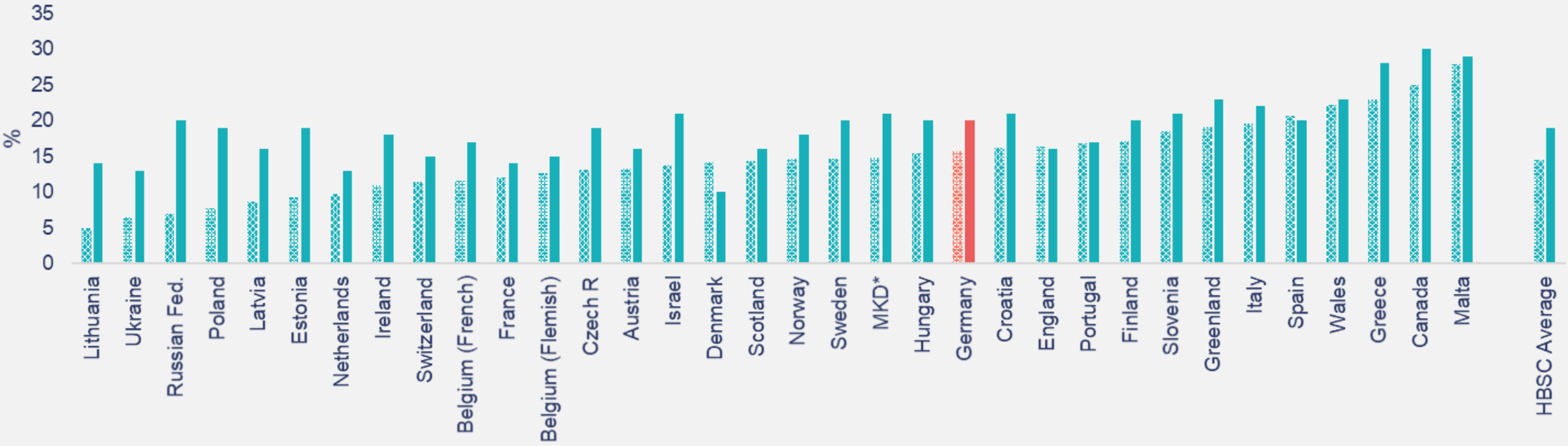
* The Former Yugoslav Republic Macedonia

Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points



Germany

Changes in prevalence of Overweight (%) in 15 year old boys between 2001 & 2013/14



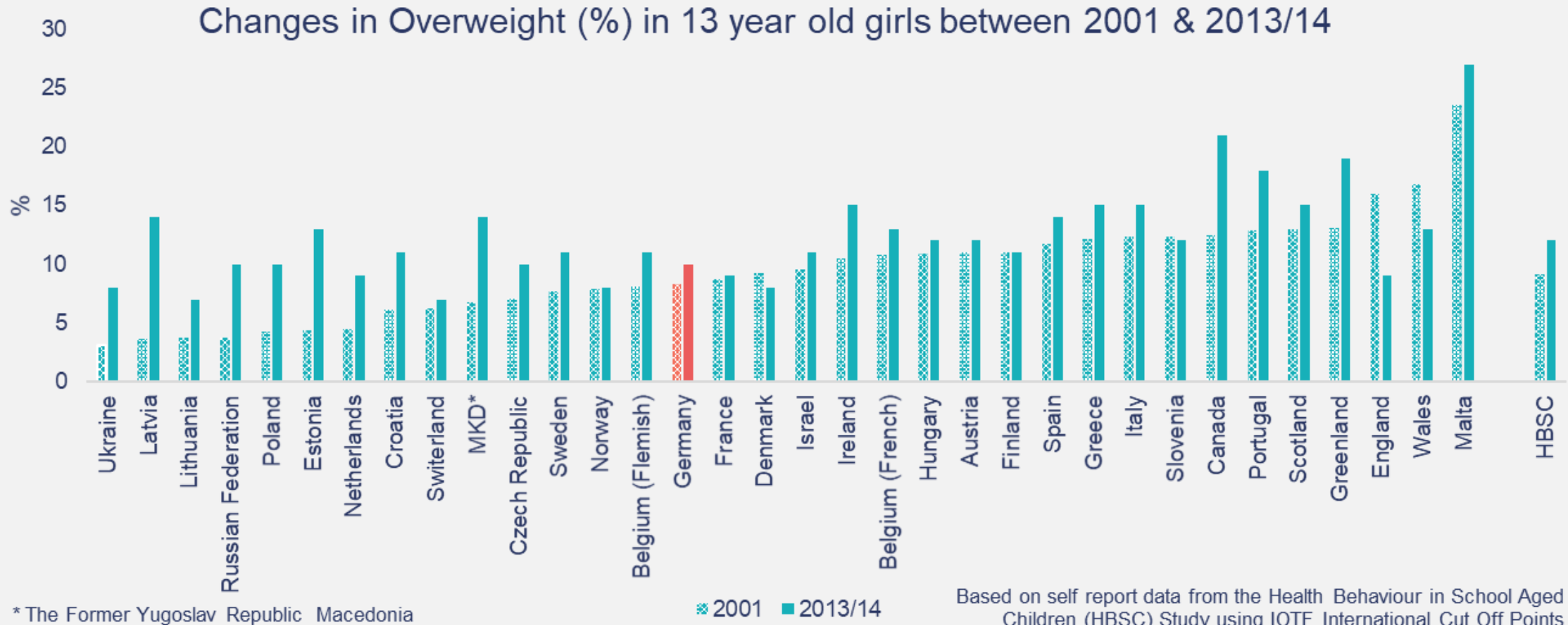
* The Former Yugoslav Republic of Macedonia

2001 2013/14

Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points



Germany





Germany

Changes in prevalence of Overweight (%) in 15 year old girls between 2001 & 2013/14



* The Former Yugoslav Republic Macedonia

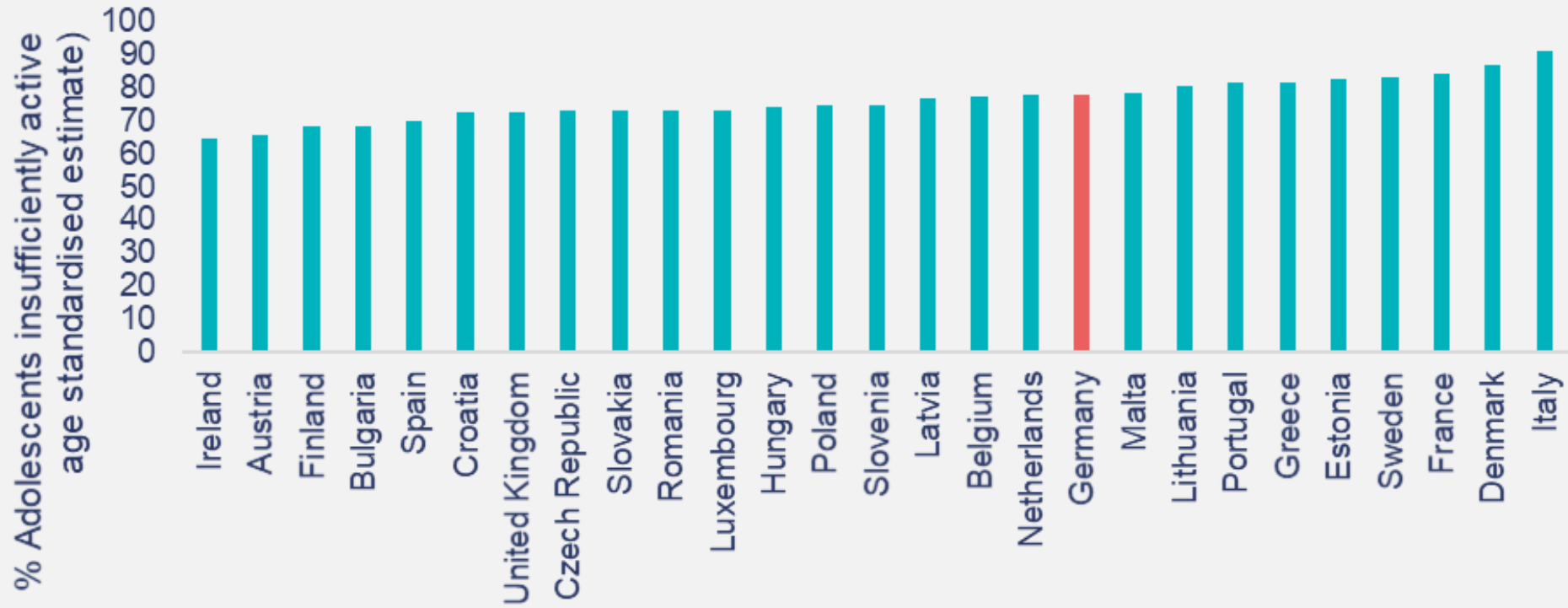
2001 2013/14

Based on self report data from the Health Behaviour in School Aged Children (HBSC) Study using IOTF International Cut Off Points



Germany

% Insufficiently active male adolescents living in EU Member Countries (2010)



No data available in Cyprus



Germany

% Insufficiently active female adolescents living in EU Member Countries (2010)





Germany

% Insufficiently active male adults living in EU Member Countries (2016)





Germany

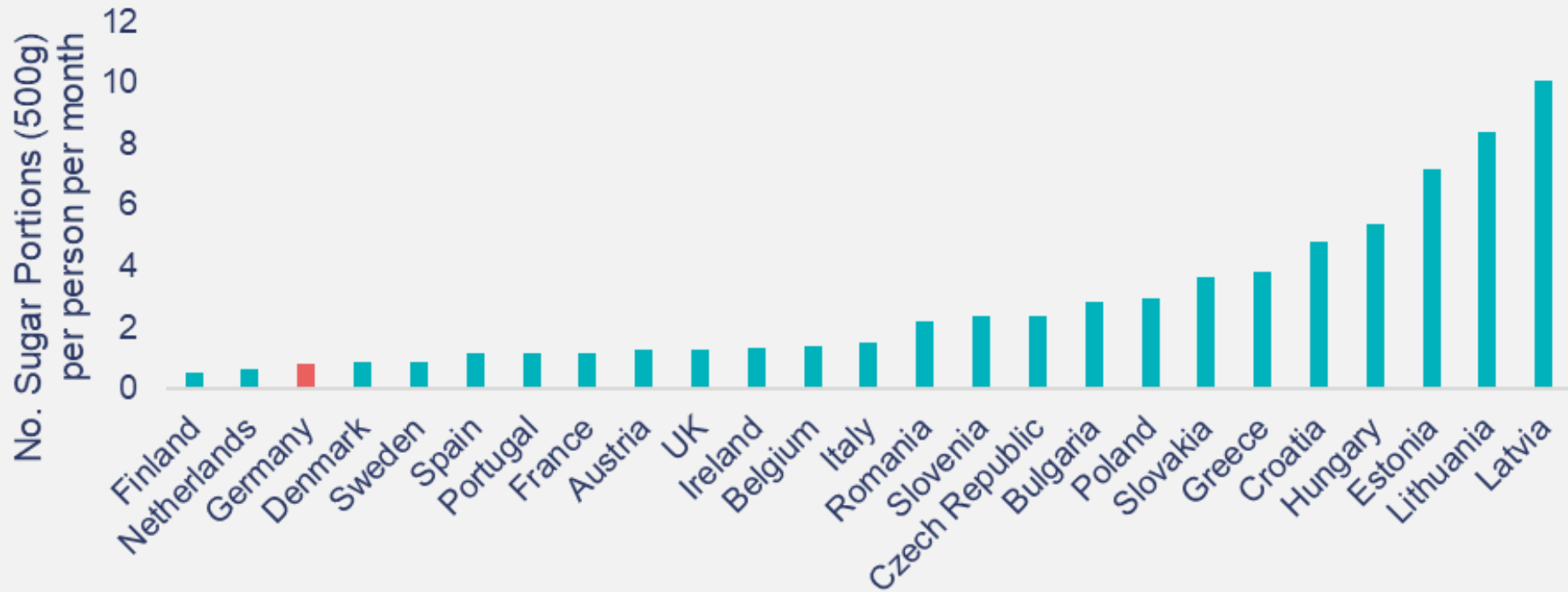
% Insufficiently active female adults living in EU Member Countries (2016)





Germany

Sugar Consumption/Sales for individuals living in EU Member Countries



No data available in Cyprus, Luxembourg & Malta
Sugar Consumption/Sales for individuals living in EU Member Countries.
Derived from: Euromonitor International, Nutrition 2016 edition



Germany

Vegetable Consumption/Sales for individuals living in EU Member Countries



No data available in Cyprus, Luxembourg & Malta

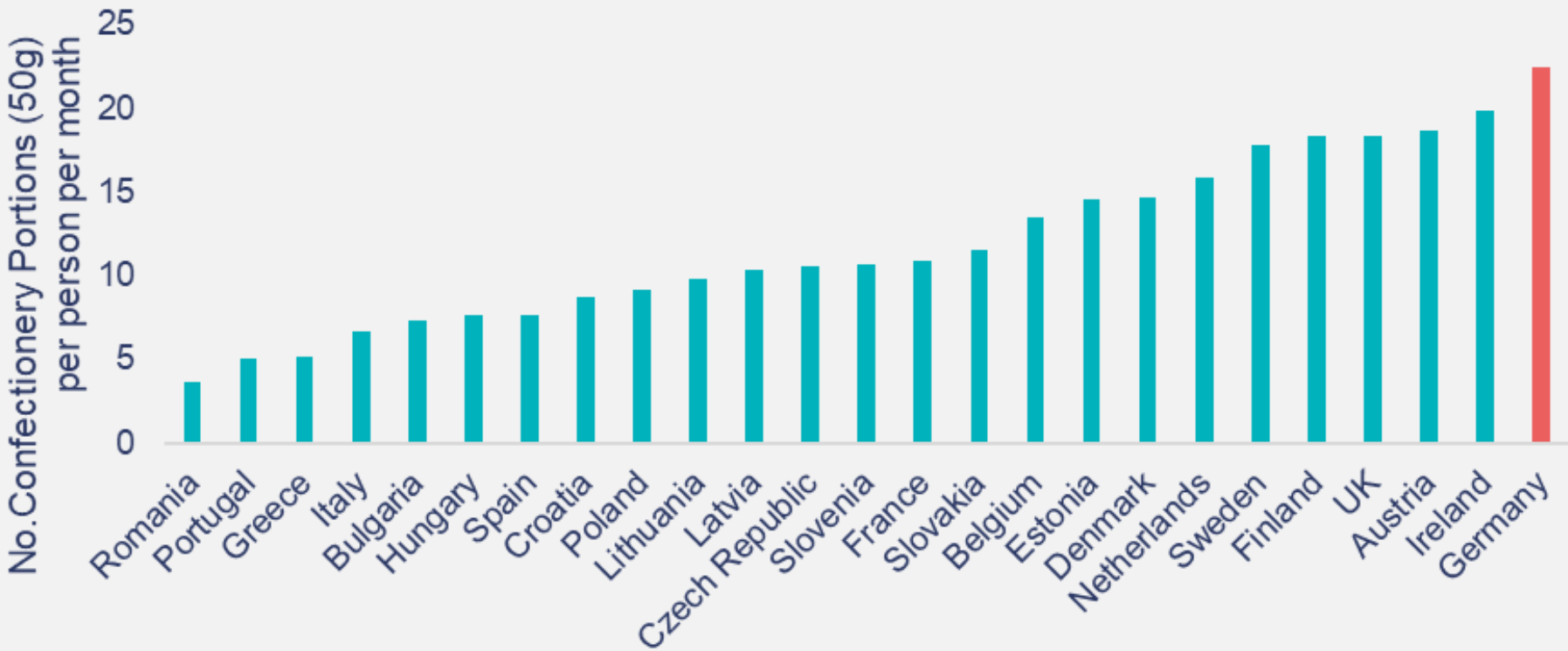
Vegetable Consumption/Sales for individuals living in EU Member Countries

Derived from: Euromonitor International, Fresh Food, 2016 edition



Germany

Confectionery Consumption/Sales for individuals living in EU Member Countries

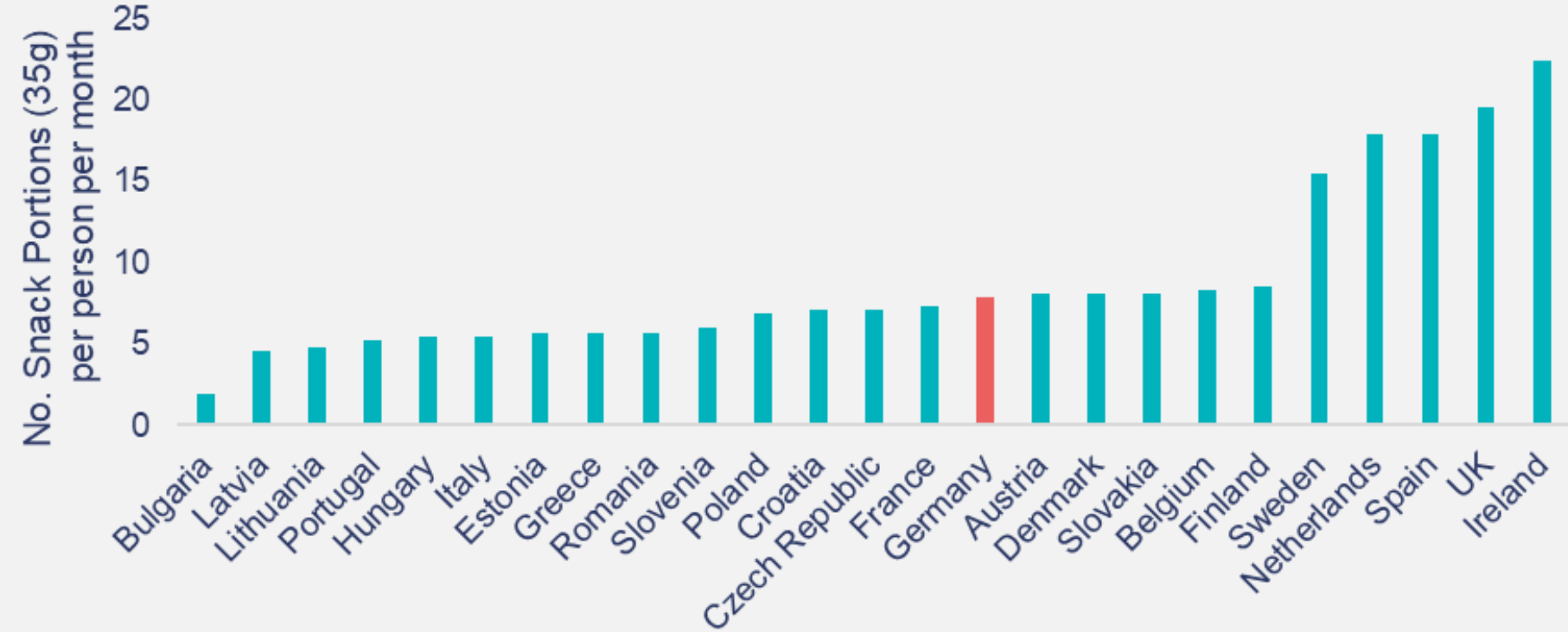


No data available in Cyprus, Luxembourg & Malta
Confectionery Consumption/Sales for individuals living in EU Member Countries
Derived from: Euromonitor International, Packaged Food, 2016 edition



Germany

Sweet & Savoury Snack Consumption/Sales for individuals living in EU Member Countries

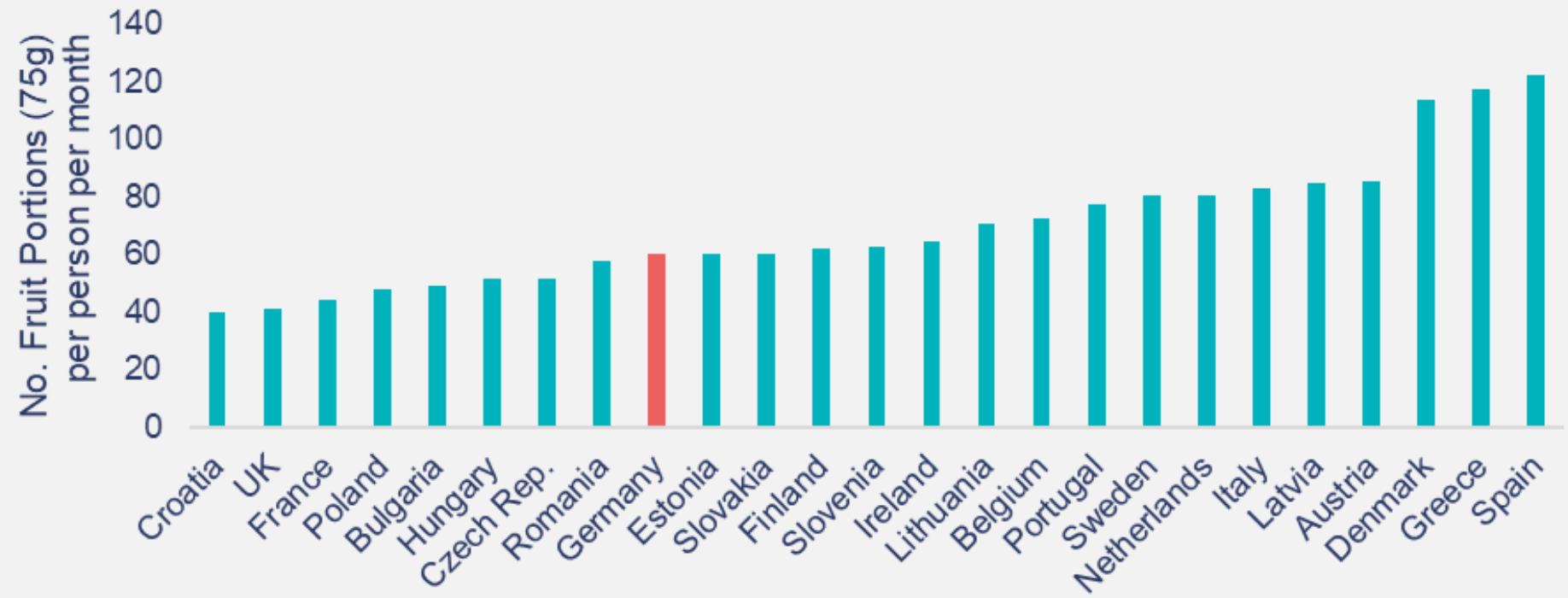


No data available in Cyprus, Luxembourg & Malta
Sweet and Savoury Snacks Consumption/Sales for individuals living in EU Member Countries
Derived from: Euromonitor International, Packaged Food, 2016 edition



Germany

Fruit Consumption/Sales for individuals living in EU Member Countries

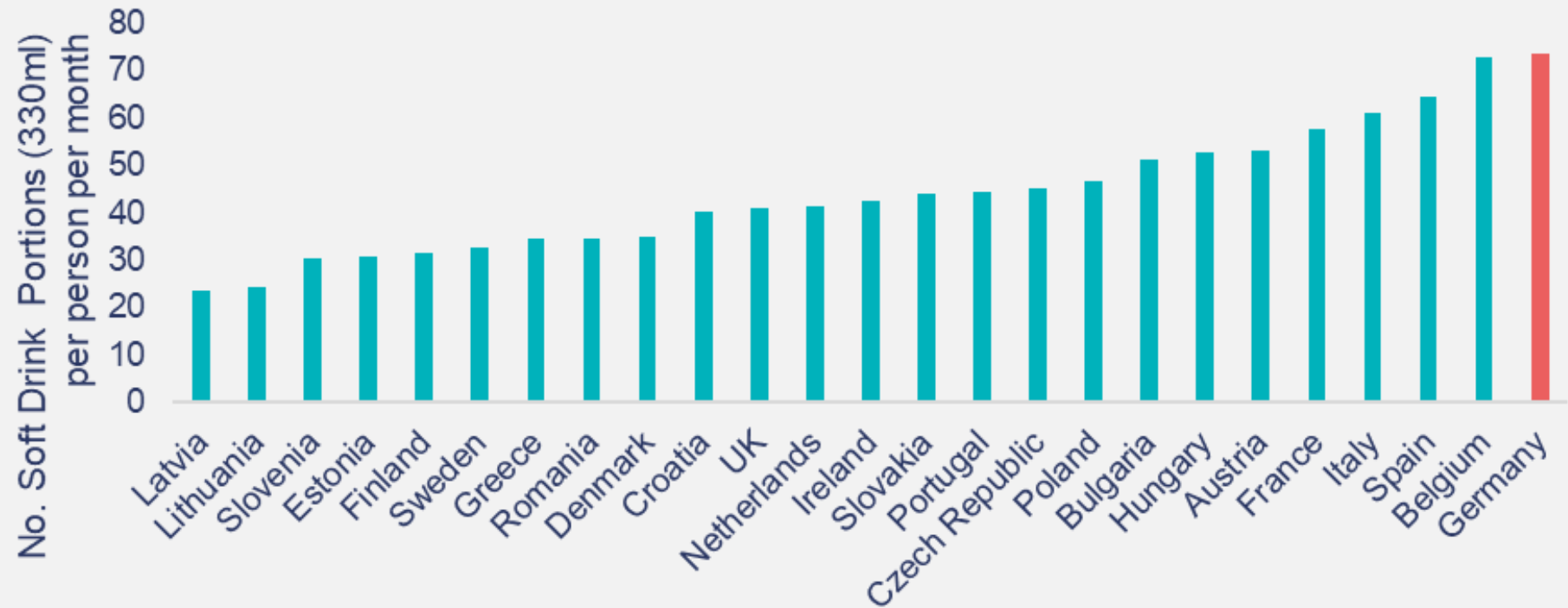


No data available in Cyprus, Luxembourg & Malta
Fruit Consumption/Sales for individuals living in EU Member Countries
Derived from: Euromonitor International, Fresh Food, 2016 edition



Germany

Soft Drink Consumption/Sales for individuals living in EU Member Countries



No data available in Cyprus, Luxembourg & Malta
Soft Drink Consumption/Sales for individuals living in EU Member Countries
Derived from: Euromonitor International, Soft Drinks, 2016 edition



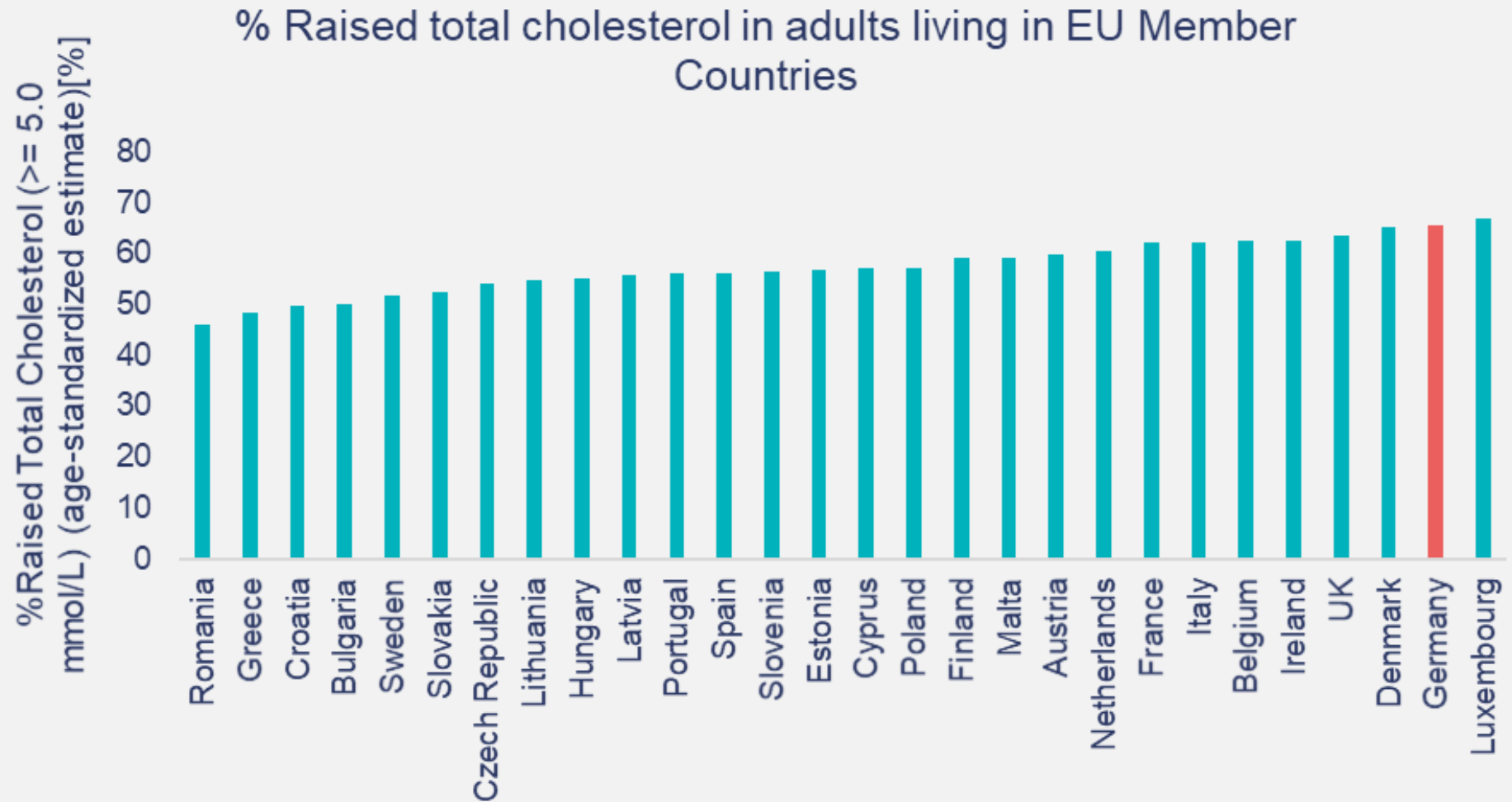
Germany

Diabetes age-adjusted comparative prevalence [%] in adults living in EU Member Countries (2017)





Germany





Germany

% Raised blood pressure in males living in EU Member Countries (2015)





Germany

% Raised blood pressure in females living in EU Member Countries (2015)





Germany

Colorectal Cancer incidence in males living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Germany

Colorectal Cancer incidence in females living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Germany

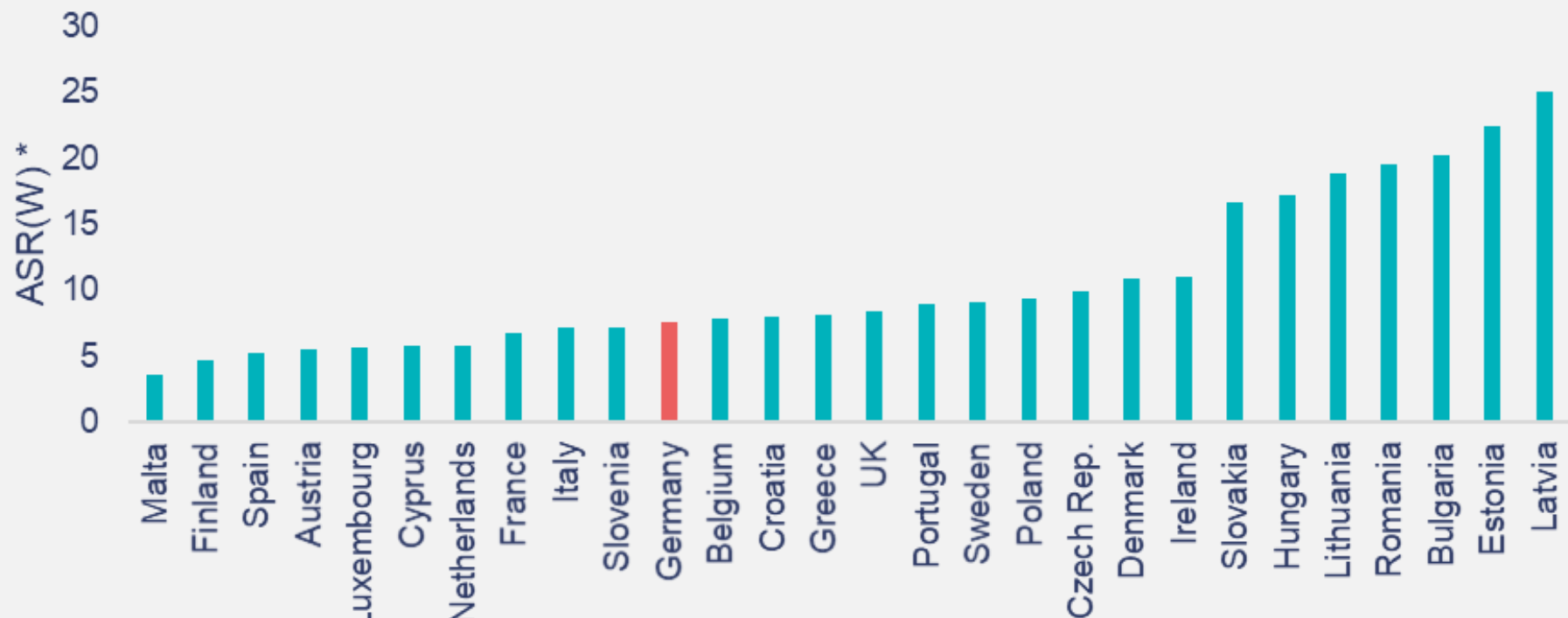
Breast Cancer incidence in females living in EU Member Countries





Germany

Cancer of the Cervix Uteri incidence in females living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Germany

Pancreatic Cancer incidence in males living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Germany

Pancreatic Cancer incidence in females living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Germany

Cancer of the Kidney incidence in males living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Germany

Cancer of the Kidney incidence in females living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Germany

Cancer of the Oesophagus incidence in males living in EU Member Countries

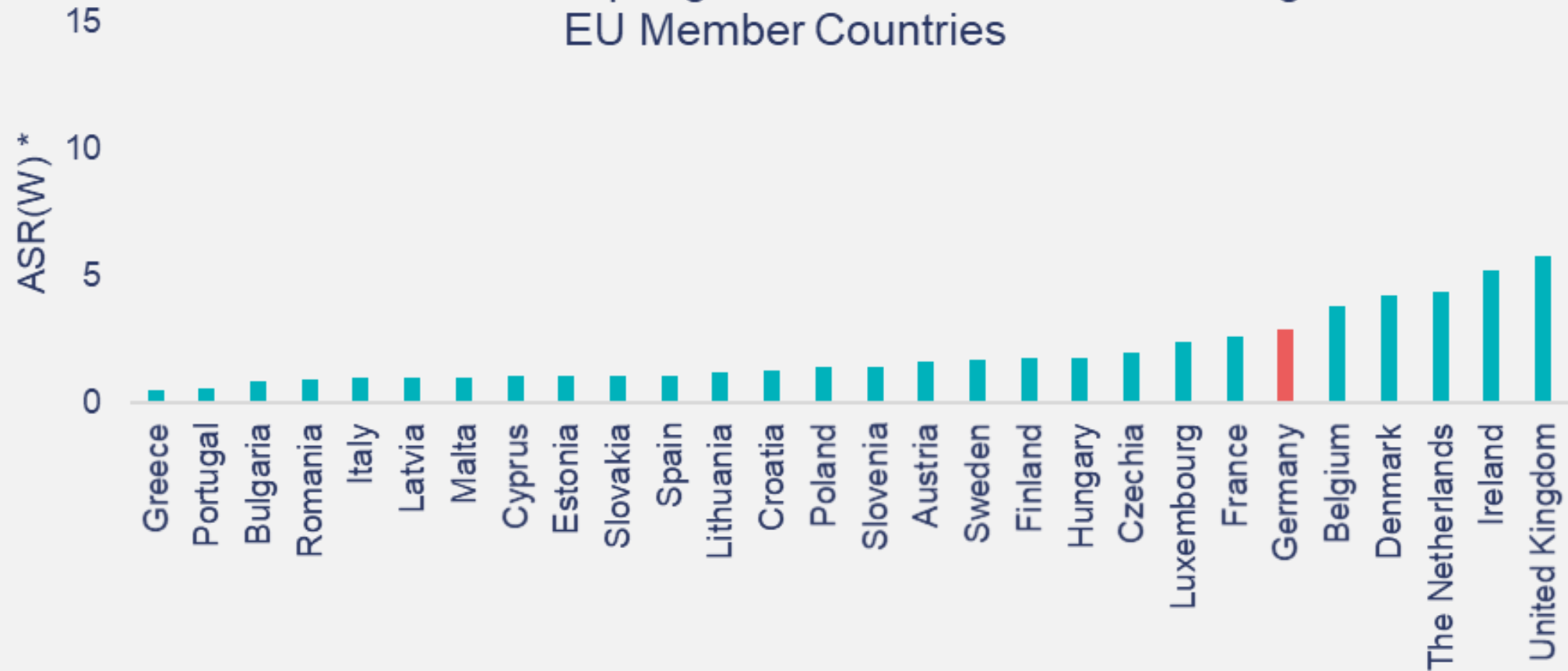


*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Germany

Cancer of the Oesophagus incidence in Females living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Germany

Actions Map	Select link below to view (right click to open hyperlink)
Obesity Related Policies or Interventions	Adults
	Child
	Adult & Child



Germany

% Overweight & Obesity Maps	(select link below to view)	
Current Prevalence	Men	Women
	Boys	Girls
By Age	Adult	Child
By Region	Adult	Child
By Educational Status	Adult	Child
By Socio-economic group	Adult	Child
Trend NB. To view the time period you are interested in you must choose a time period and click 'Change year' to update the map)	Men	Women
	Boys	Girls

Sources		 Germany
Overweight & Obesity %	Data sources available at www.worldobesitydata.org	
EUROSTAT data	Eurostat Database: http://ec.europa.eu/eurostat	
HBSC data	Health Behaviour in School Aged Children (HBSC) http://www.hbsc.org/	
Population Estimates	UN Population Estimates, United Nations, http://esa.un.org/unpd/wpp/	
Diabetes estimates 2017	Reproduced with kind permission of IDF, International Diabetes Federation. IDF Diabetes Atlas, 8th edition. Brussels, Belgium: International Diabetes Federation, 2017. http://www.diabetesatlas.org	
Worldwide GINI Index	Worldwide GINI Index, https://data.worldbank.org/indicator/SI.POV.GINI?locations=AT (last accessed 11th November 2018)	
Physical Inactivity estimates in adults	Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1·9 million participants. Lancet Global Health. Vol 6 (10) PE1077-E1086, OCTOBER 01, 2018. https://www.thelancet.com/journals/langlo/article/PIIS2214-109X(18)30357-7/fulltext . (This is an Open Access article published under the CC BY 3.0 IGO license which permits unrestricted use, distribution, and reproduction in any medium, WHO does not endorse any specific organisation, products or services.)	
Physical Inactivity estimates in children	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A893?lang=en	
Raised Fasting Glucose	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en	
Raised BP	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en	
Raised cholesterol	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A884?lang=en	
Cancer incidence rates	Global Cancer Observatory, Cancer incidence rates http://gco.iarc.fr/ (last accessed 28 th October 2018)	
Euromonitor	All consumption/sales information are derived from Euromonitor International, Fresh Food, 2016 Edition.	



Germany



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