



WORLD OBESITY

Bulgaria

Extended Country Report 2019

Extended Country Profile Graphics

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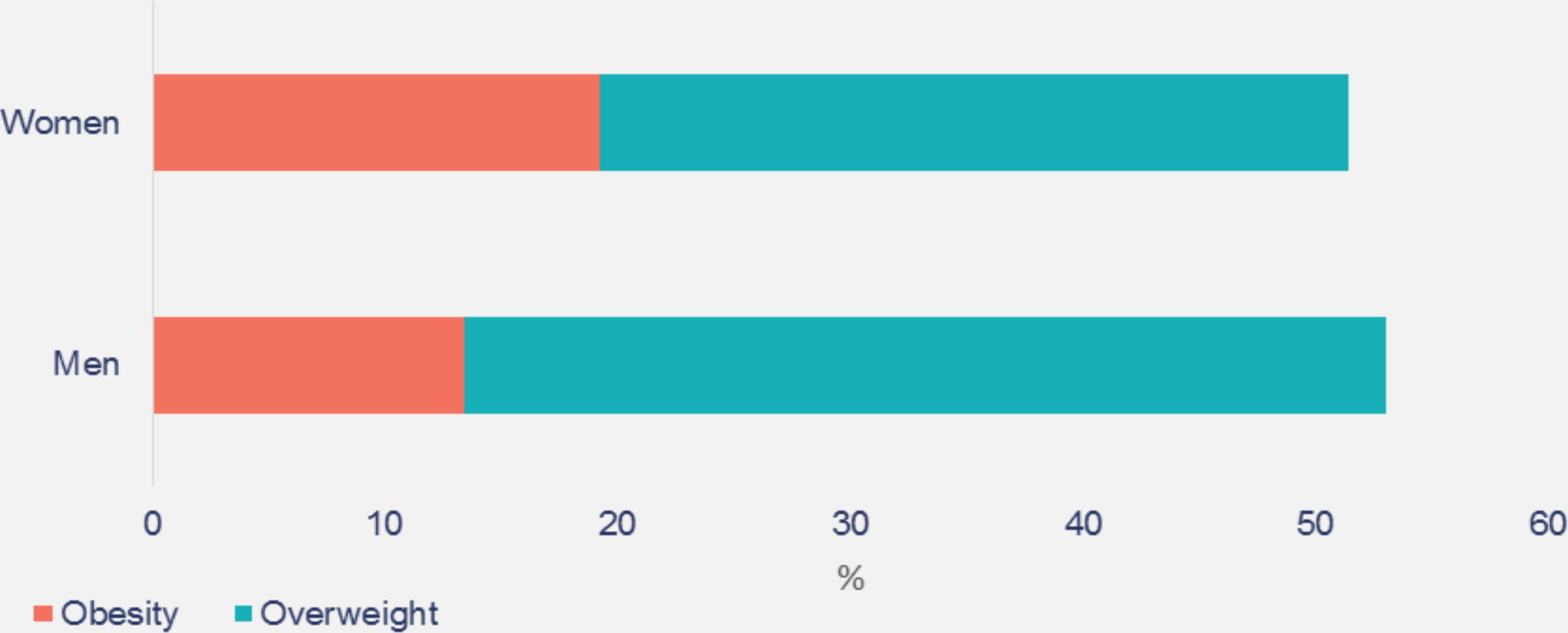


Bulgaria

POPULATION:
6,877,066 (2015)
GINI INDEX:
37.4 (2014)

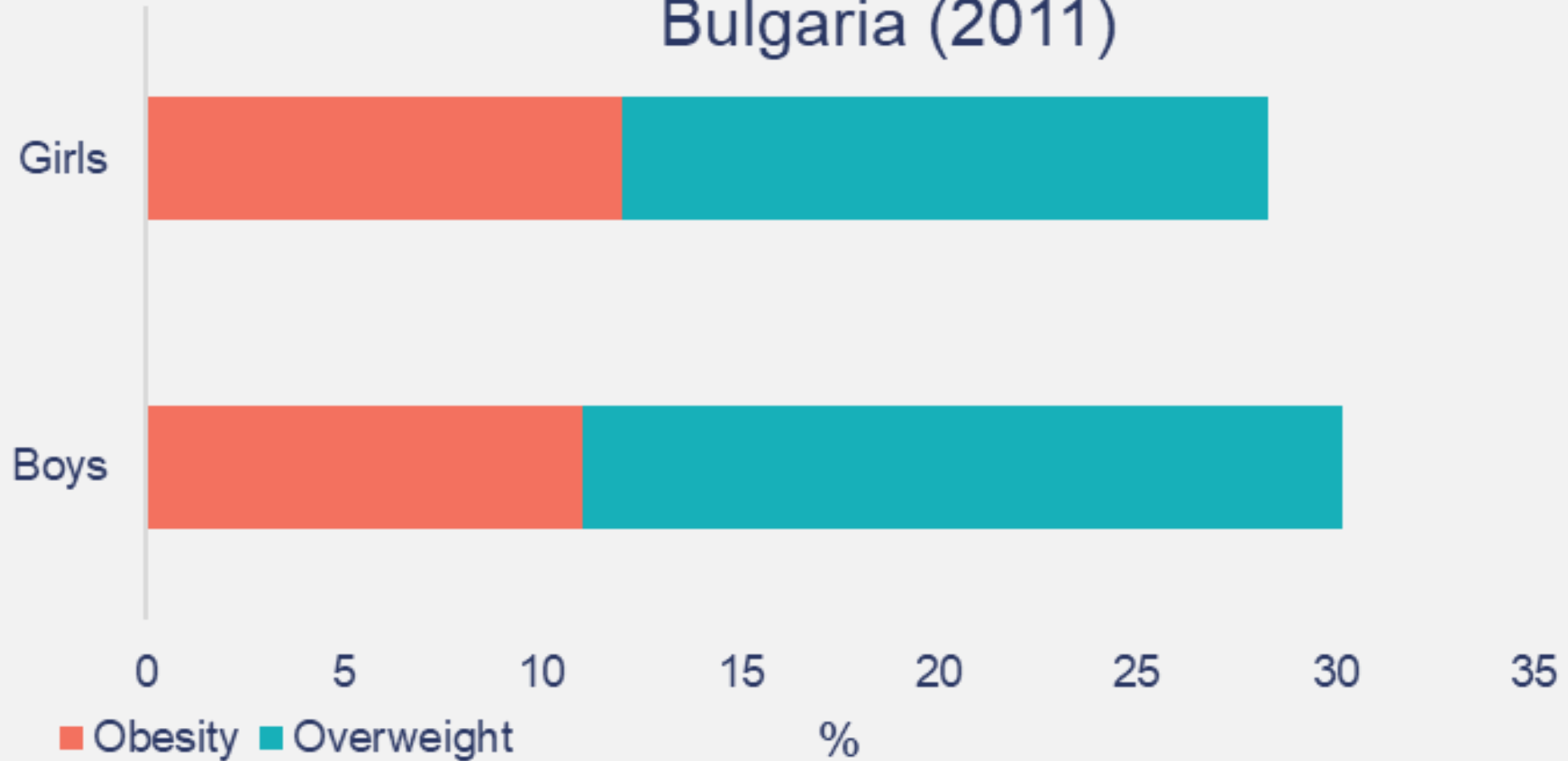


% Overweight & Obesity in Adults in Bulgaria (2004)





% Overweight & Obesity in children in Bulgaria (2011)



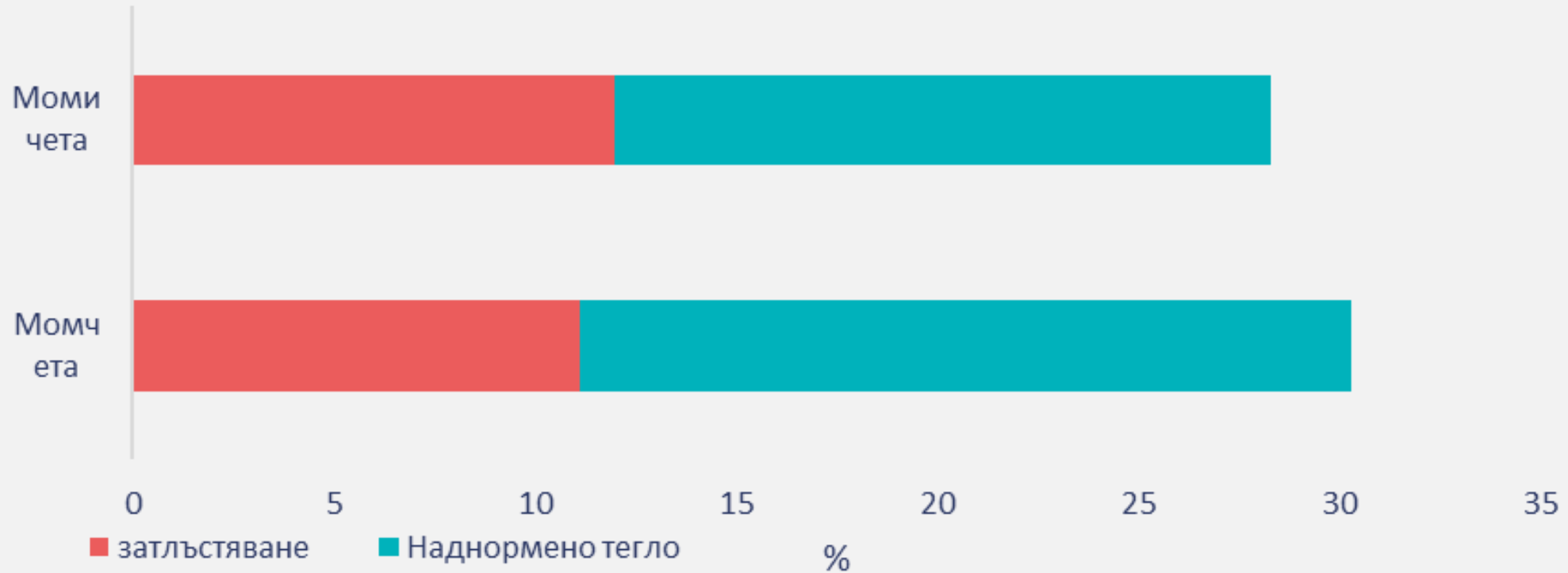


% Наднормено тегло/затлъстяване сред възрастните, които живеят в България (2004)



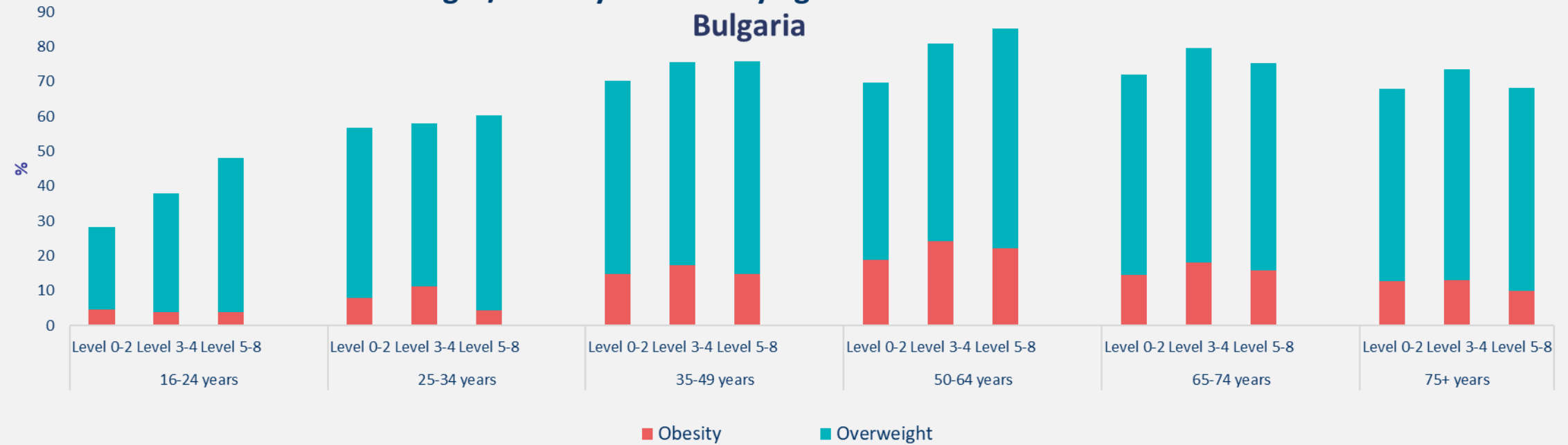


% Наднормено тегло/затлъстяване сред момчетата/момичетата,
които живеят в България (2011)





% Overweight/Obesity in males by age and education attainment 2017
Bulgaria

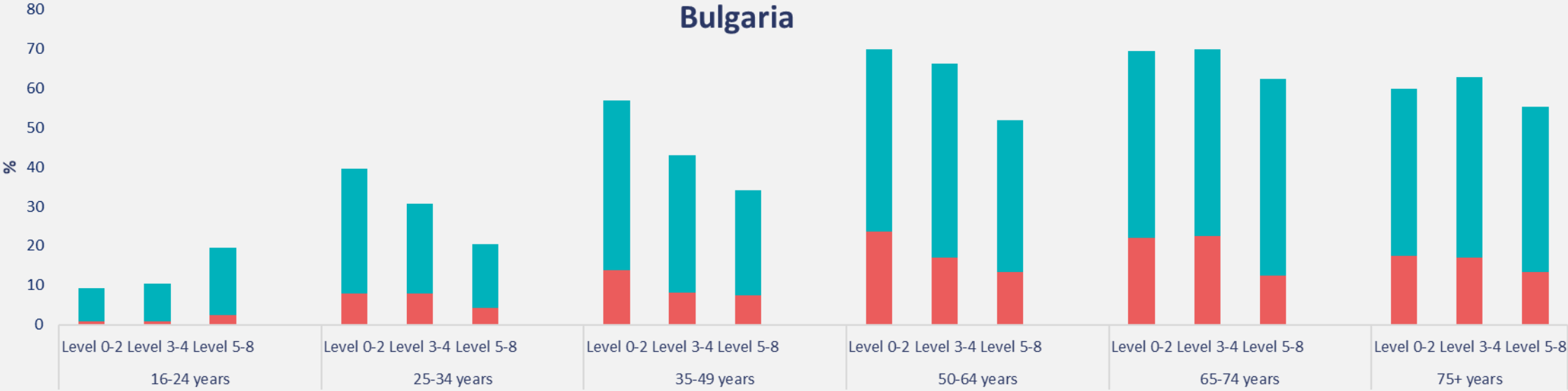


Less than primary, primary and lower secondary education (levels 0-2)
Upper secondary and post-secondary non-tertiary education (levels 3 and 4)
Tertiary education (levels 5-8)



% Overweight/Obesity in females by age and education attainment 2017

Bulgaria

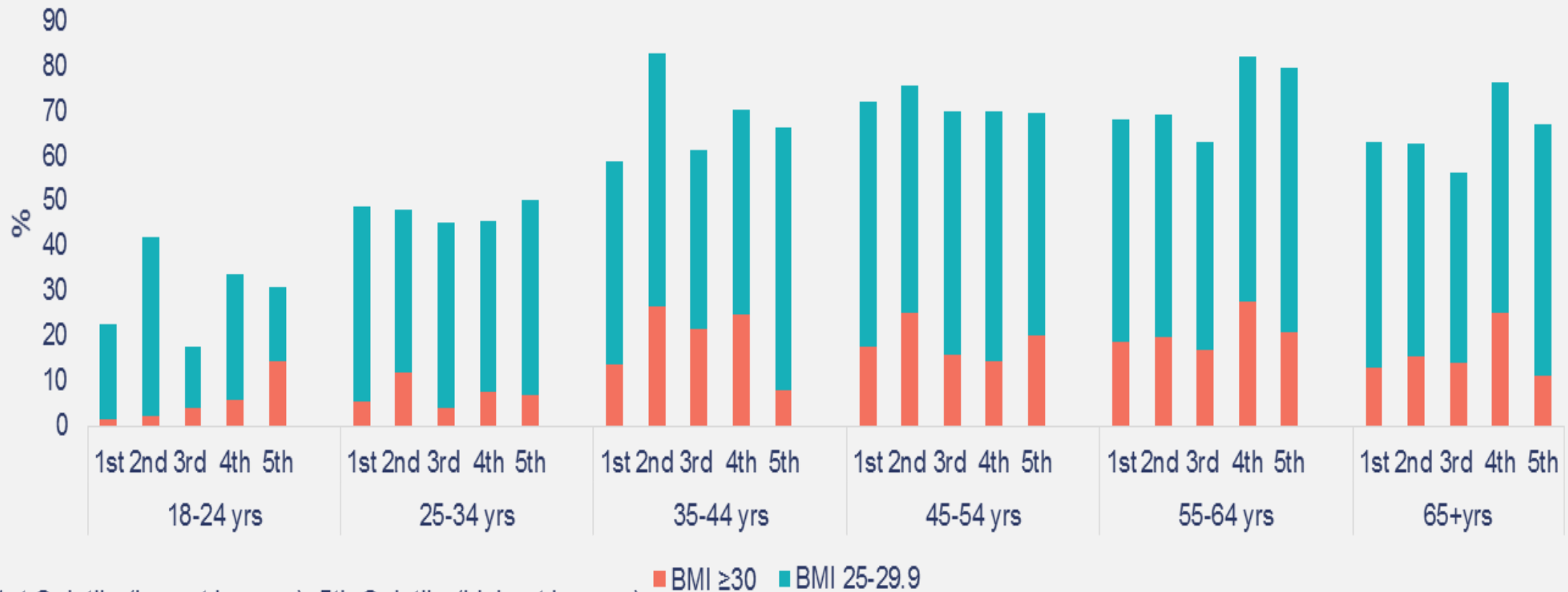


■ Obesity ■ Overweight

Less than primary, primary and lower secondary education (levels 0-2)
Upper secondary and post-secondary non-tertiary education (levels 3 and 4)
Tertiary education (levels 5-8)



% Overweight & Obesity by age & income quintile in males living in Bulgaria 2014

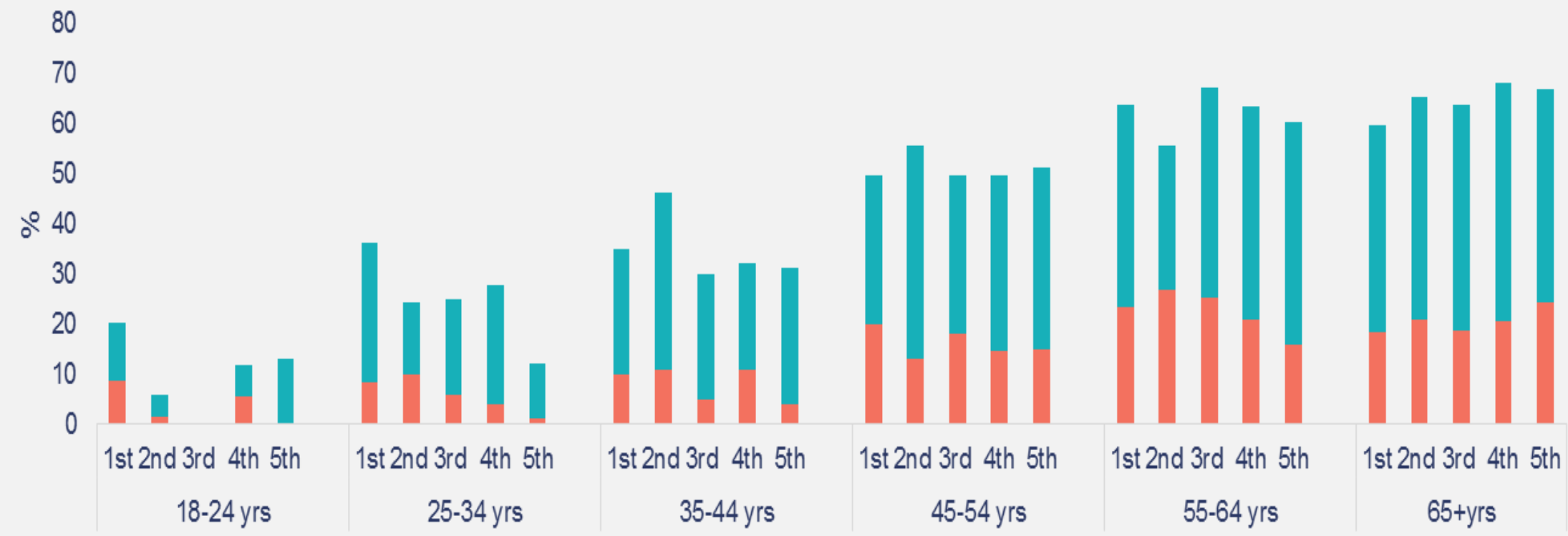


■ BMI ≥30 ■ BMI 25-29.9

1st Quintile (lowest income), 5th Quintile (highest income)



% Overweight & Obesity by age and income quintile in females living in Bulgaria 2014

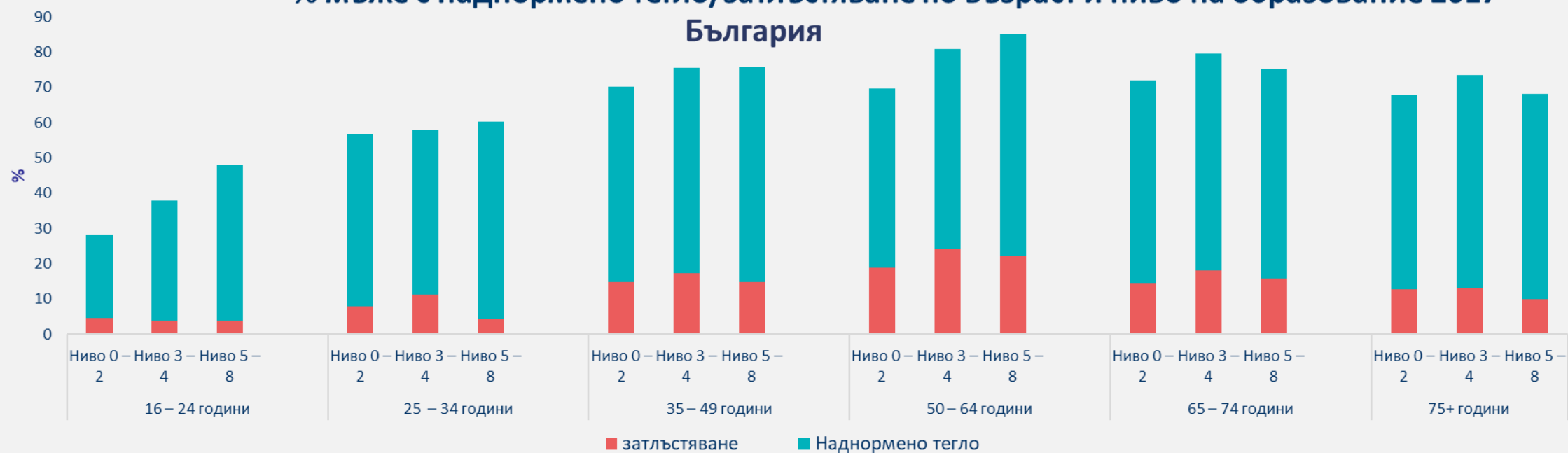


1st Quintile (lowest income), 5th Quintile (highest income) ■ BMI ≥30 ■ BMI 25-29.9



% мъже с наднормено тегло/затлъстяване по възраст и ниво на образование 2017

България



По-ниско от начално, начално и основно образование (нива 0 – 2)

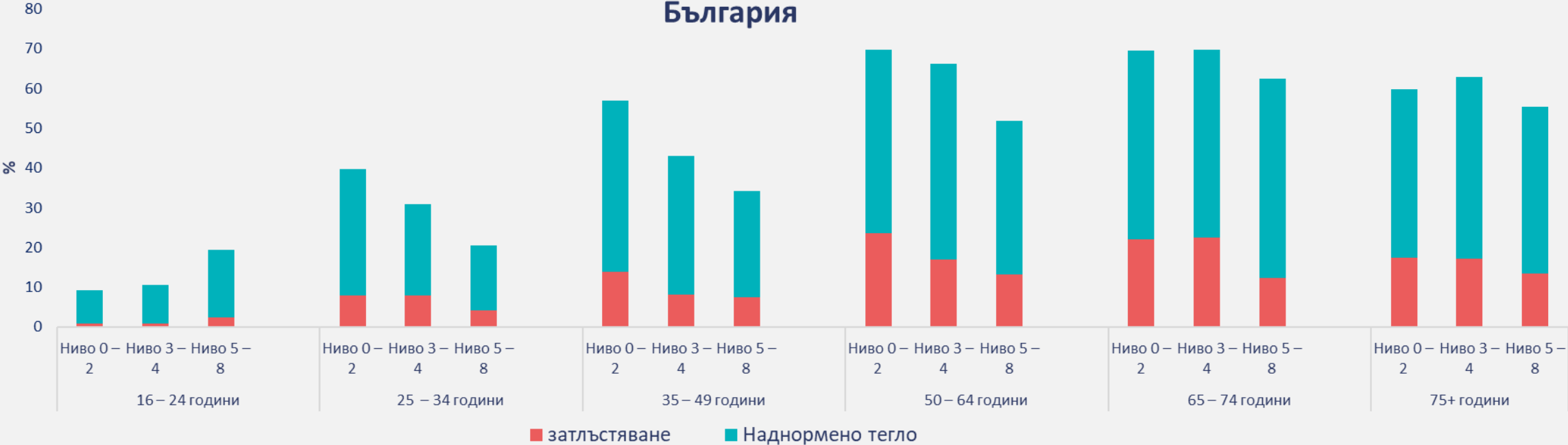
Гимназиален етап на средно образование и професионално обучение след завършено средно образование, но не висше (нива 3 и 4)

Висше образование (нива 5 – 8)



% жени с наднормено тегло/затлъстяване по възраст и ниво на образование 2017

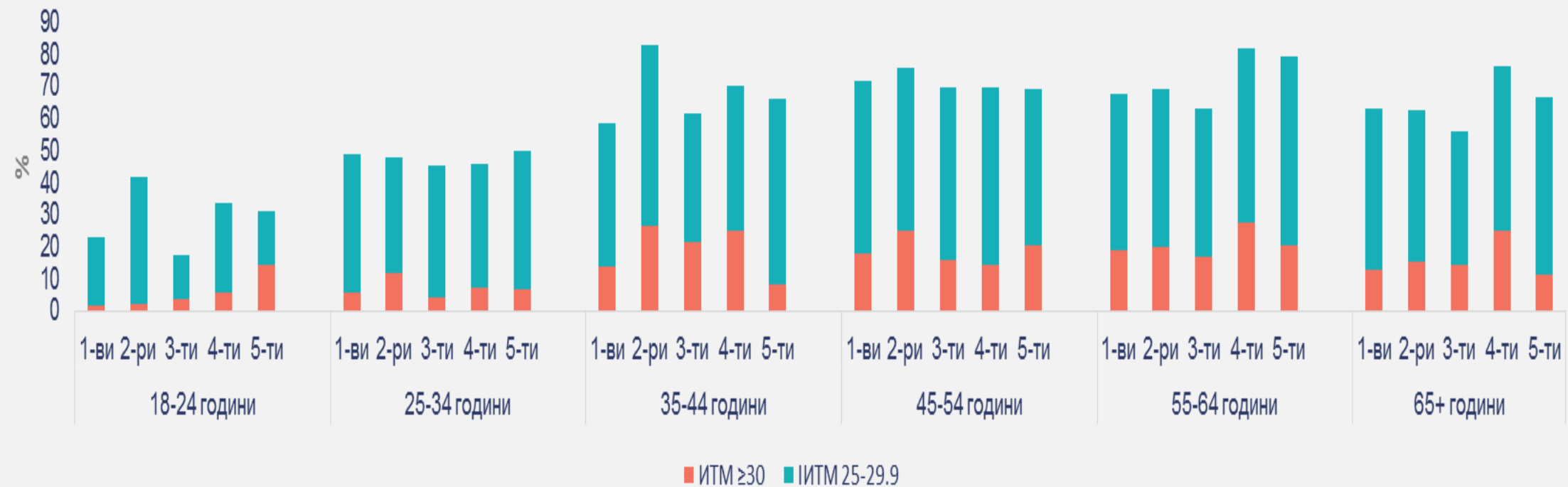
България



По-ниско от начално, начално и основно образование (нива 0 – 2)
Гимназиален етап на средно образование и професионално обучение след завършено средно образование, но не висше (нива 3 и 4)
Висше образование (нива 5 – 8)

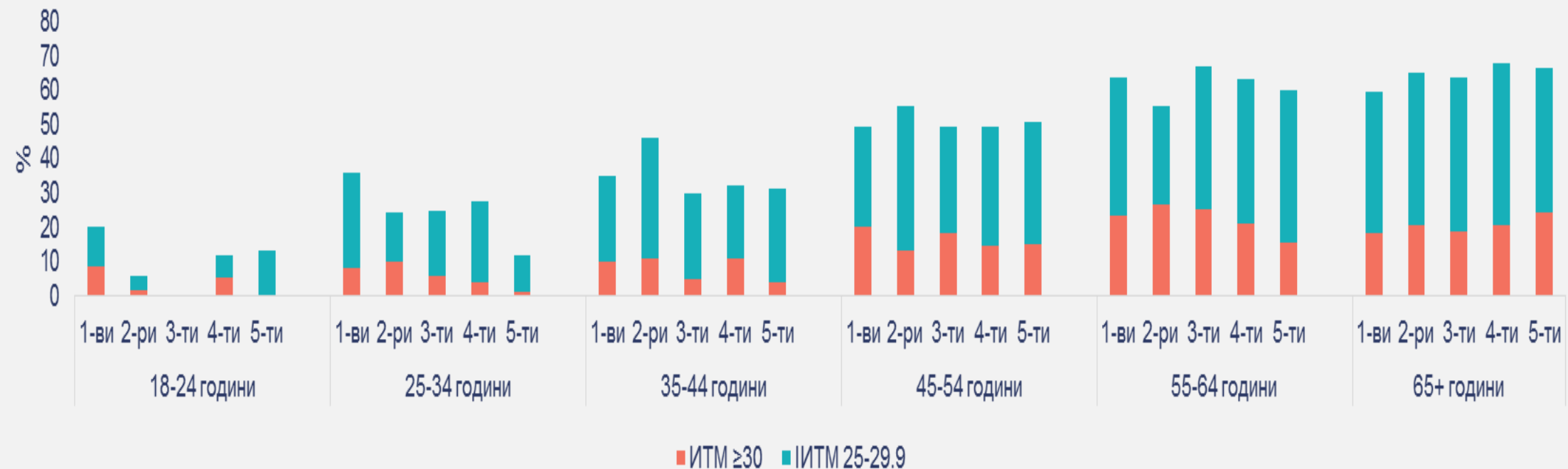


% Наднормено тегло и затлъстяване по възраст и квинтили на доходите при мъжете, живеещи в България, 2014 г.





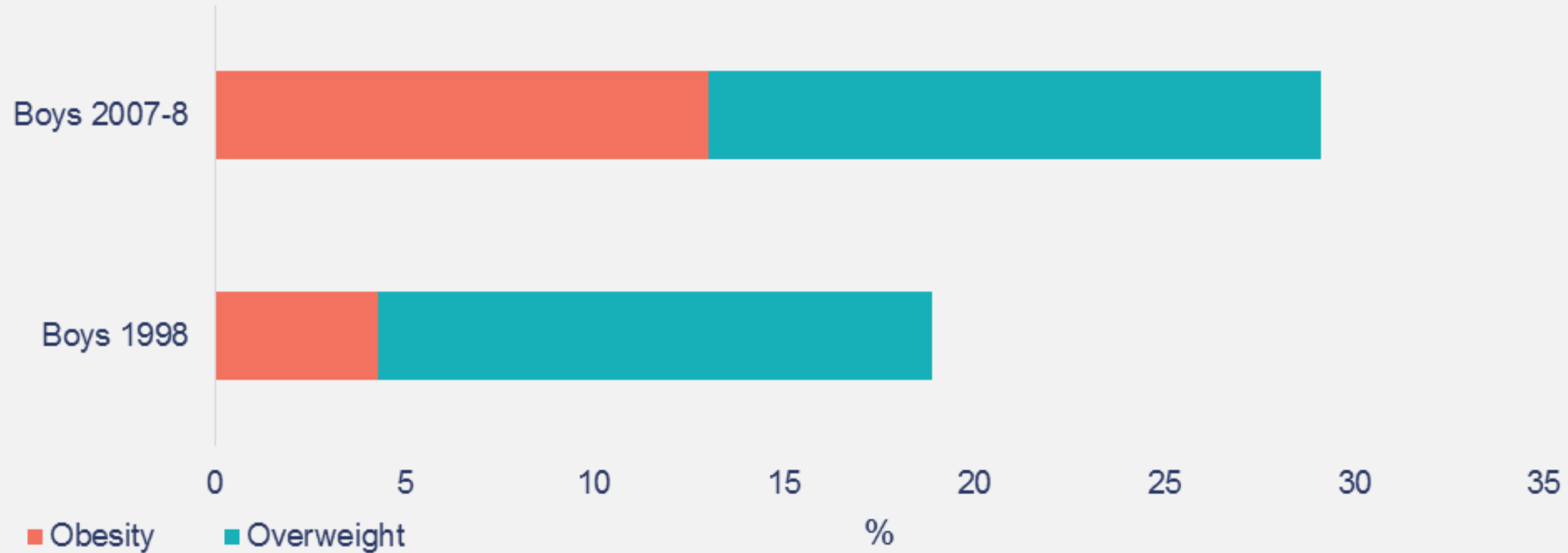
% Наднормено тегло и затлъстяване по възраст и квинтили на доходите при жените, живеещи в България, 2014 г.



1-ви квинтил (най-нисък доход), 5-ти квинтил (най-висок доход)

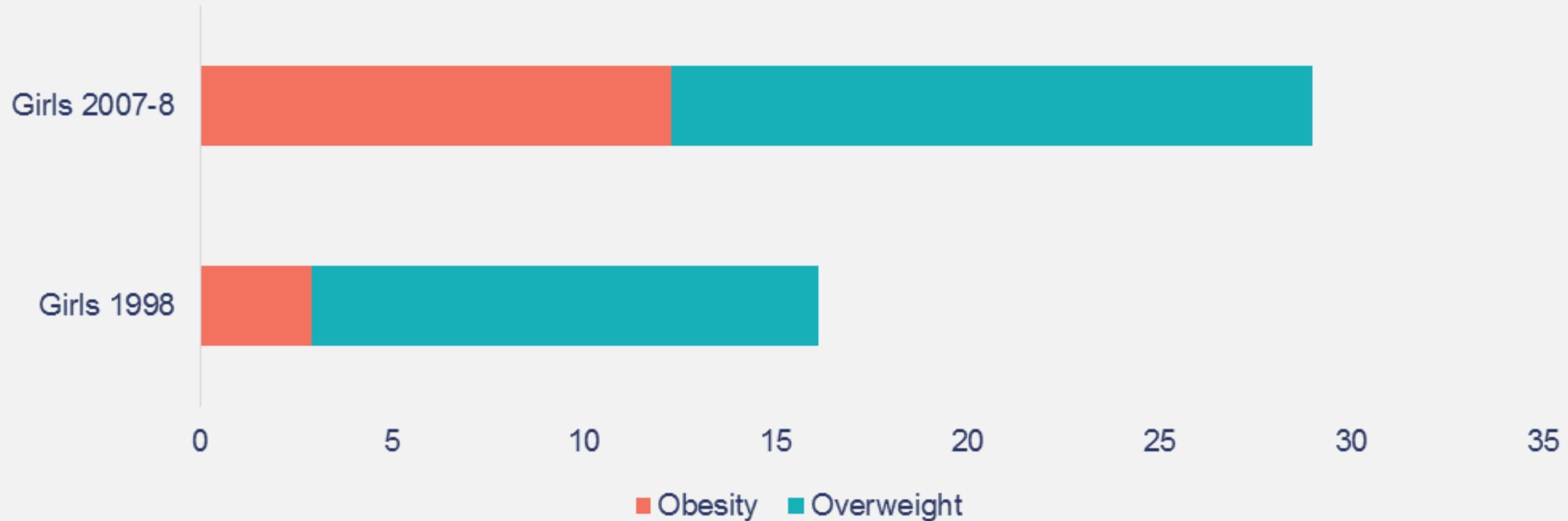


Change in % Overweight & Obesity in Boys living in Bulgaria (1998-2008)



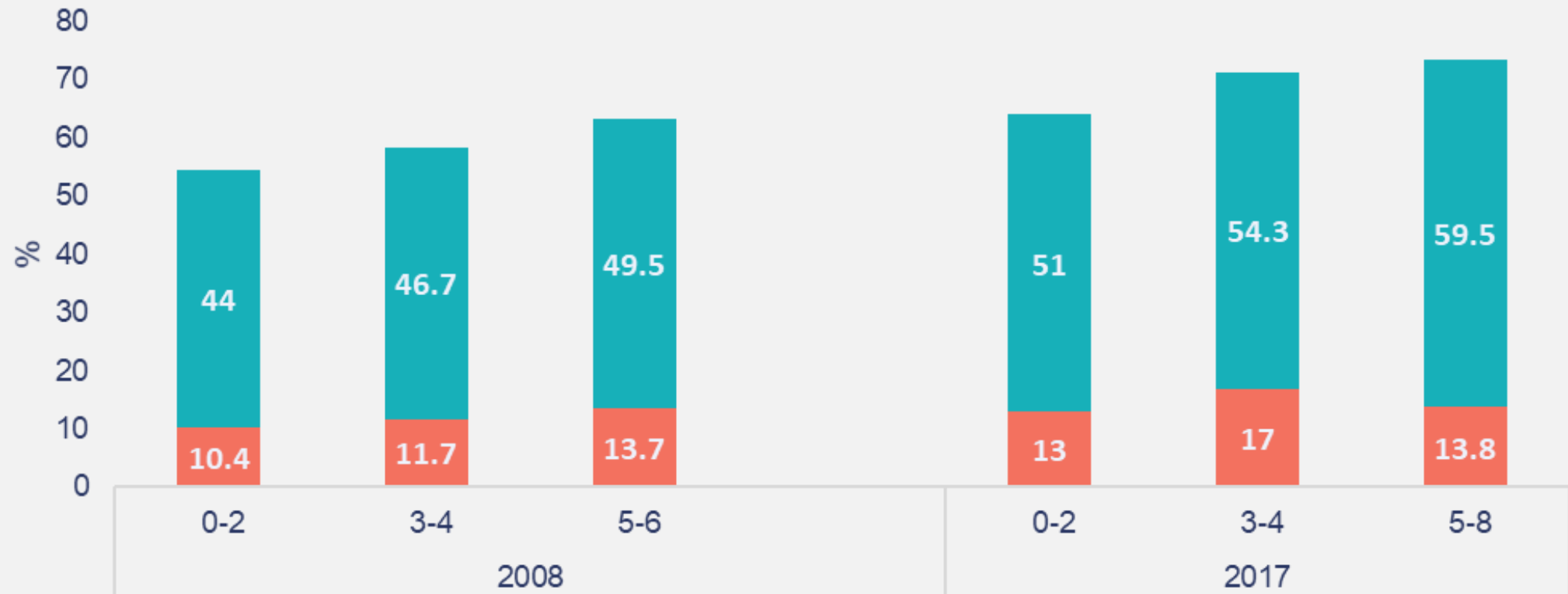


Change in % Overweight & Obesity in Girls living in Bulgaria (1998- 2008)





% Overweight & Obesity in Bulgarian Male adults by Educational attainment 2008 & 2017



Less than primary, primary and lower secondary education (levels 0-2)

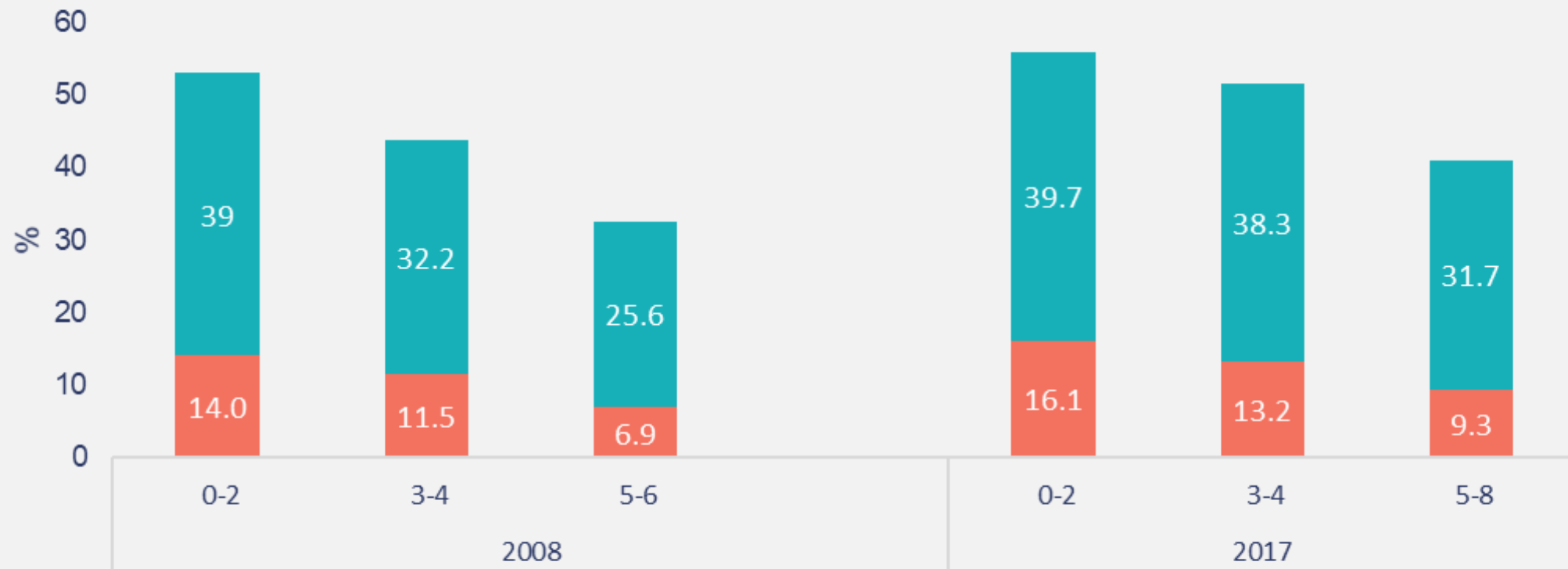
Upper secondary and post-secondary non-tertiary education (levels 3 and 4)

Tertiary education (levels 5-6/8)

Obesity Overweight



% Overweight & Obesity in Bulgarian Female adults by Educational attainment 2008 & 2017

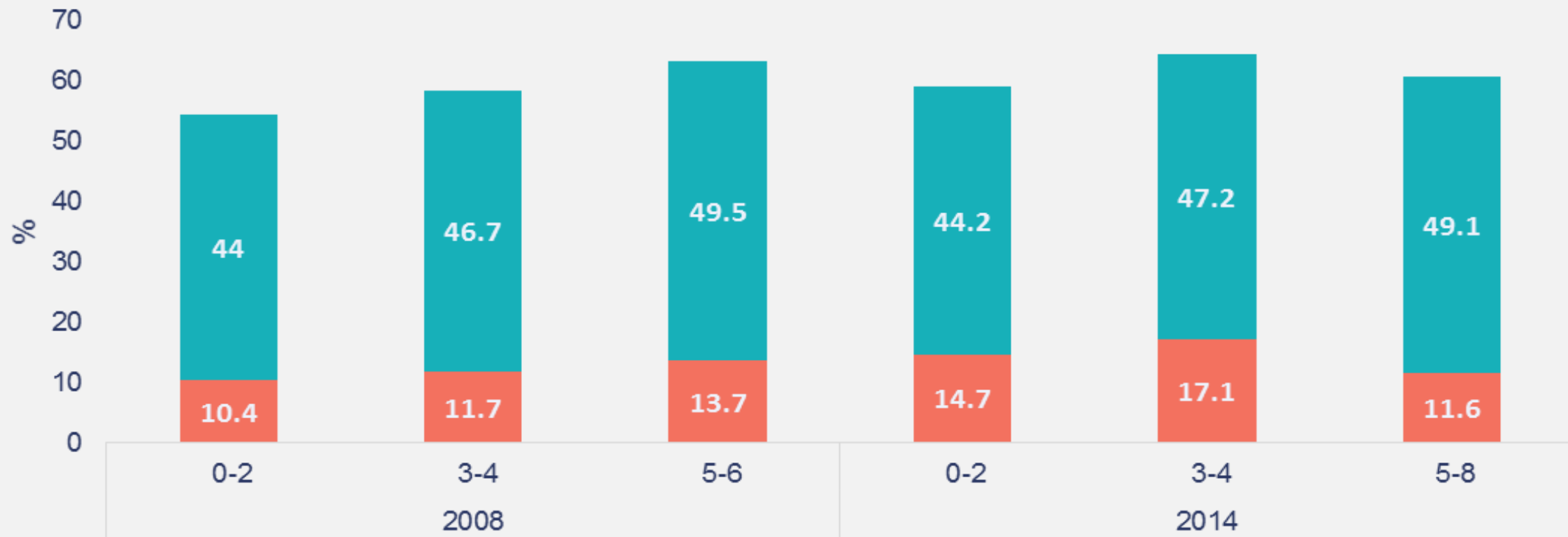


Less than primary, primary and lower secondary education (levels 0-2)
Upper secondary and post-secondary non-tertiary education (levels 3 and 4)
Tertiary education (levels 5-6/8)

■ Obesity ■ Overweight



% Overweight & Obesity in Bulgarian Male adults by Educational attainment 2008 & 2014

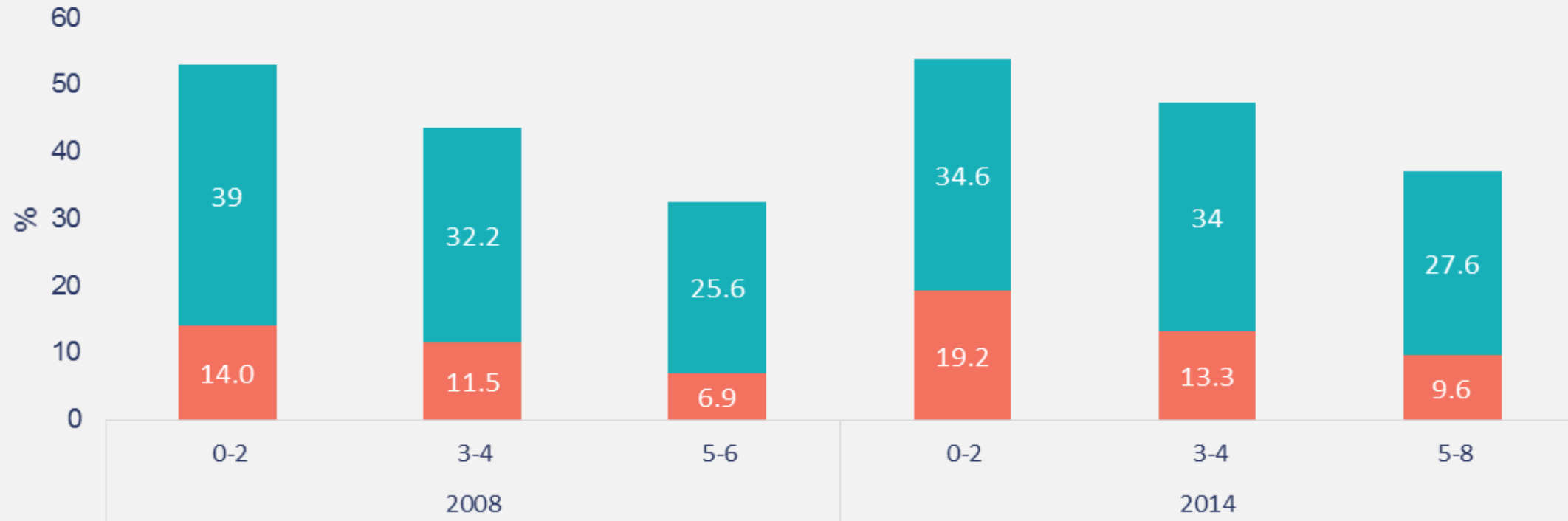


Less than primary, primary and lower secondary education (levels 0-2)
Upper secondary and post-secondary non-tertiary education (levels 3 and 4)
Tertiary education (levels 5-6/8)

Obesity Overweight



% Overweight & Obesity in Bulgarian Female adults by Educational attainment 2008 & 2014

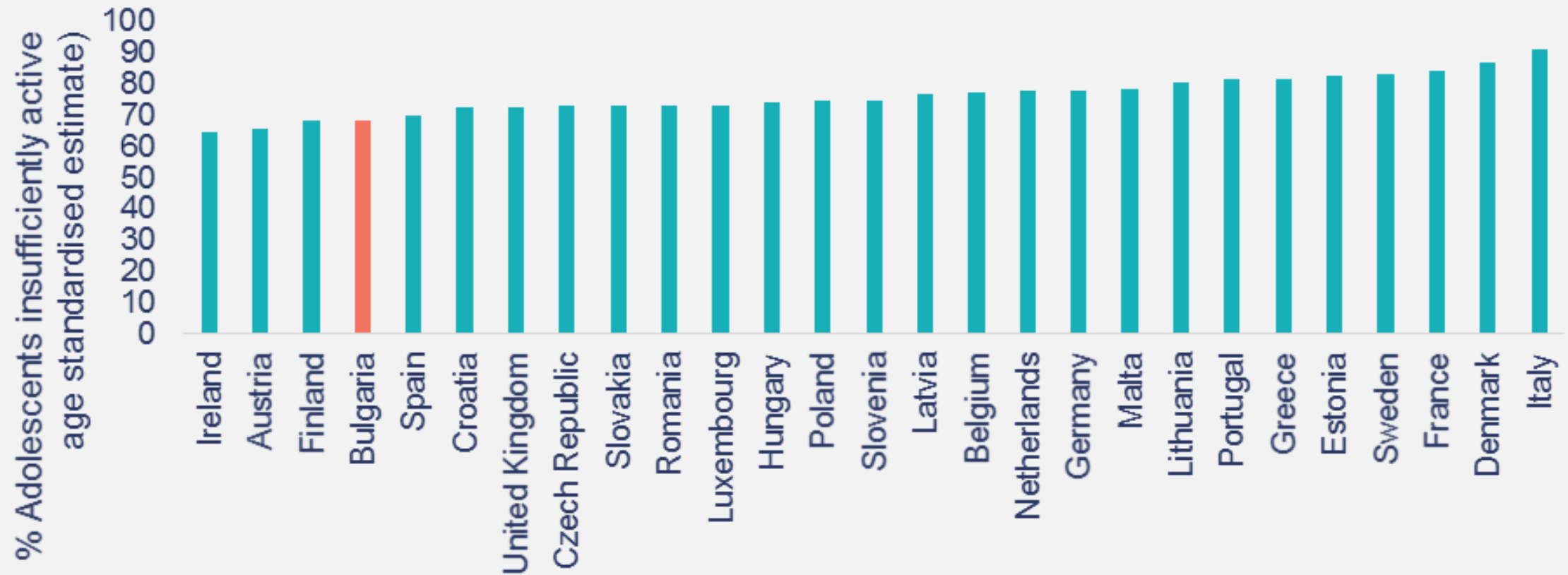


Less than primary, primary and lower secondary education (levels 0-2)
Upper secondary and post-secondary non-tertiary education (levels 3 and 4)
Tertiary education (levels 5-6/8)

■ Obesity ■ Overweight



% Insufficiently active male adolescents living in EU Member Countries (2010)



No data available in Cyprus



% Insufficiently active female adolescents living in EU Member Countries (2010)



No data available in Cyprus

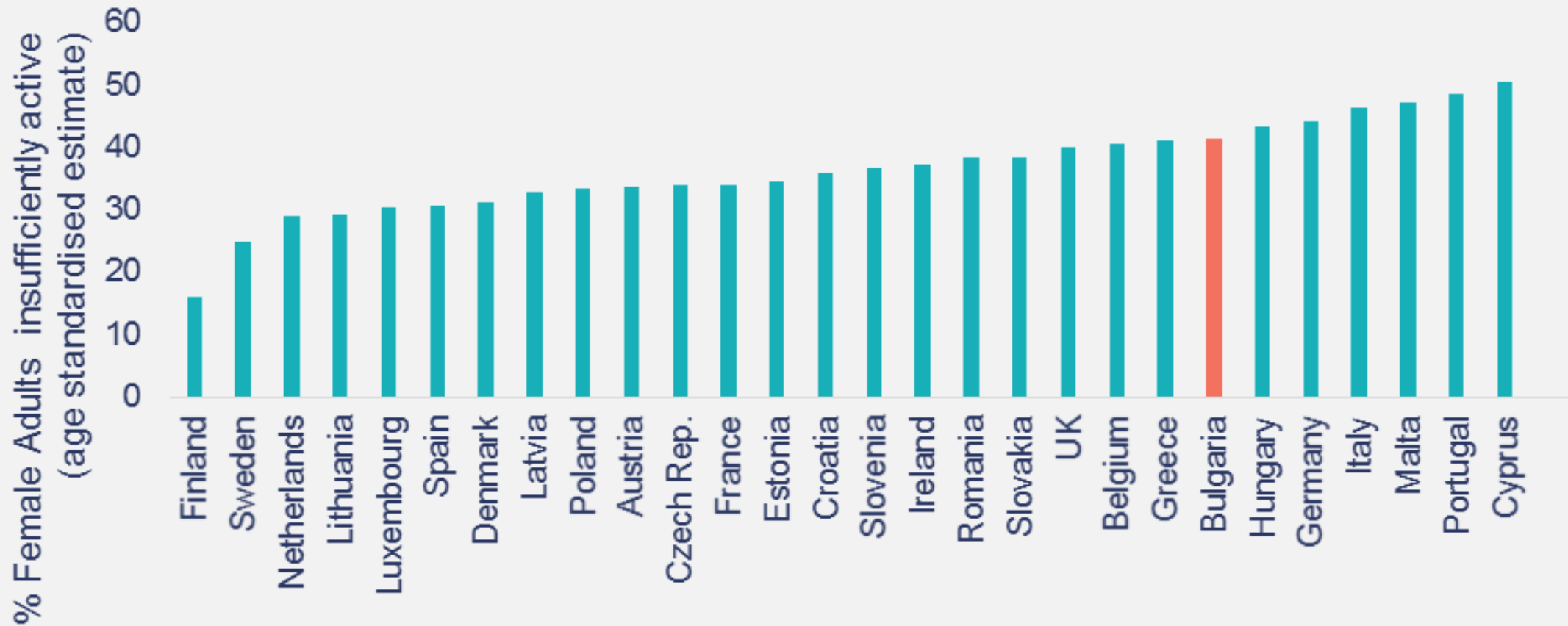


% Insufficiently active male adults living in EU Member Countries (2016)



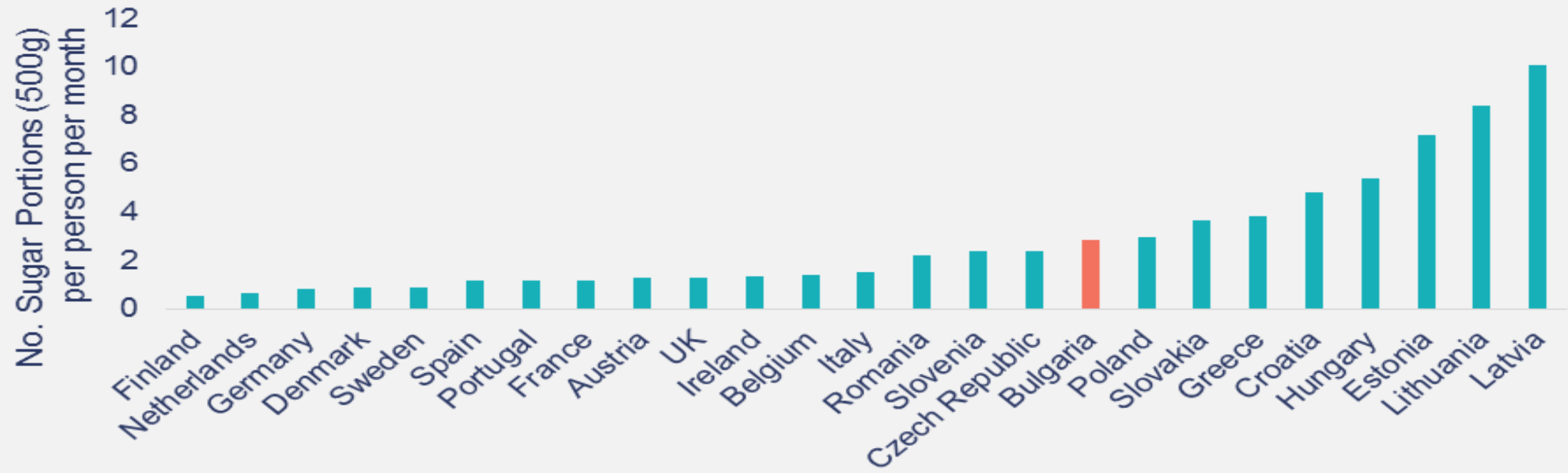


% Insufficiently active female adults living in EU Member Countries (2016)





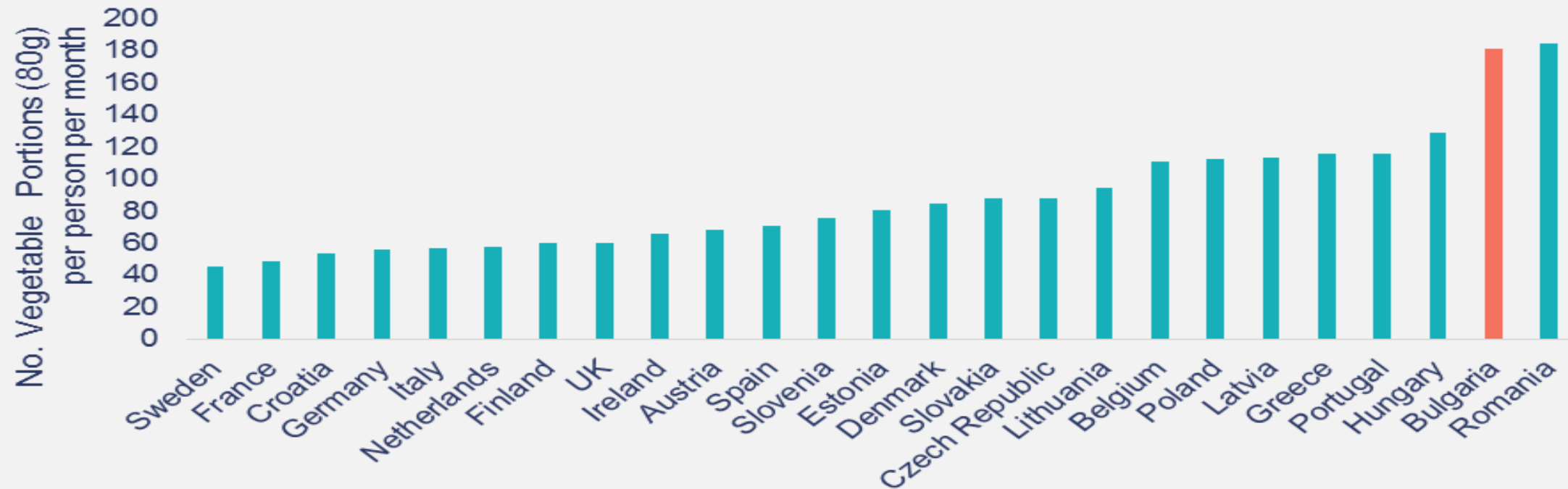
Sugar Consumption/Sales for individuals living in EU Member Countries



No data available in Cyprus, Luxembourg & Malta
Sugar Consumption/Sales for individuals living in EU Member Countries.
Derived from: Euromonitor International, Nutrition 2016 edition



Vegetable Consumption/Sales for individuals living in EU Member Countries



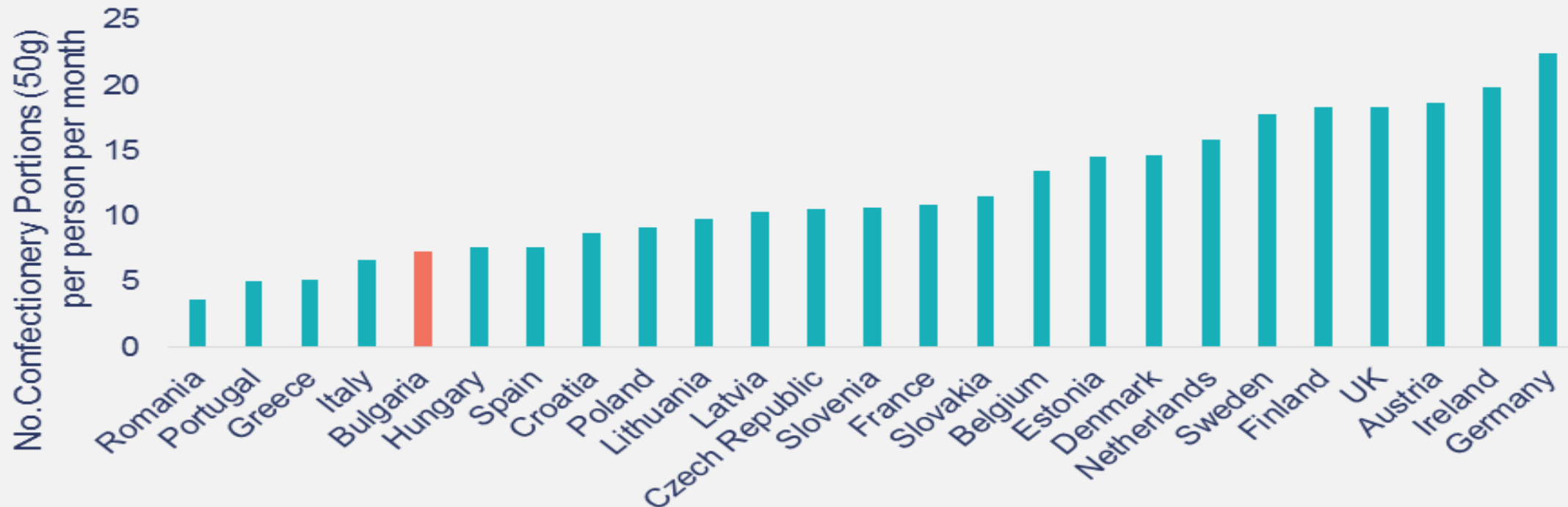
No data available in Cyprus, Luxembourg & Malta

Vegetable Consumption/Sales for individuals living in EU Member Countries

Derived from: Euromonitor International, Fresh Food, 2016 edition



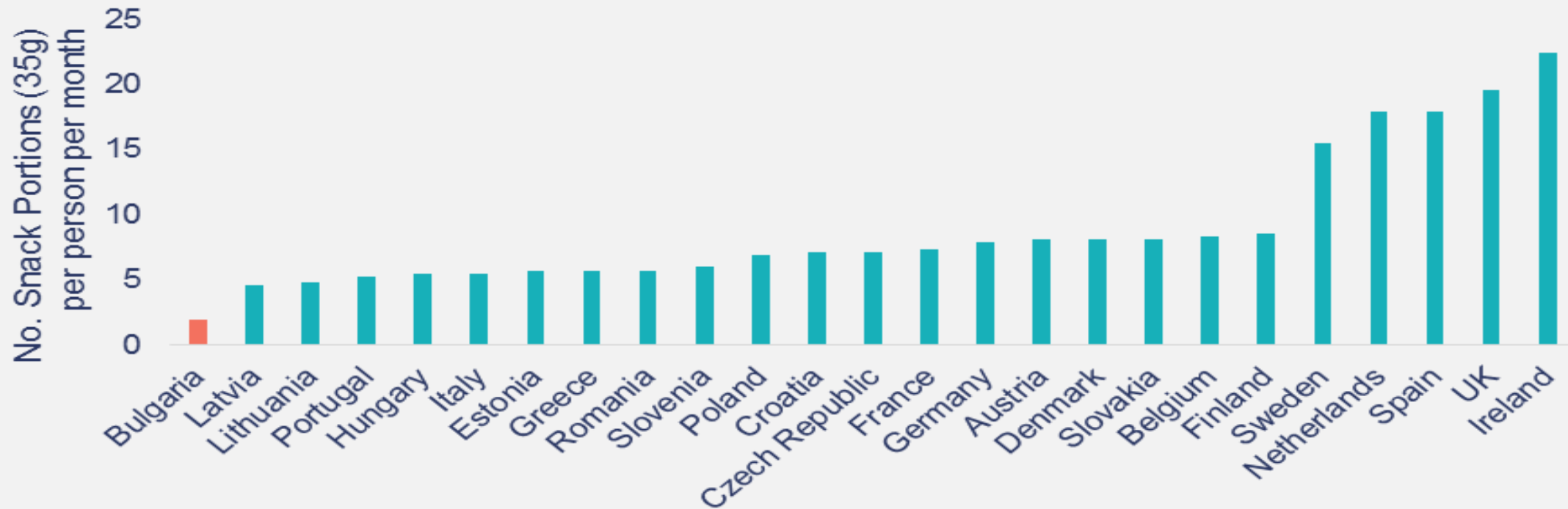
Confectionery Consumption/Sales for individuals living in EU Member Countries



No data available in Cyprus, Luxembourg & Malta
Confectionery Consumption/Sales for individuals living in EU Member Countries



Sweet & Savoury Snack Consumption/Sales for individuals living in EU Member Countries

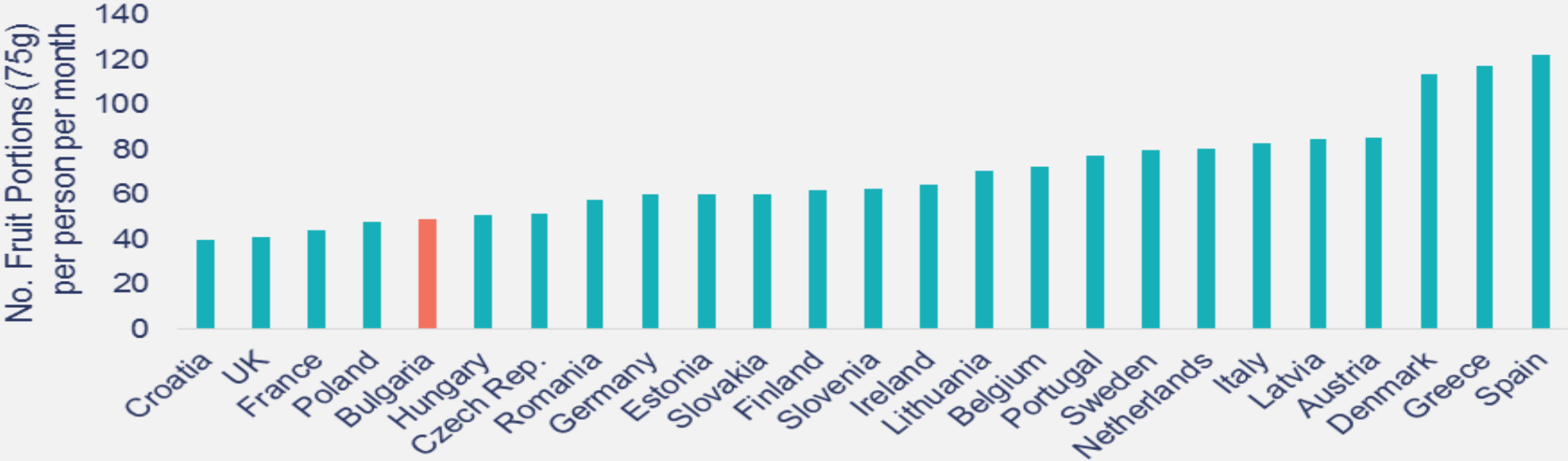


No data available in Cyprus, Luxembourg & Malta

Sweet and Savoury Snacks Consumption/Sales for individuals living in EU Member Countries



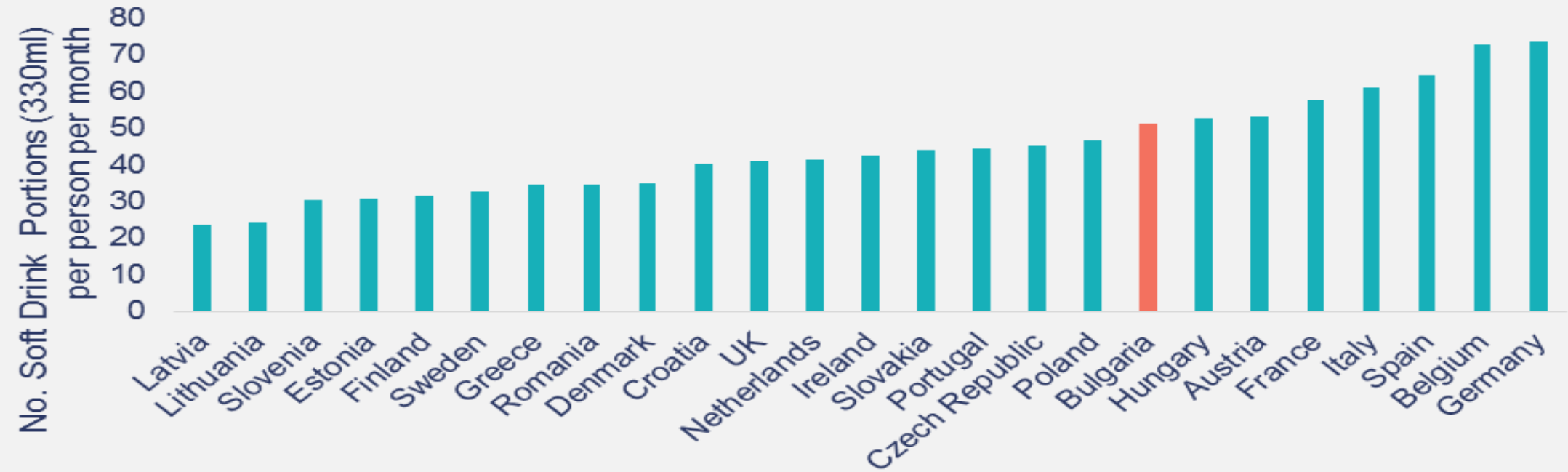
Fruit Consumption/Sales for individuals living in EU Member Countries



No data available in Cyprus, Luxembourg & Malta
Fruit Consumption/Sales for individuals living in EU Member Countries
Derived from: Euromonitor International, Fresh Food, 2016 edition



Soft Drink Consumption/Sales for individuals living in EU Member Countries



No data available in Cyprus, Luxembourg & Malta
Soft Drink Consumption/Sales for individuals living in EU Member Countries
Derived from: Euromonitor International, Soft Drinks, 2016 edition



Diabetes age-adjusted comparative prevalence [%] in adults living in EU Member Countries (2017)



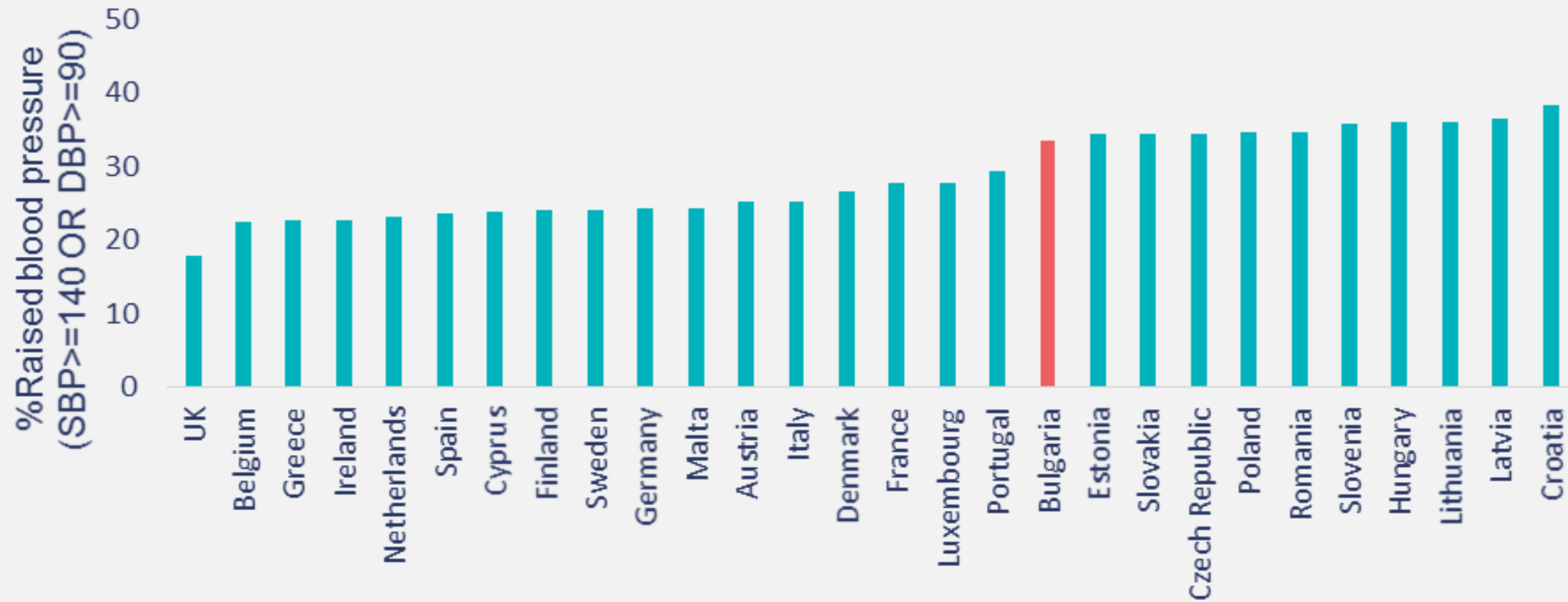


% Raised total cholesterol in adults living in EU Member Countries





% Raised blood pressure in males living in EU Member Countries (2015)





% Raised blood pressure in females living in EU Member Countries (2015)





Colorectal Cancer incidence in males living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Colorectal Cancer incidence in females living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



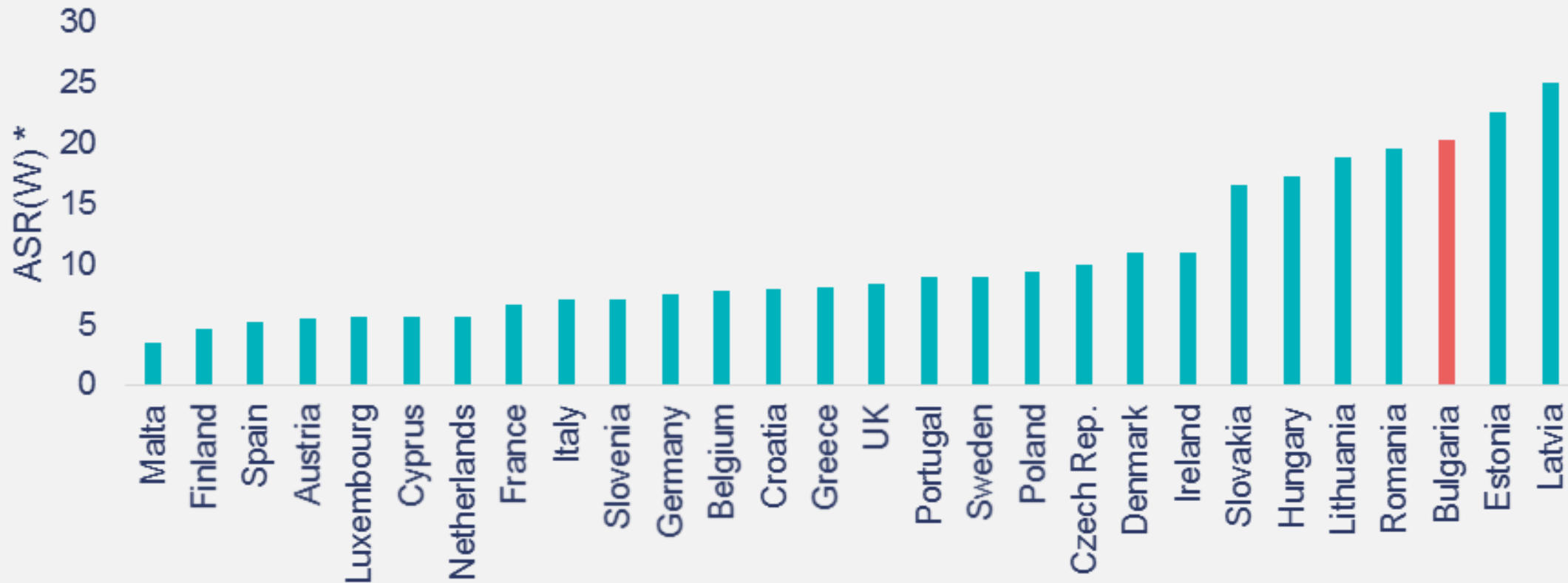
Breast Cancer incidence in females living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Cancer of the Cervix Uteri incidence in females living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Pancreatic Cancer incidence in males living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Pancreatic Cancer incidence in females living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Cancer of the Kidney incidence in males living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Cancer of the Kidney incidence in females living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000

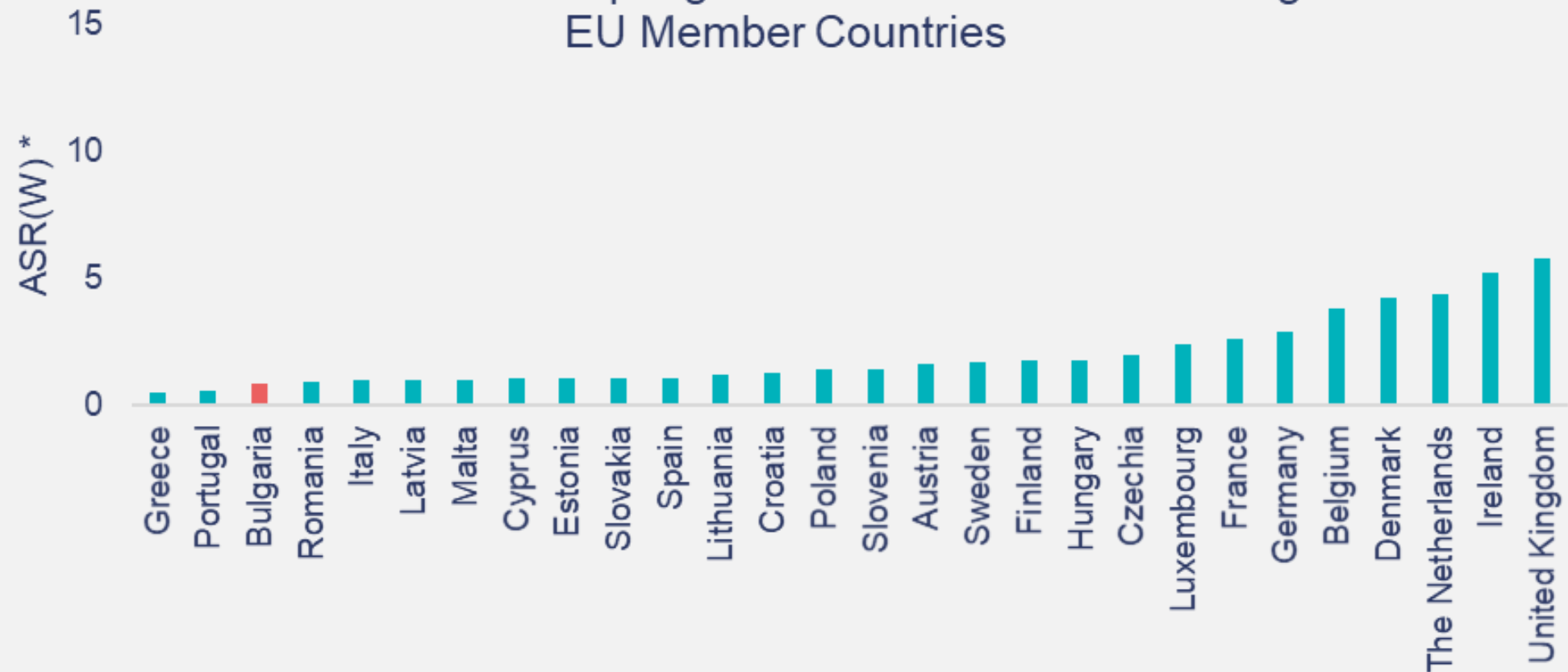


Cancer of the Oesophagus incidence in males living in EU Member Countries





Cancer of the Oesophagus incidence in Females living in EU Member Countries



*ASR(W) Age Standardised Rate (to World Standard Population) expressed per 100,000



Actions Map	Select link below to view (right click to open hyperlink)
Obesity Related Policies or Interventions	Adults
	Child
	Adult & Child



% Overweight & Obesity Maps	(select link below to view)	
Current Prevalence	Men	Women
	Boys	Girls
By Age	Adult	Child
By Region	Adult n/a	Child
By Educational Status	Adult	Child
By Socio-economic group	Adult	Child n/a
Trend NB. To view the time period you are interested in you must choose a time period and click 'Change year' to update the map)	Men Boys	Women Girls

Sources		
Overweight & Obesity %	Data sources available at www.worldobesitydata.org	
EUROSTAT data	Eurostat Database: http://ec.europa.eu/eurostat	
HBSC data	Health Behaviour in School Aged Children (HBSC) http://www.hbsc.org/	
Population Estimates	UN Population Estimates, United Nations, http://esa.un.org/unpd/wpp/	
Diabetes estimates 2017	Reproduced with kind permission of IDF, International Diabetes Federation. IDF Diabetes Atlas, 8th edition. Brussels, Belgium: International Diabetes Federation, 2017. http://www.diabetesatlas.org	
Worldwide GINI Index	Worldwide GINI Index, https://data.worldbank.org/indicator/SI.POV.GINI?locations=AT (last accessed 11th November 2018)	
Physical Inactivity estimates in adults	Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1·9 million participants. Lancet Global Health. Vol 6 (10) PE1077-E1086, OCTOBER 01, 2018. https://www.thelancet.com/journals/langlo/article/PIIS2214-109X(18)30357-7/fulltext . (This is an Open Access article published under the CC BY 3.0 IGO license which permits unrestricted use, distribution, and reproduction in any medium, WHO does not endorse any specific organisation, products or services.)	
Physical Inactivity estimates in children	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A893?lang=en	
Raised Fasting Glucose	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en	
Raised BP	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en	
Raised cholesterol	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A884?lang=en	
Cancer incidence rates	Global Cancer Observatory, Cancer incidence rates http://gco.iarc.fr/ (last accessed 28 th October 2018)	
Euromonitor	All consumption/sales information are derived from Euromonitor International, Fresh Food, 2016 Edition.	



This report was produced with the support of an operational grant under the European Commission's Third Health Programme (2014-2020). The European Commission is not responsible for any use that may be made of them.

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